# Physical Digital Humans in the Era of GenAl

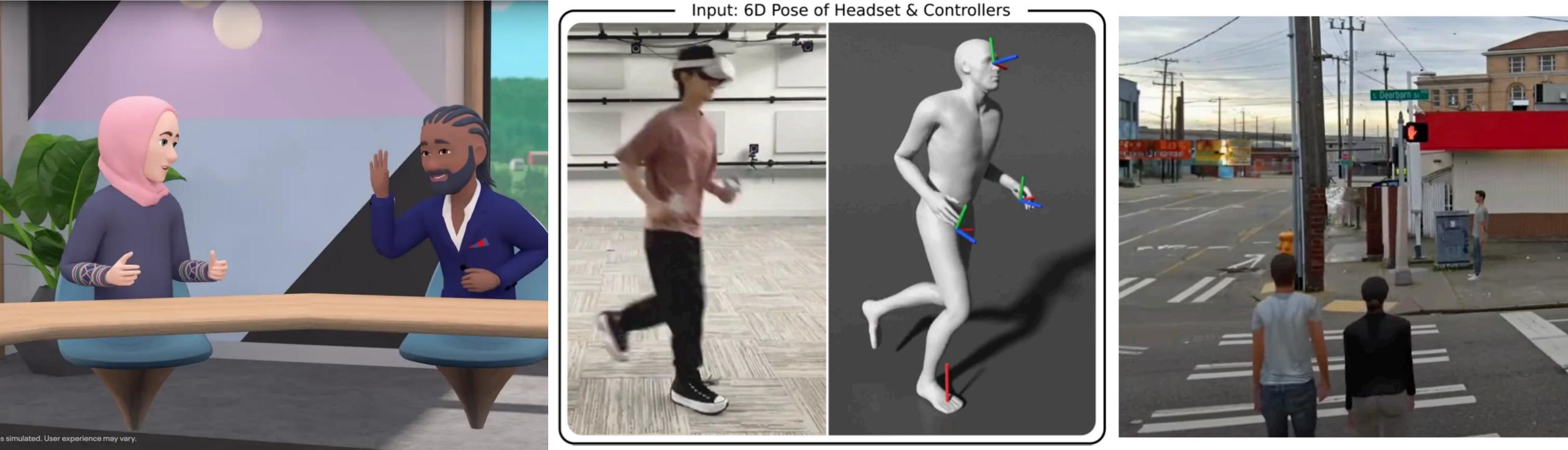
May 2 @ GAMES Seminar

Yifeng Jiang Ph.D. Candidate Stanford University

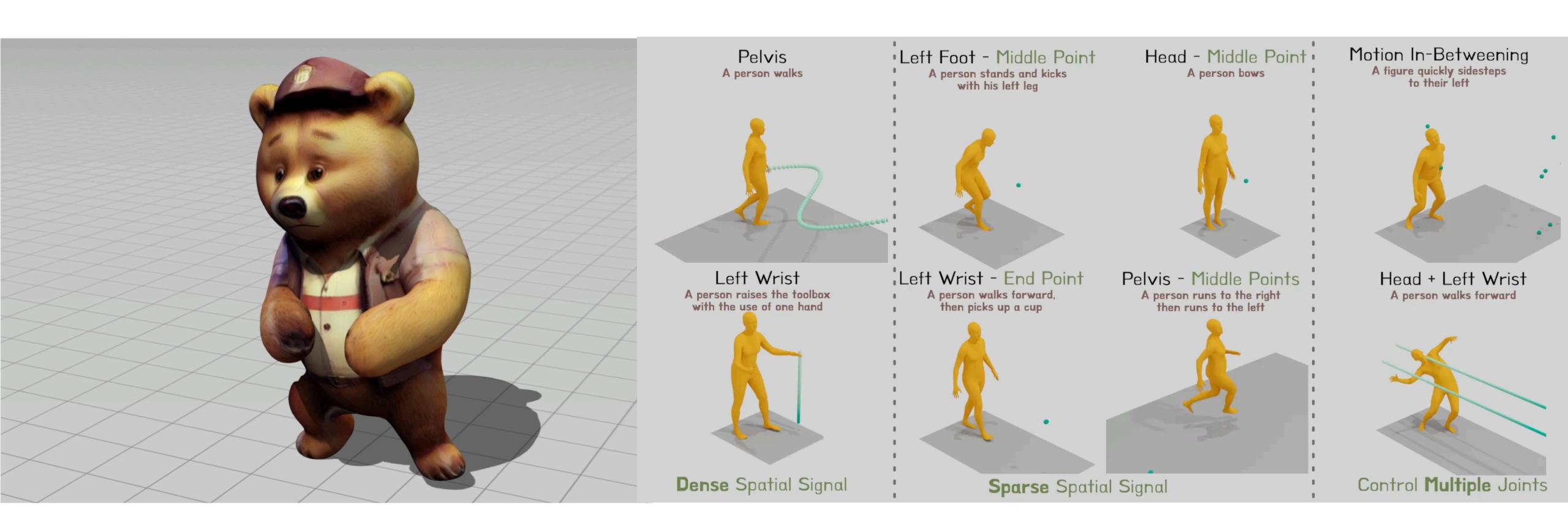
# 2D Generative AI (of humans)



# **3D GenAl for XR/Spatial Computing/Simulation**

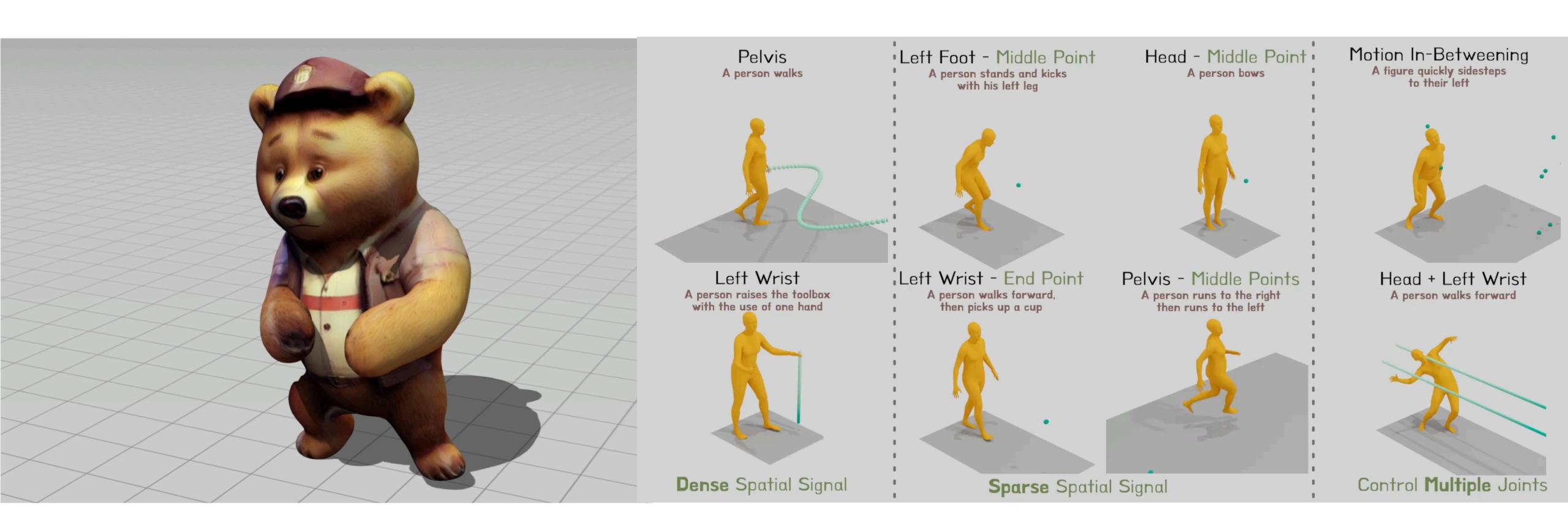


# **3D GenAl Digital Humans**



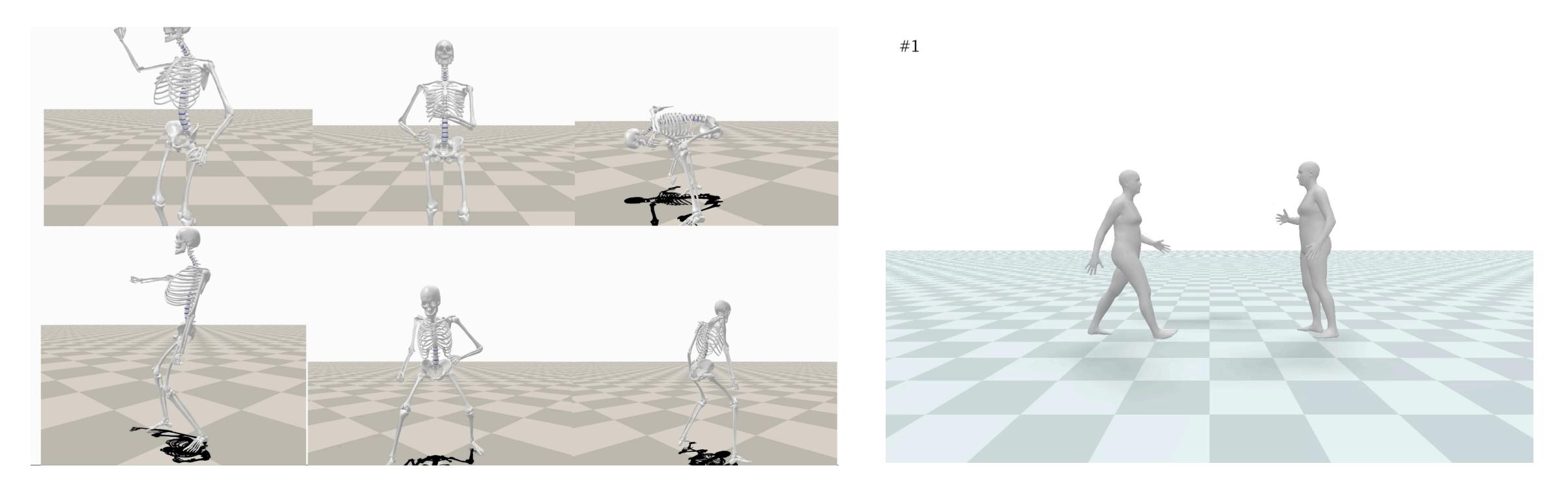
### Full controllability of appearance and motions

# **3D GenAl Digital Humans**



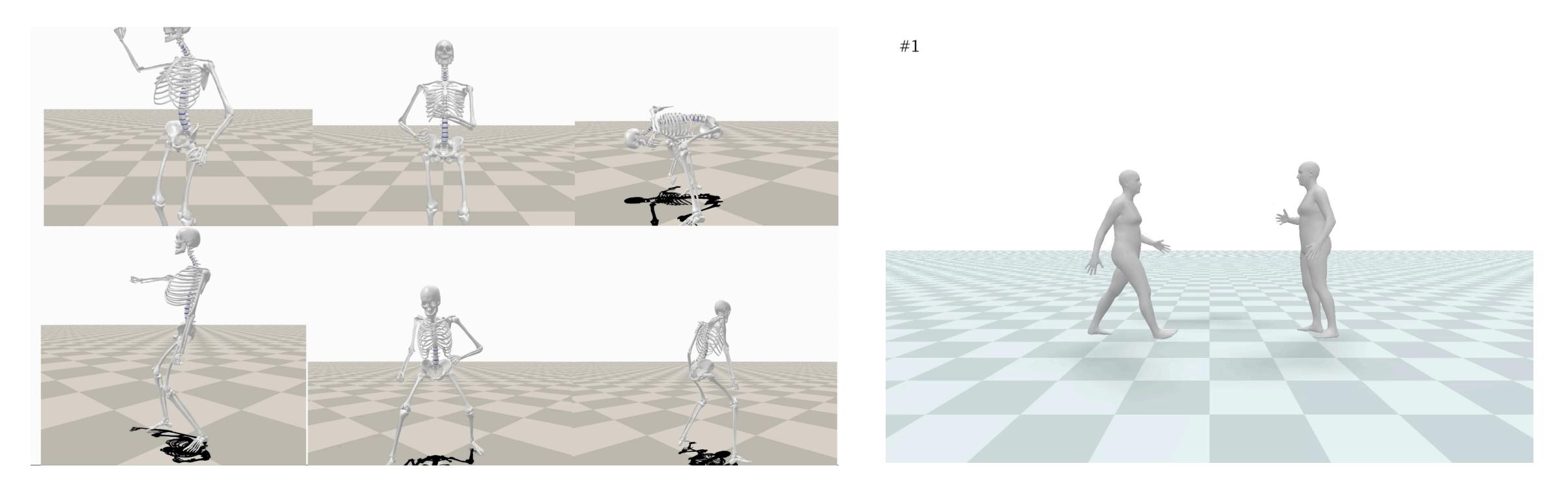
### Full controllability of appearance and motions

# Next frontier: GenAl for 3D Physical Humans



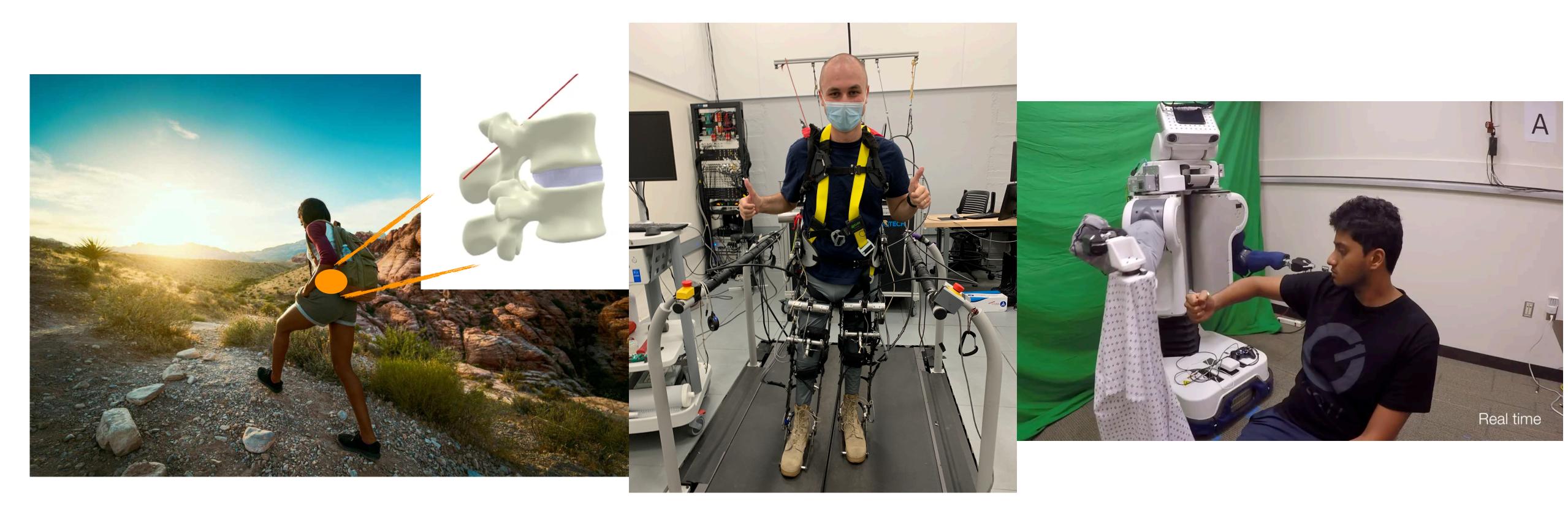
### **Bio & Physics modeling can augment detailed realism of generation**

# Next frontier: GenAl for 3D Physical Humans



### **Bio & Physics modeling can augment detailed realism of generation**

# **GenAl for Physical Humans: Also Many Real-world Applications**

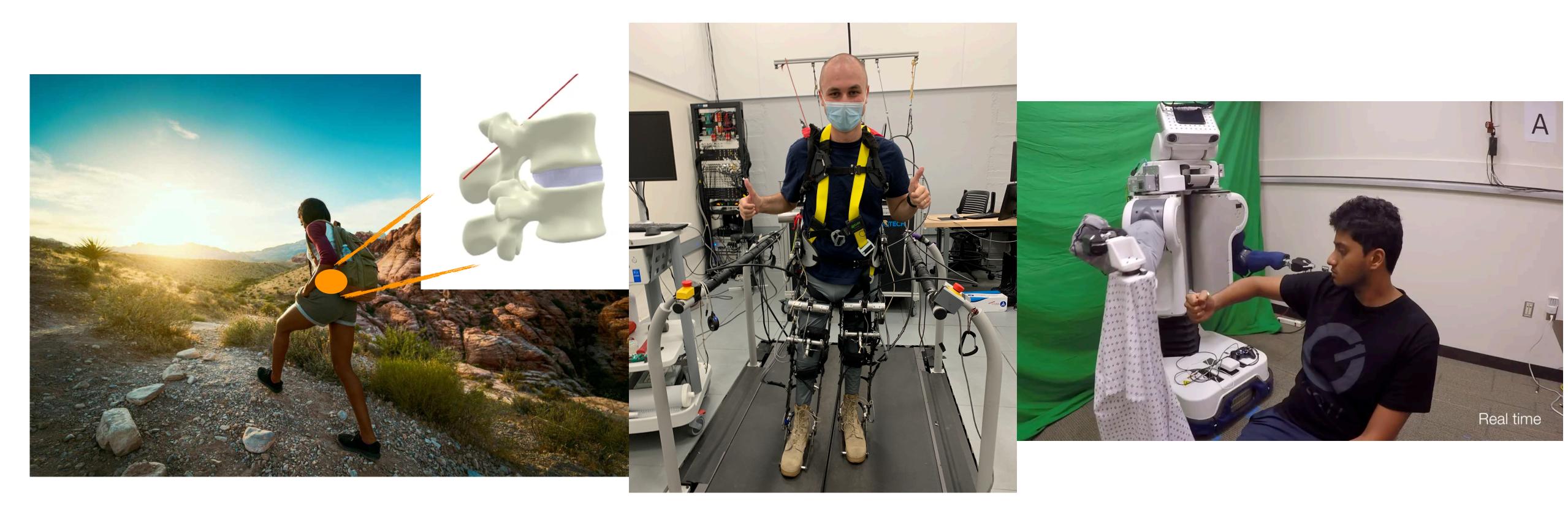


#### **Disc force for injury prevention Knee load for Exoskeleton Comfort level during dressing**





# **GenAl for Physical Humans: Also Many Real-world Applications**



#### **Disc force for injury prevention Knee load for Exoskeleton Comfort level during dressing**











2D Gen-Al

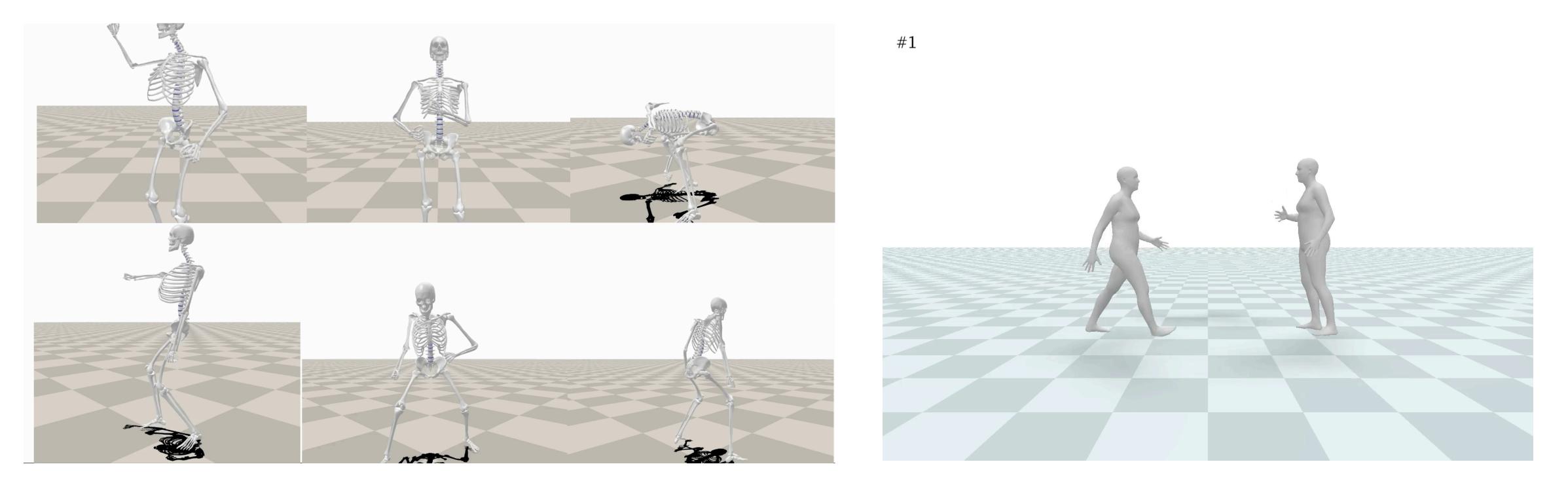
# From Digital to Physical-world Applications More challenging to obtain large-scale high-quality data

**Dense** Spatial Signal

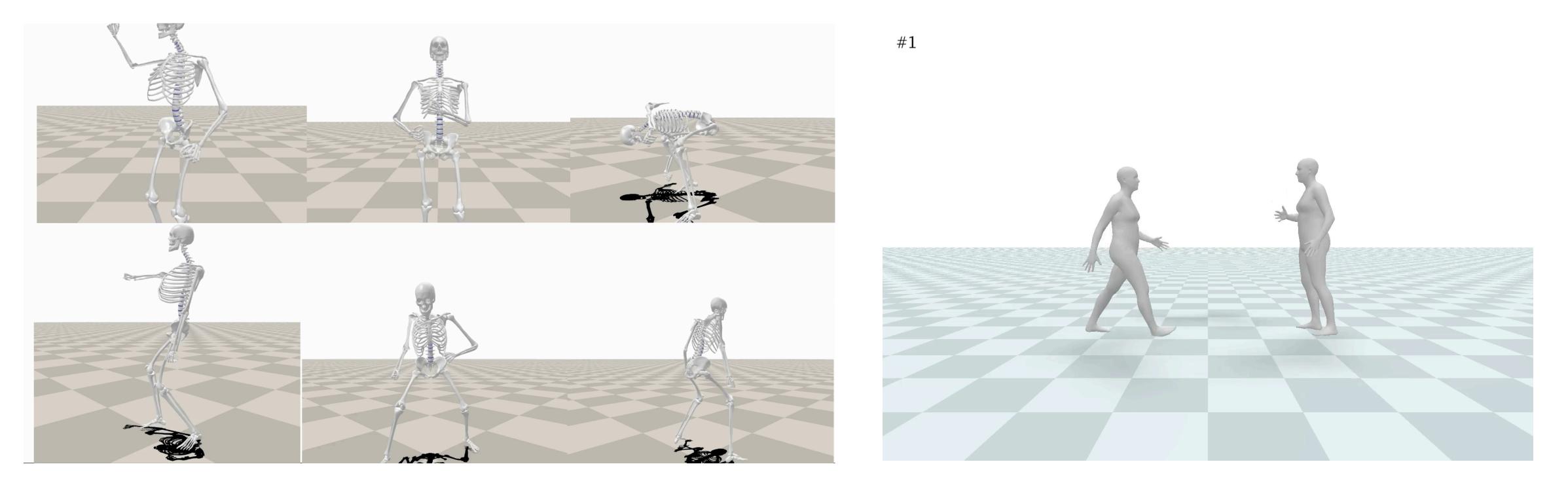


#### **3D Gen-Al**

### **Physical 3D Gen-Al**



### Data can be partially observable, scarce, expensive/unsafe to capture



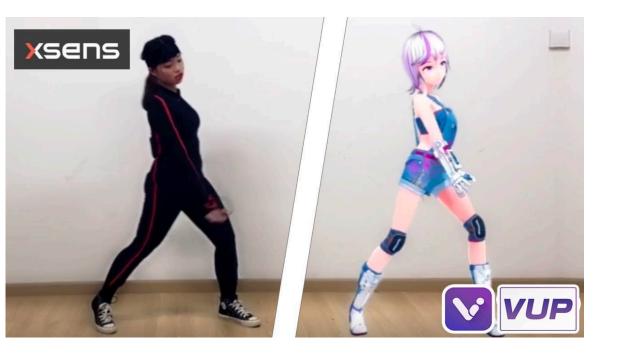
### Data can be partially observable, scarce, expensive/unsafe to capture





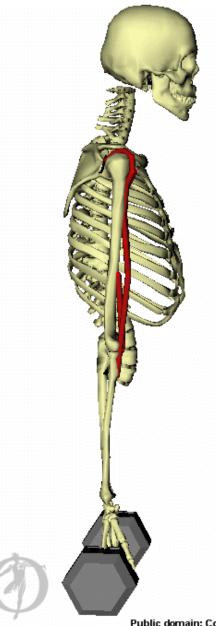
#### **Real Human Data**



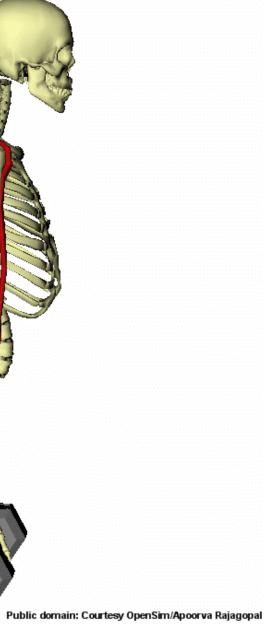


### Synthesized Human Data



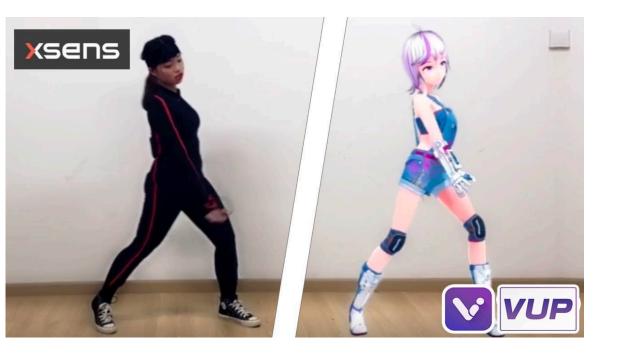






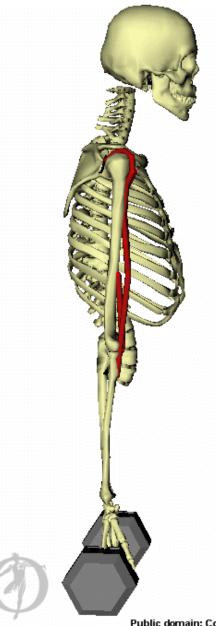
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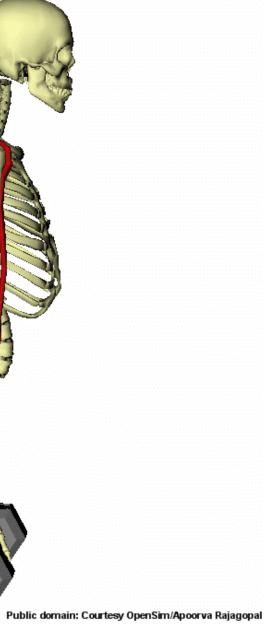


### Synthesized Human Data









### **Modern Deep Learning**





### **Physics Simulation**



### **Modern Deep Learning**

### Part 1: Scalable Human Simulation with Learned Components



### **Physics Simulation**





### Part 1: Scalable Human Simulation with Learned Components

### Part 2: Simulation-augmented Generative Motion Model

#### Part 3: Scalable Physical Human Data Capture

### **Physics Simulation**

# **Scalable Human Simulation with Learned Components**

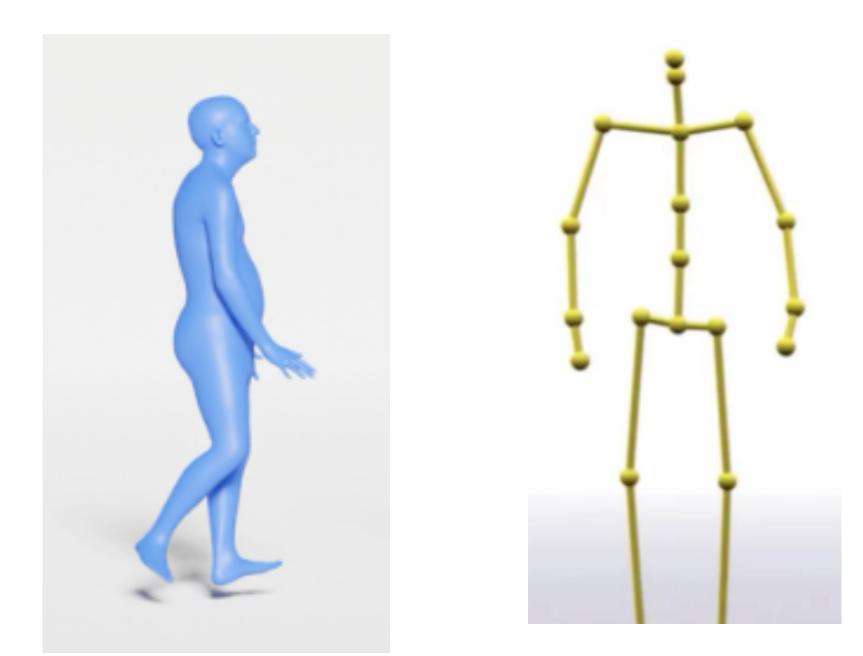
## — How to accurately simulate human without explicit anatomy details

### [Jiang et al] SIGGRAPH'19



# **Standard Simulation Model**

#### e.g. SMPL

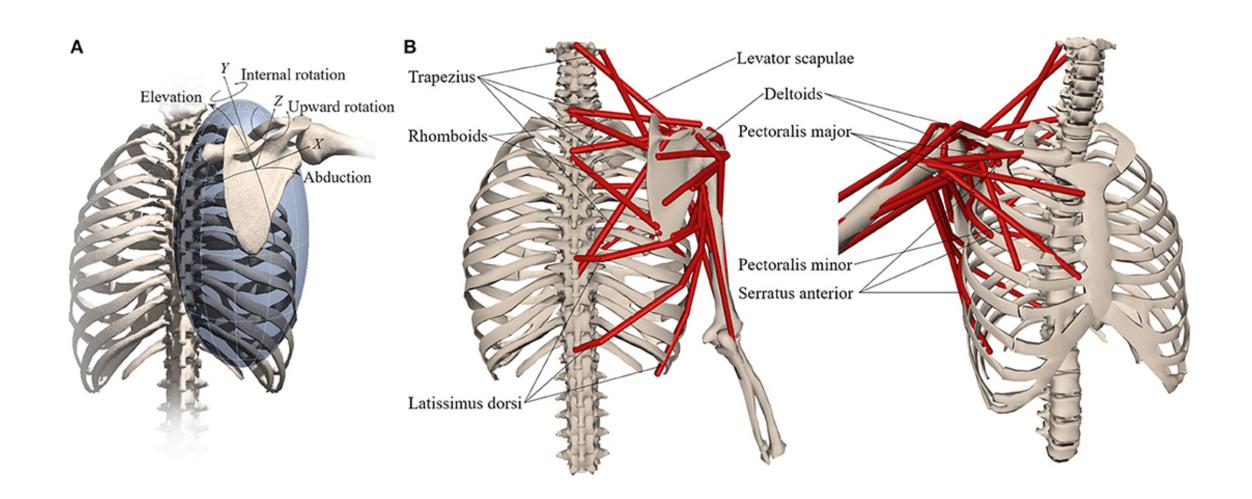




### 23 ball-and-socket joints

## Easy to simulate, but not biomechanically accurate

# **Detailed Biomechanics Models & Simulations**



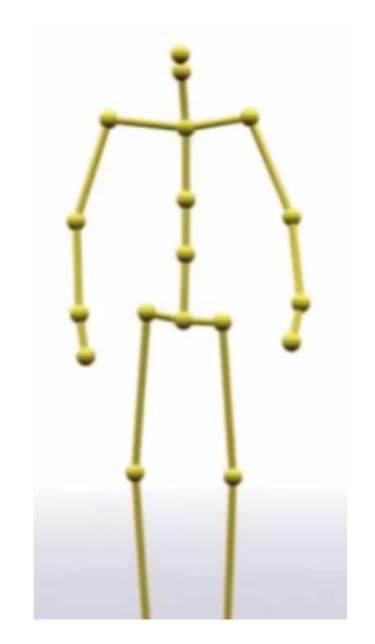
### Not fast & robust enough for large-scale training & synthetic data generation

# The Tale of Two Simulation Spaces



#### Detailed, Anatomical





#### Simple, abstract

# The Tale of Two Simulation Spaces



#### Detailed, Anatomical

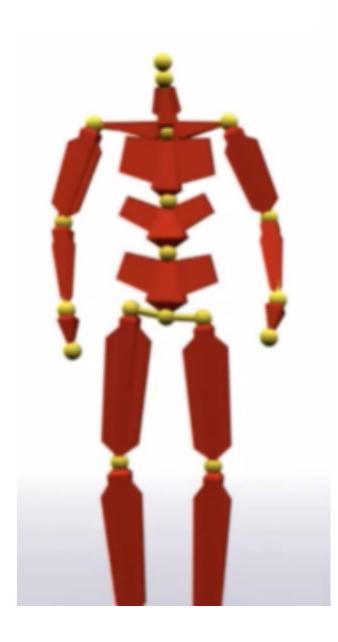
#### Simple, abstract

# The Tale of Two Simulation Spaces



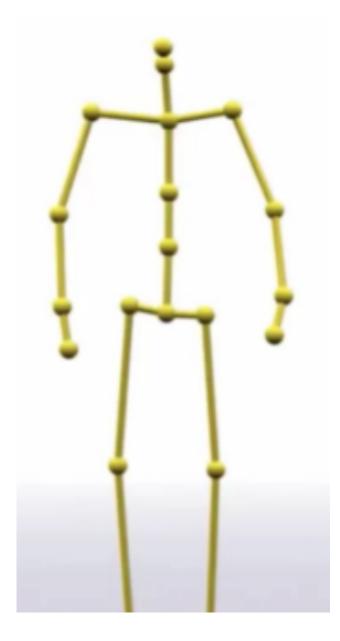
#### Detailed, Anatomical

#### Simple, abstract



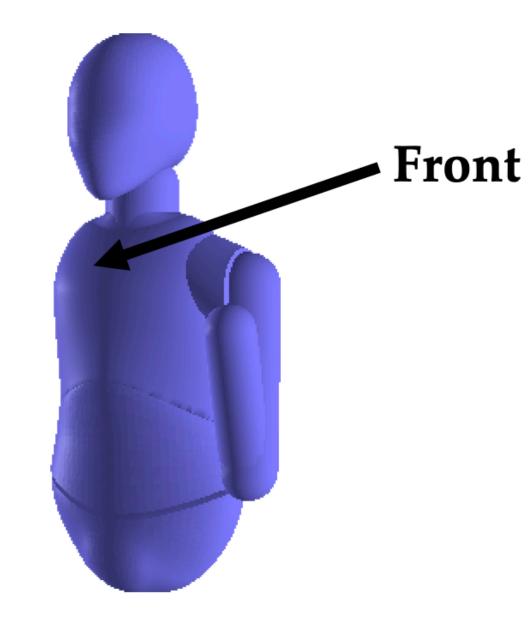
TTO WITH SA LEY

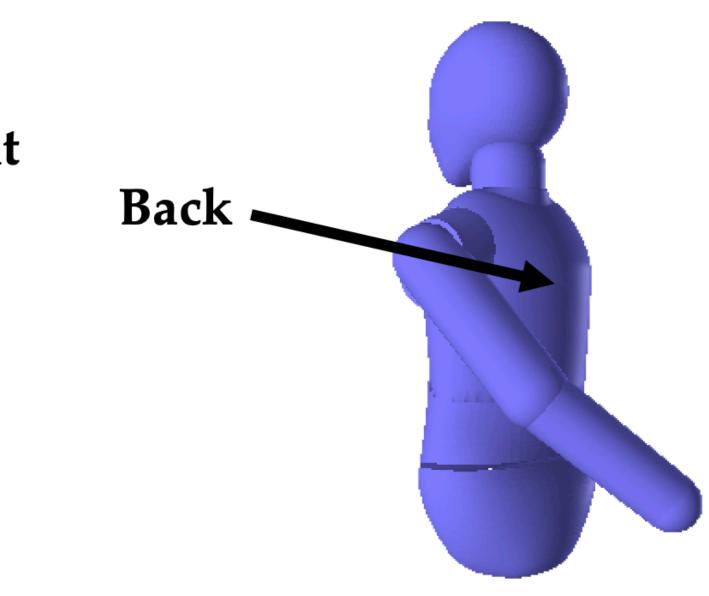




# Example #1: joint limit (RoM) depends on other joints

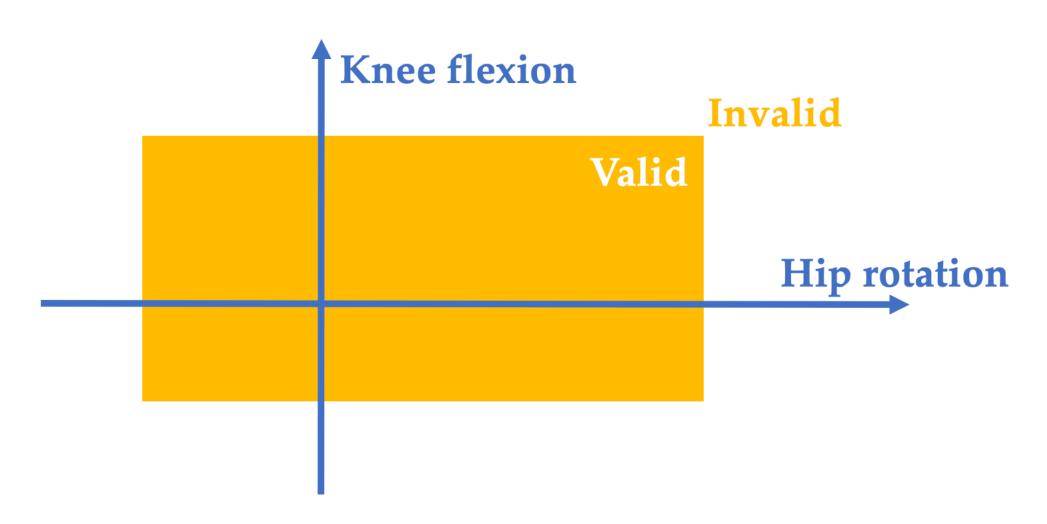
### Smaller elbow range when the arm is behind the back.





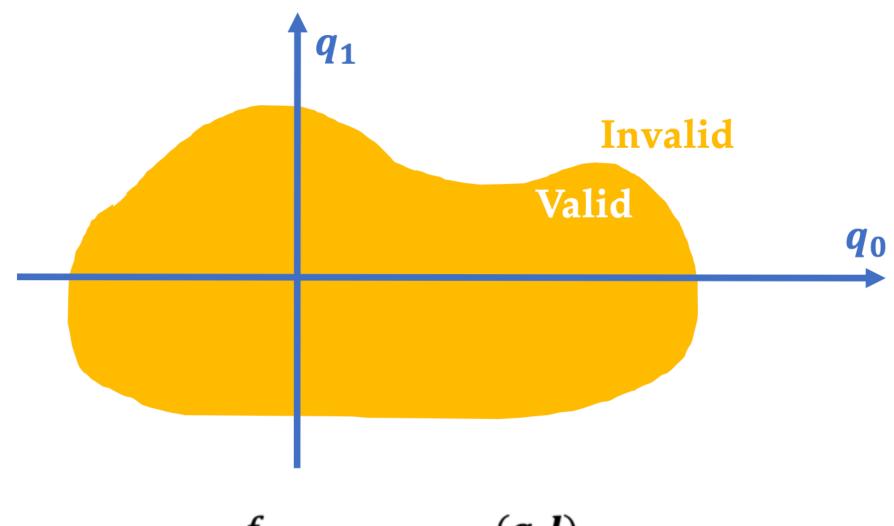
# Example #1: joint limit (RoM) depends on other joints

### Heuristic Boxed Limits



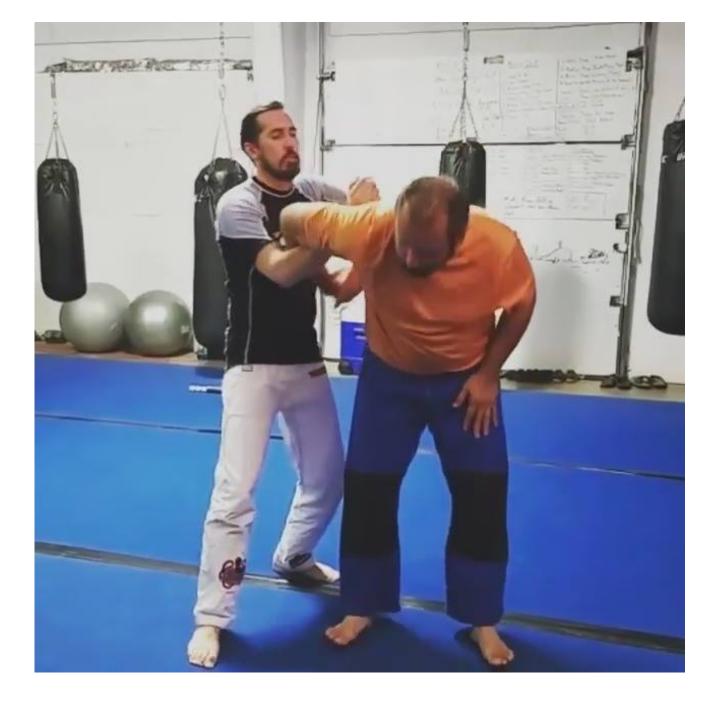
 $q_{low} \leq q \leq q_{high}$ 

### Realistic"state-dependent" Joint Limits



 $f_{bone-ligaments}(\boldsymbol{q}, \boldsymbol{l})$ 

# **Example #2: torque capability is state-dependent**



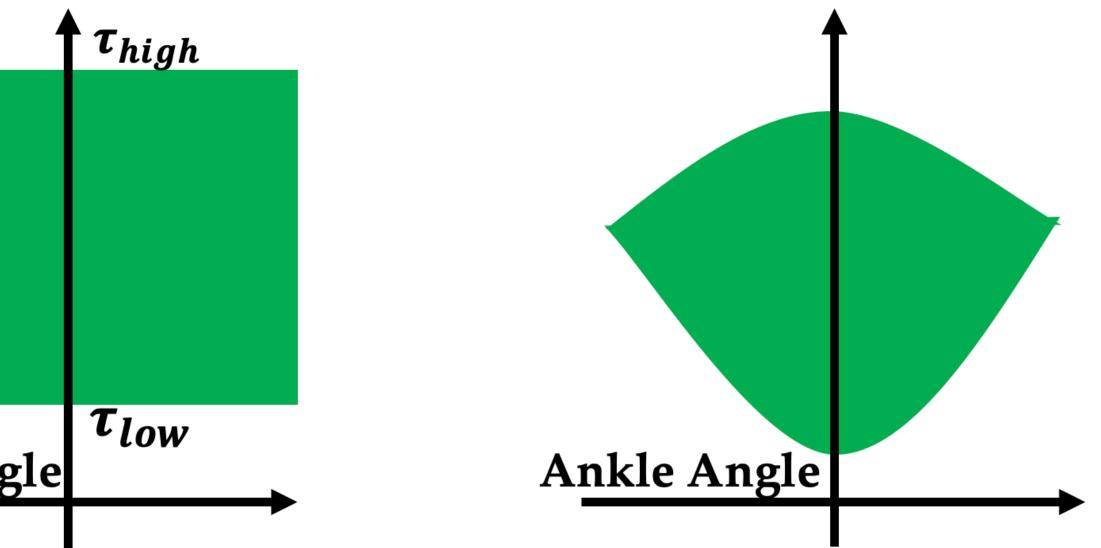
### **Heuristic Boxed Limits**

Ankle Angle

#### Self-defense

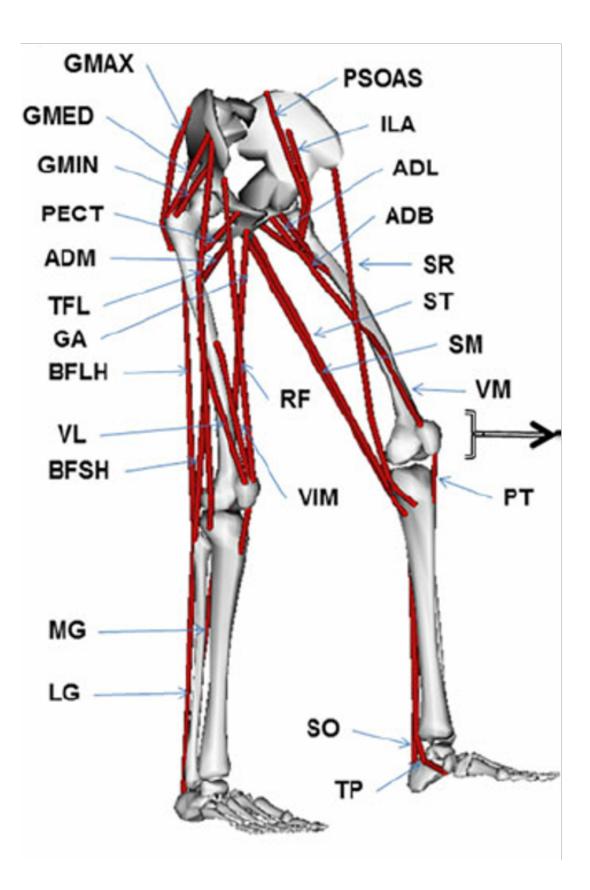
#### **State-dependent Joint Limits**

#### Feasible Ankle Torque $\tau$





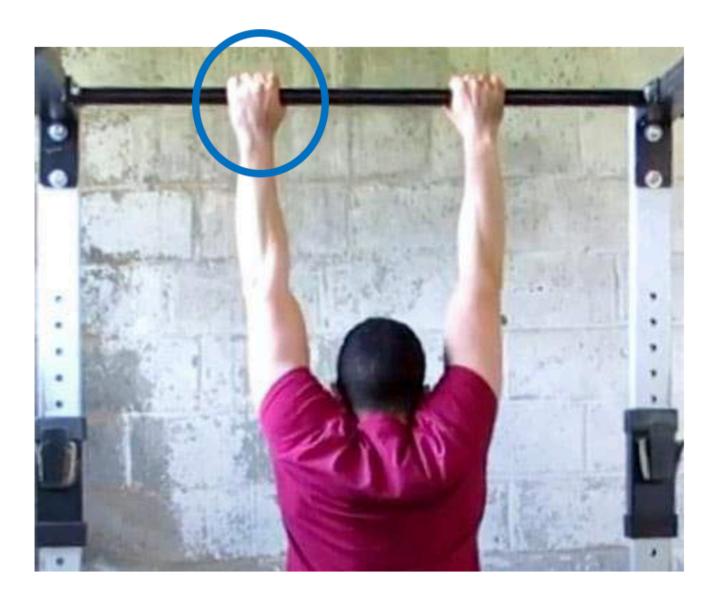
# **Example #2: torque capacity also depends on other joints**



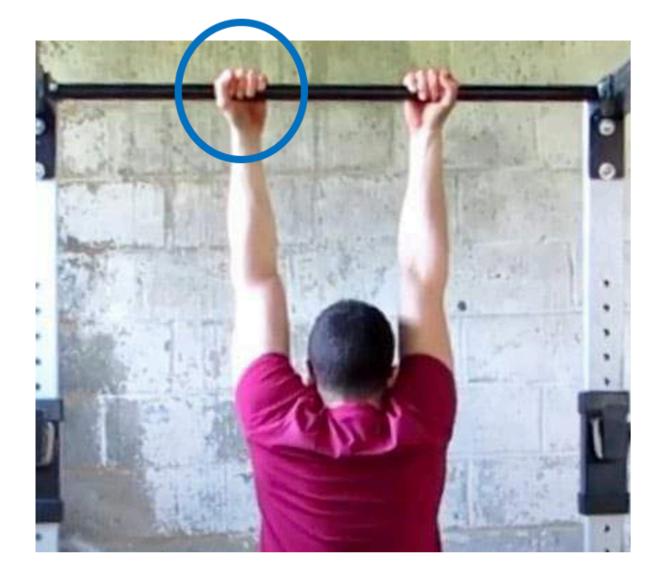
# Each muscle spans multiple joints, and multiple muscles interplay at each joint

# Example #3: metabolic rate is state dependent

### "Same torque, different effort"



#### Pull-up



#### Chin-up

# **Standard Motion Control Formulation in "SMPL" Space**

### General to any task and

task objective C<sub>task</sub>

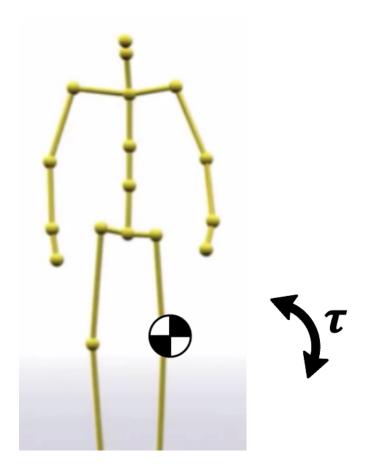
 $\boldsymbol{\tau}$ : Joint Torques min τ subject to

 $\tau_{low} \leq \tau \leq \tau_{high}$ 

 $q_{low} \leq q \leq q_{high}$ 



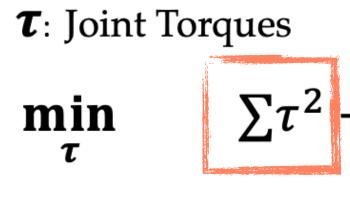
 $\ddot{\boldsymbol{q}} = f_{skel-dynamics}(\boldsymbol{q}, \dot{\boldsymbol{q}})$ 



# **Standard Motion Control Formulation in "SMPL" Space**

## **Control / Energy**

### Regularization



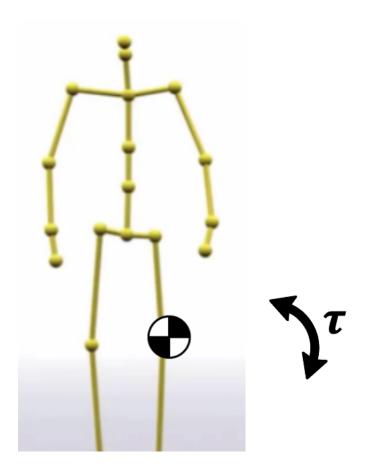
subject to

 $\tau_{low} \leq \tau \leq \tau_{high}$ 

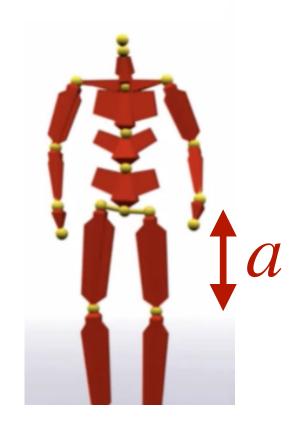
 $q_{low} \leq q \leq q_{high}$ 

 $\Sigma \tau^2 + c_{task}(q)$ 

 $\ddot{\boldsymbol{q}} = f_{skel-dynamics}(\boldsymbol{q}, \dot{\boldsymbol{q}})$ 



# In Comparison to Detailed Anatomical Simulation



**a**: Muscle Activations

 $\min_{a} \sum a^2 + c_{task}(q)$ 

subject to

$$\ddot{\boldsymbol{q}} = f_{skel-dynamics}(\boldsymbol{q}, \dot{\boldsymbol{q}})$$

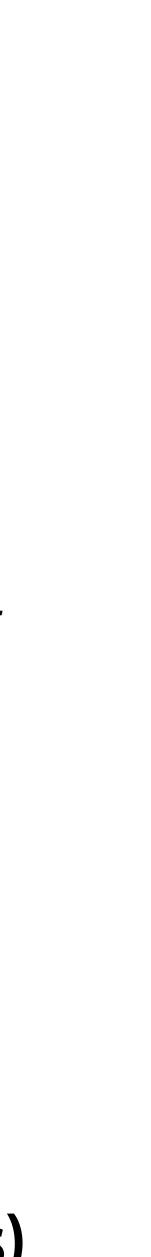
 $f_{muscle-dynamics}(a, l, \dot{l})$  $0 \le a \le 1$  $f_{bone-ligaments}(q, l)$ 

Expectedly, discrepancies in defining energy cost and constraints (e.g. capability limits)

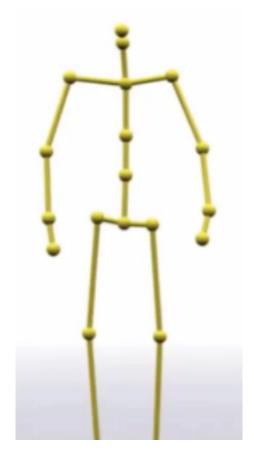
$$\boldsymbol{\tau}: \text{ Joint Torques}$$
$$\boldsymbol{min}_{\boldsymbol{\tau}} \qquad \sum \tau^2 + c_{task}(q)$$

subject to

$$\ddot{m{q}} = f_{skel-dynamics}(m{q}, \dot{m{q}})$$
 $au_{low} \leq au \leq au_{high}$ 
 $m{q}_{low} \leq m{q} \leq m{q}_{high}$ 



# Why Learning? A "Lift-up" in Simulation Space



#### **Simpler Abstract Space**



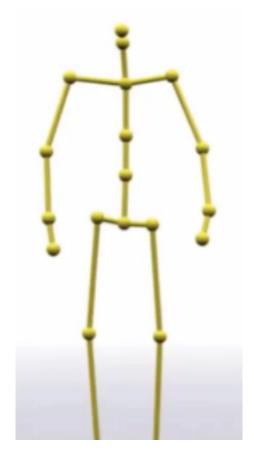
#### **Detailed Anatomical Space**



ML to supply "compressed" anatomical details

Faster to simulate & Easier to solve control

# Intuition: why simple sim can be as accurate as detailed sim?



#### **Simpler Abstract Space**



#### **Detailed Anatomical Space**

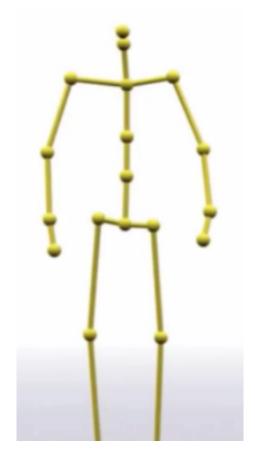
### If final output is still skeletal motion

### **Anatomical space is redundant**

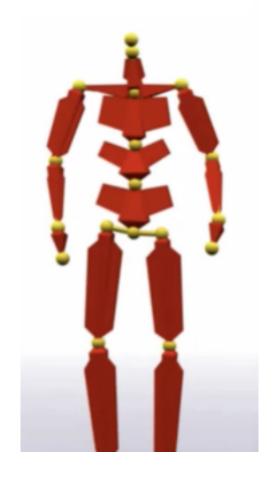
- 90 leg muscles -> 10 DoFs
- Many bones -> a few DoFs at shoulder



# "State-dependency" to Bridge Simulation Spaces



### **Simpler Abstract Space**

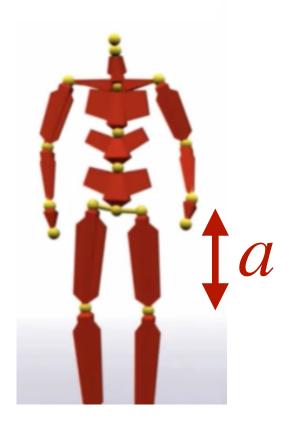


#### **Detailed Anatomical Space**

#### Learning "state-dependent" functions







**a**: Muscle Activations

 $\min_{a} \quad \sum a^2 + c_{task}(q)$ 

subject to

 $\ddot{\boldsymbol{q}} = f_{skel-dynamics}(\boldsymbol{q}, \dot{\boldsymbol{q}})$ 

 $f_{muscle-dynamics}(\boldsymbol{a}, \boldsymbol{l}, \dot{\boldsymbol{l}})$ 

 $0 \le a \le 1$ 

 $f_{bone-ligaments}(\boldsymbol{q}, \boldsymbol{l})$ 

 $oldsymbol{ au}$ : Joint Torques

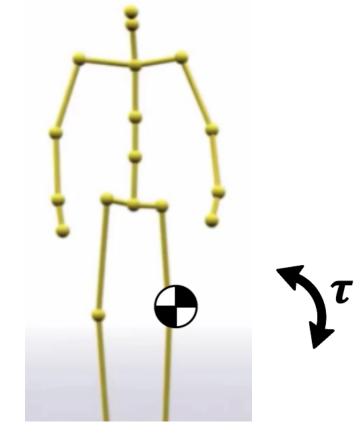
 $\min_{\tau} \quad \sum_{\tau} \tau^2 + c_{task}(q)$ 

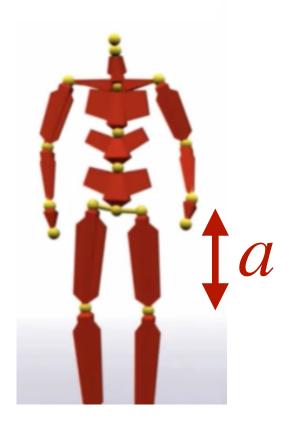
subject to

$$\ddot{\boldsymbol{q}} = f_{skel-dynamics}(\boldsymbol{q}, \dot{\boldsymbol{q}})$$

 $\tau_{low} \leq \tau \leq \tau_{high}$ 

 $q_{low} \leq q \leq q_{high}$ 





**a**: Muscle Activations

 $\min_{a} \quad \sum a^2 + c_{task}(q)$ 

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 $\ddot{\boldsymbol{q}} = f_{skel-dynamics}(\boldsymbol{q}, \dot{\boldsymbol{q}})$ 

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 $\min_{\tau} \quad \sum_{\tau} \tau^2 + c_{task}(q)$ 

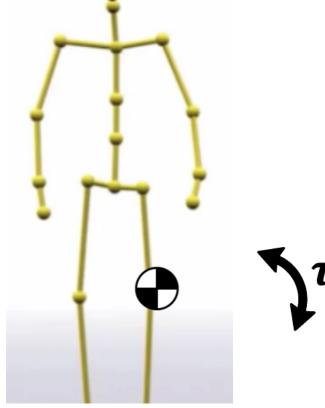
subject to

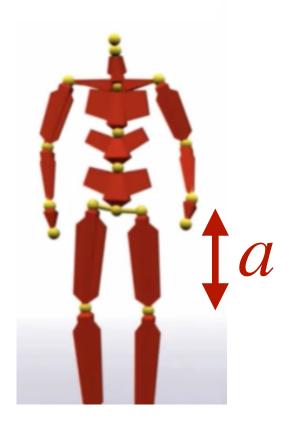


 $\ddot{\boldsymbol{q}} = f_{skel-dynamics}(\boldsymbol{q}, \dot{\boldsymbol{q}})$ 

 $\tau_{low} \leq \tau \leq \tau_{high}$ 

 $L(\mathbf{q}) > \mathbf{0}$ 





**a**: Muscle Activations

 $\min_{a} \quad \sum a^2 + c_{task}(q)$ 

subject to

 $\ddot{\boldsymbol{q}} = f_{skel-dynamics}(\boldsymbol{q}, \dot{\boldsymbol{q}})$ 

 $f_{muscle-dynamics}(\boldsymbol{a}, \boldsymbol{l}, \dot{\boldsymbol{l}})$ 

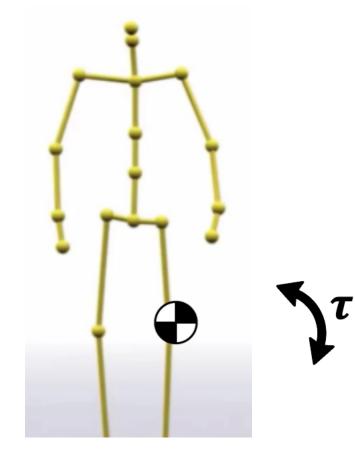
 $0 \le a \le 1$ 

 $f_{bone-ligaments}(\boldsymbol{q}, \boldsymbol{l})$ 

 $oldsymbol{ au}$ : Joint Torques

 $\min_{\tau} E(\boldsymbol{q}, \dot{\boldsymbol{q}}, \boldsymbol{\tau}) + c_{task}(\boldsymbol{q})$ 

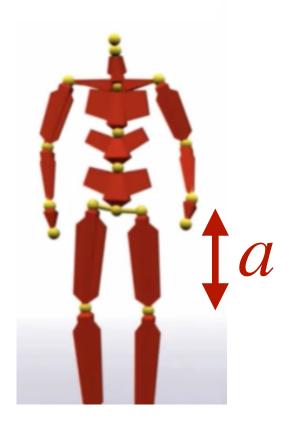
subject to



$$\ddot{\boldsymbol{q}} = f_{skel-dynamics}(\boldsymbol{q}, \dot{\boldsymbol{q}})$$

 $\tau_{low} \leq \tau \leq \tau_{high}$ 

L(q) > 0



**a**: Muscle Activations

 $\min_{a} \quad \sum a^2 + c_{task}(q)$ 

subject to

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 $f_{muscle-dynamics}(\boldsymbol{a}, \boldsymbol{l}, \dot{\boldsymbol{l}})$ 

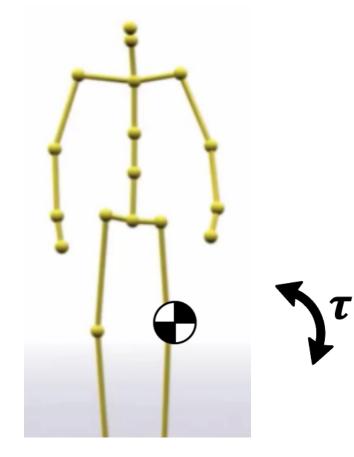
 $0 \le a \le 1$ 

 $f_{bone-ligaments}(\boldsymbol{q}, \boldsymbol{l})$ 

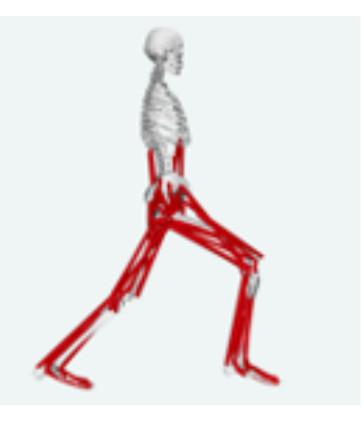
 $oldsymbol{ au}$ : Joint Torques

 $\min_{\tau} E(\boldsymbol{q}, \boldsymbol{\dot{q}}, \boldsymbol{\tau}) + c_{task}(\boldsymbol{q})$ 

subject to



 $\ddot{\boldsymbol{q}} = f_{skel-dynamics}(\boldsymbol{q}, \dot{\boldsymbol{q}})$  $\mathbf{C}(\boldsymbol{q}, \dot{\boldsymbol{q}}, \boldsymbol{\tau}) \leq 0$  $\mathbf{L}(\mathbf{q}) > \mathbf{0}$ 

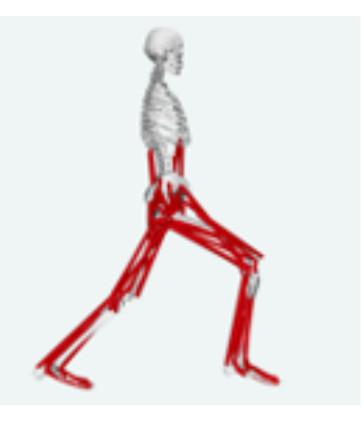




#### Learn from detailed muscle simulator

Learn from real data







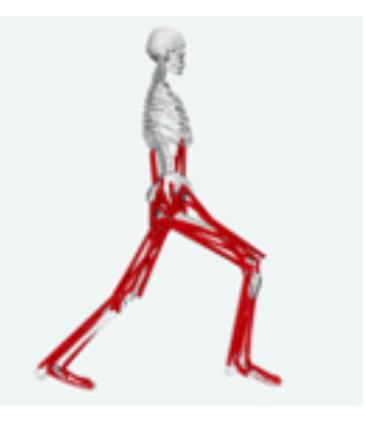


#### Learn from detailed muscle simulator

Learn from real data



 $E(\boldsymbol{q}, \dot{\boldsymbol{q}}, \boldsymbol{\tau})$ 







#### Learn from detailed muscle simulator

Learn from real data



 $E(\boldsymbol{q}, \dot{\boldsymbol{q}}, \boldsymbol{\tau})$ 

 $C(q, \dot{q}, \tau) \leq 0$ 



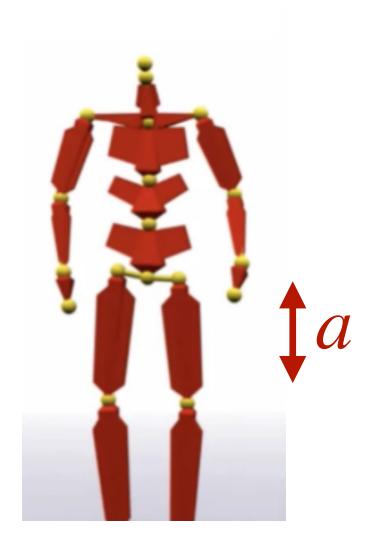




#### Learn from detailed muscle simulator

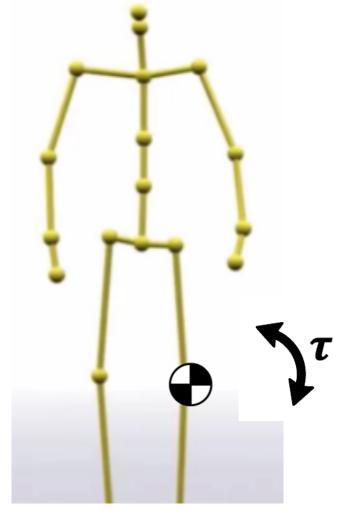
Learn from real data





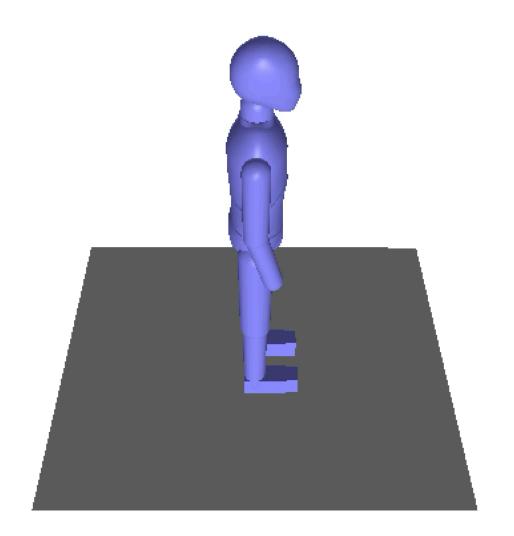
## We can prove both control problems now have a same optimal value (equivalency)

# Augmented with learned state-dependent functions

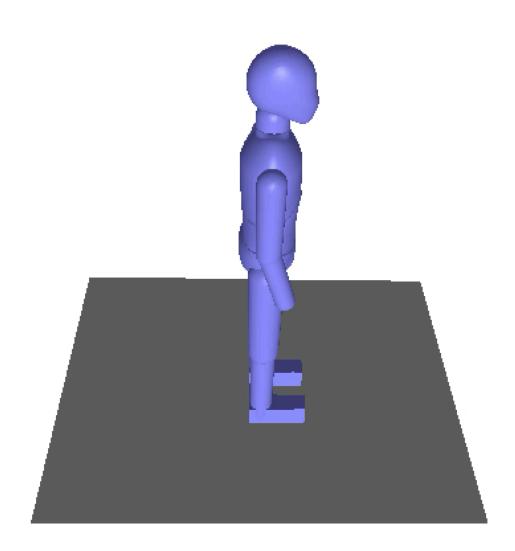




## No Motion Control, Free-fall Simulation

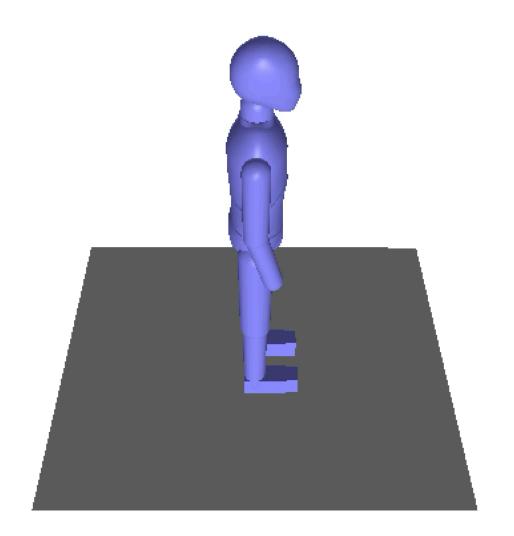


### With learned L(q) > 0

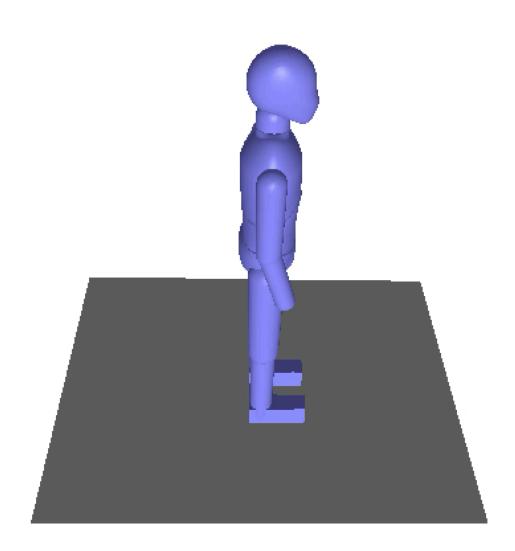


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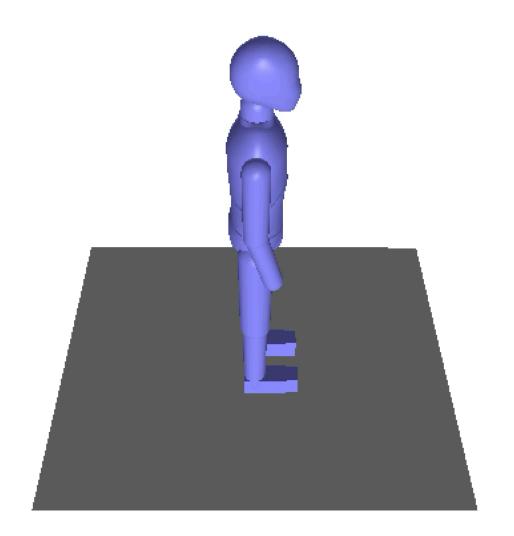


### With learned L(q) > 0

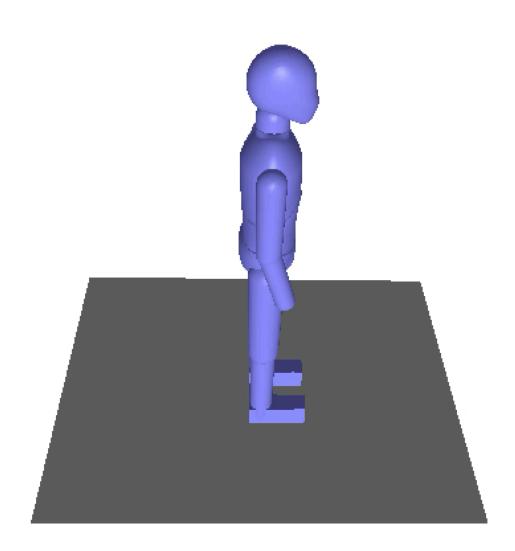


#### Without learned L(q) > 0

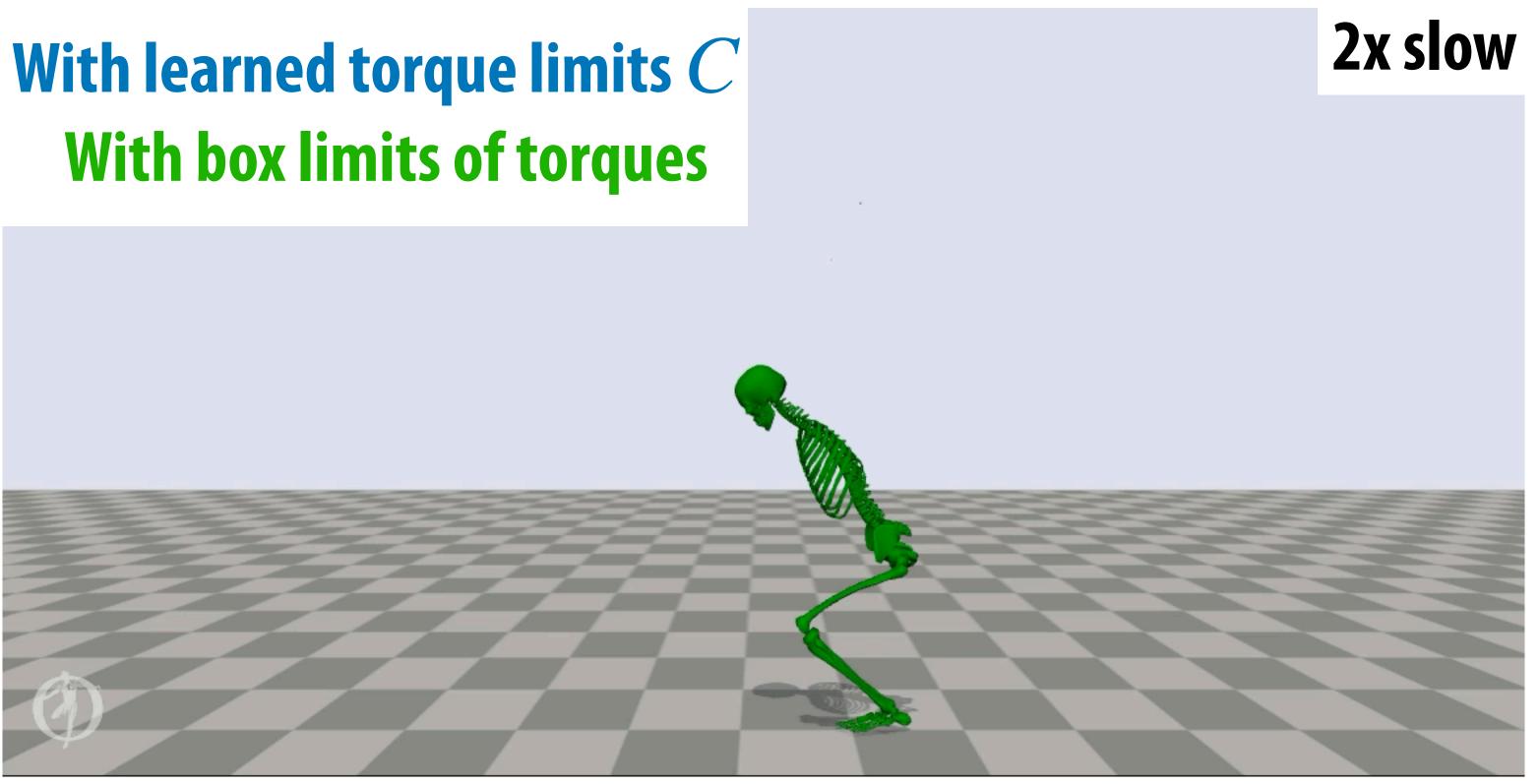
## No Motion Control, Free-fall Simulation

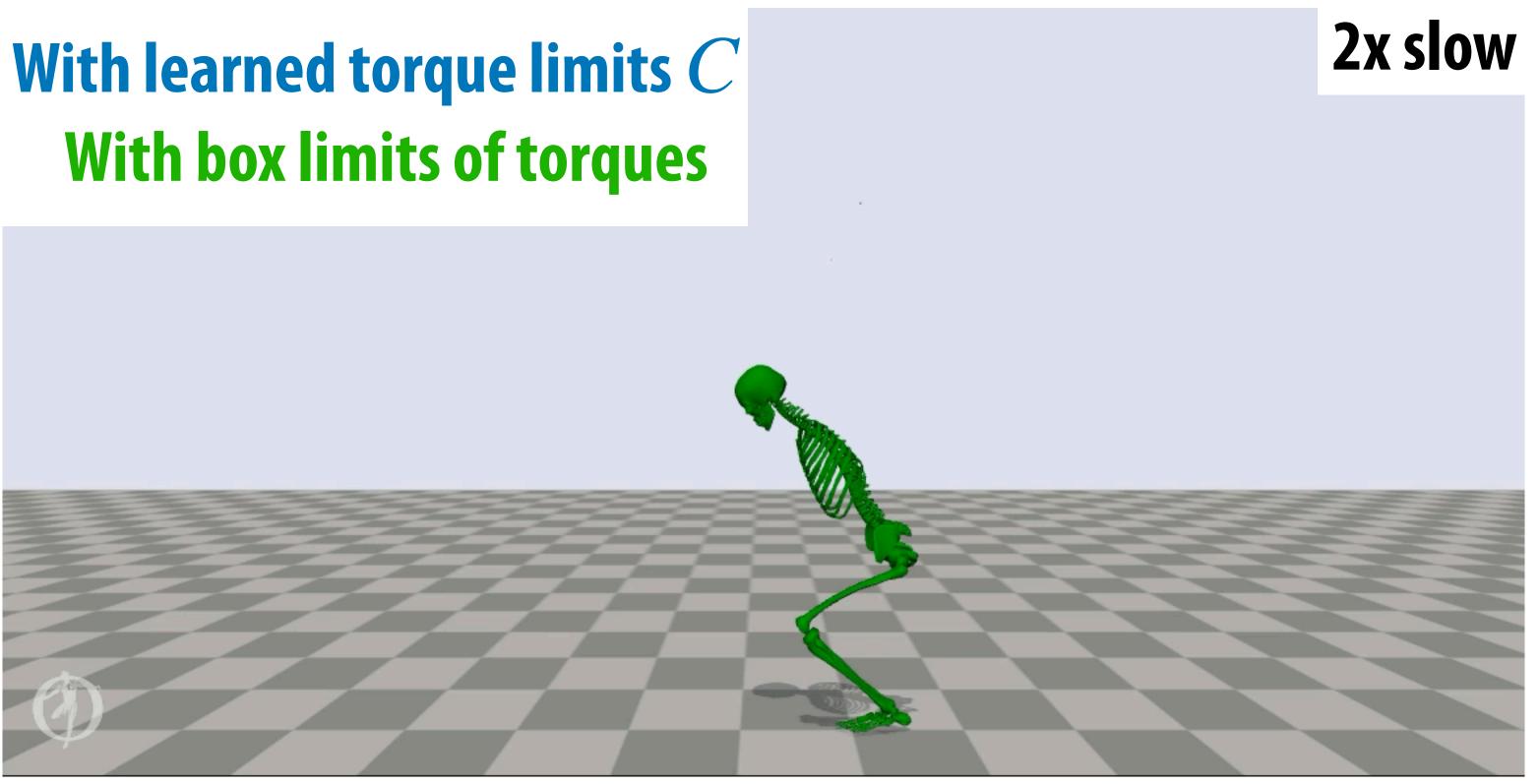


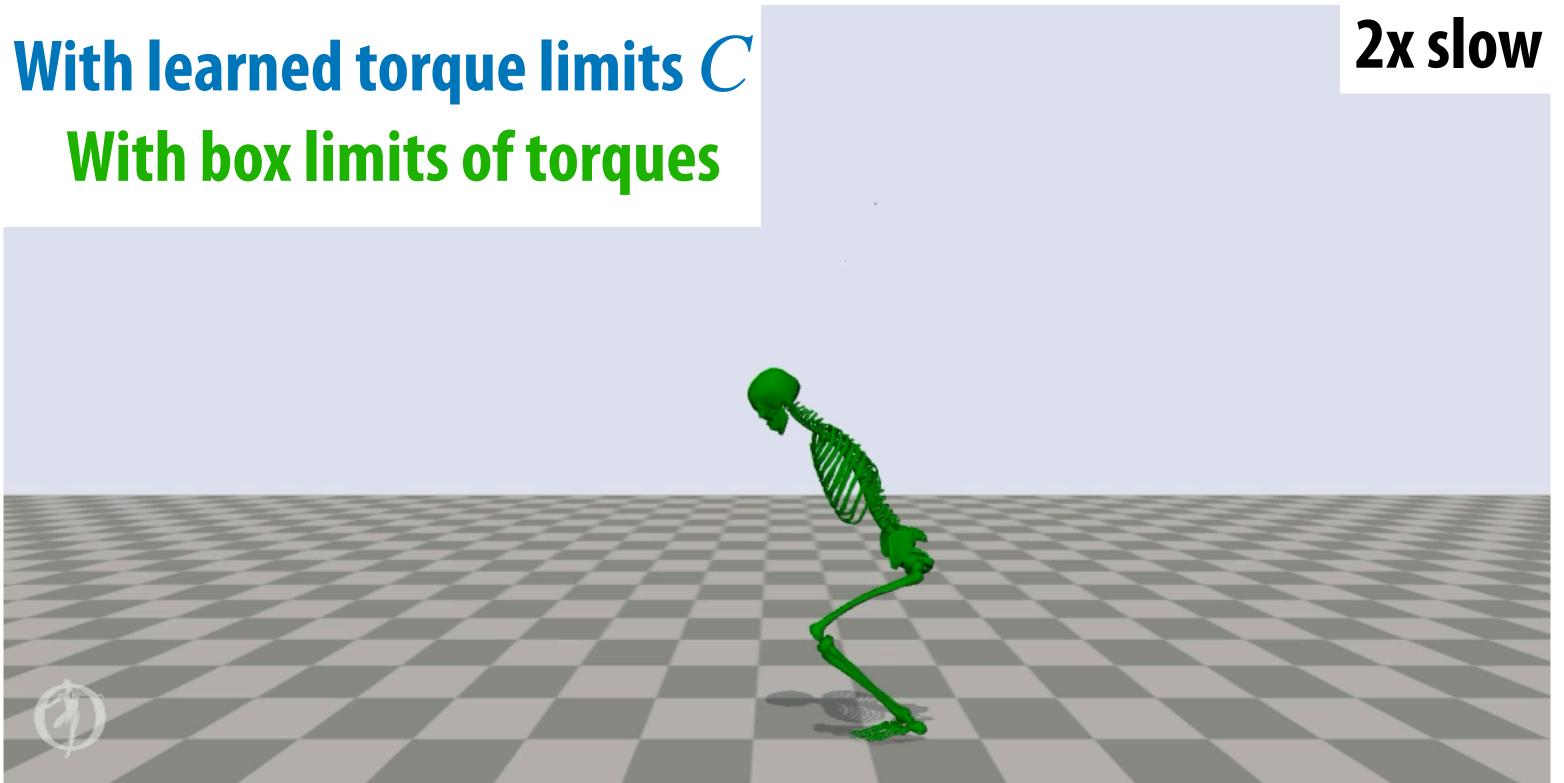
### With learned L(q) > 0



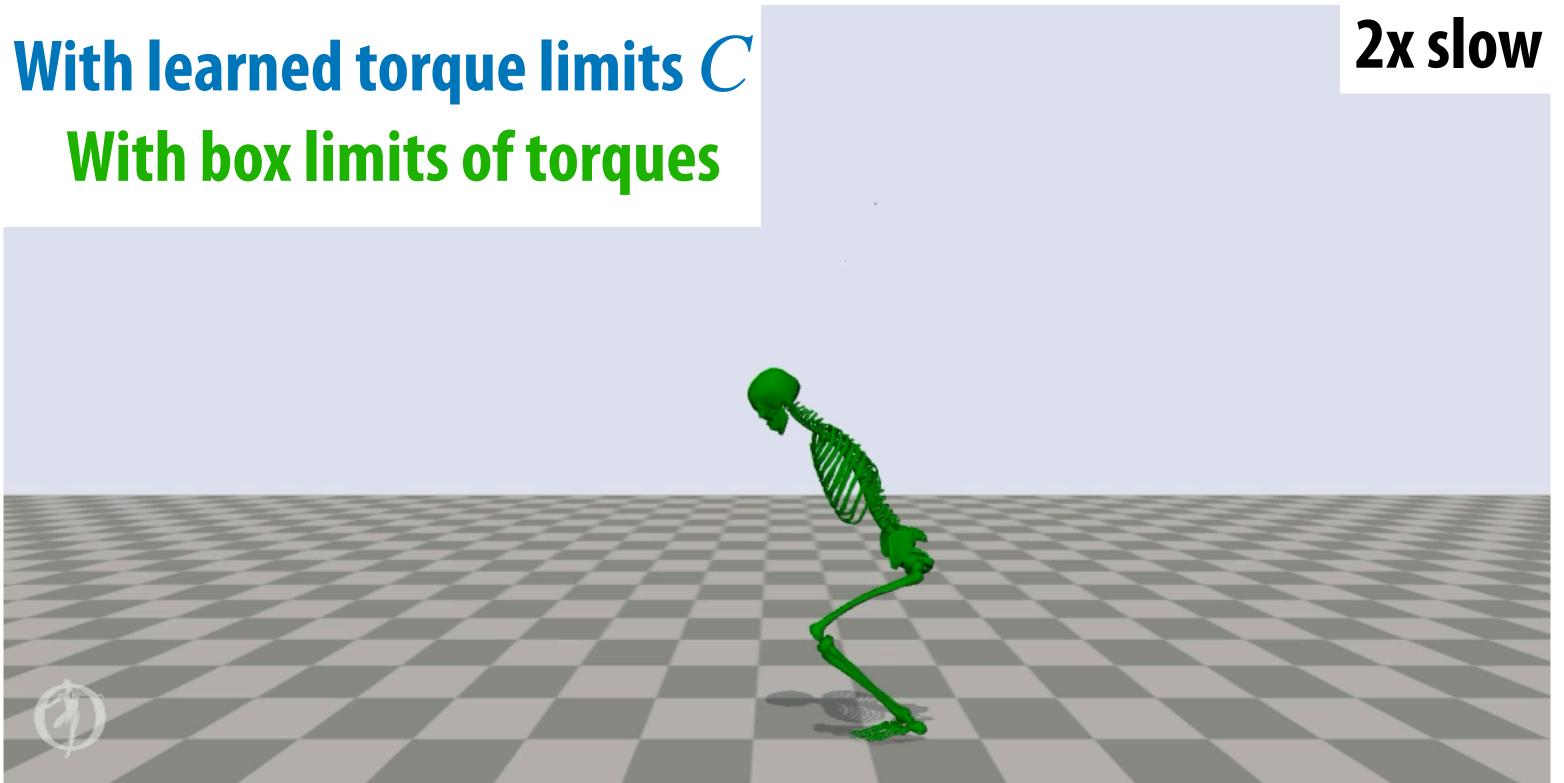
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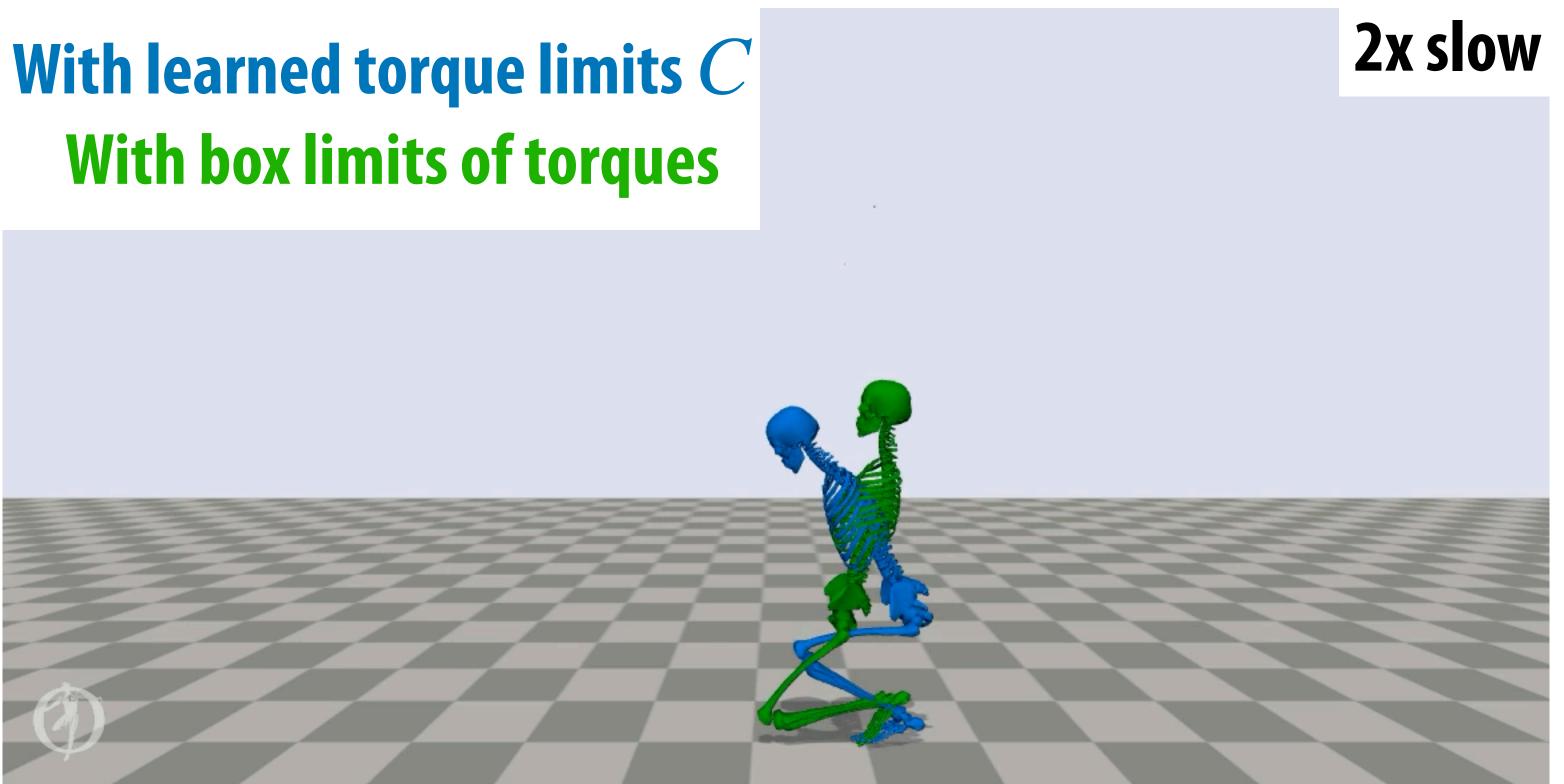




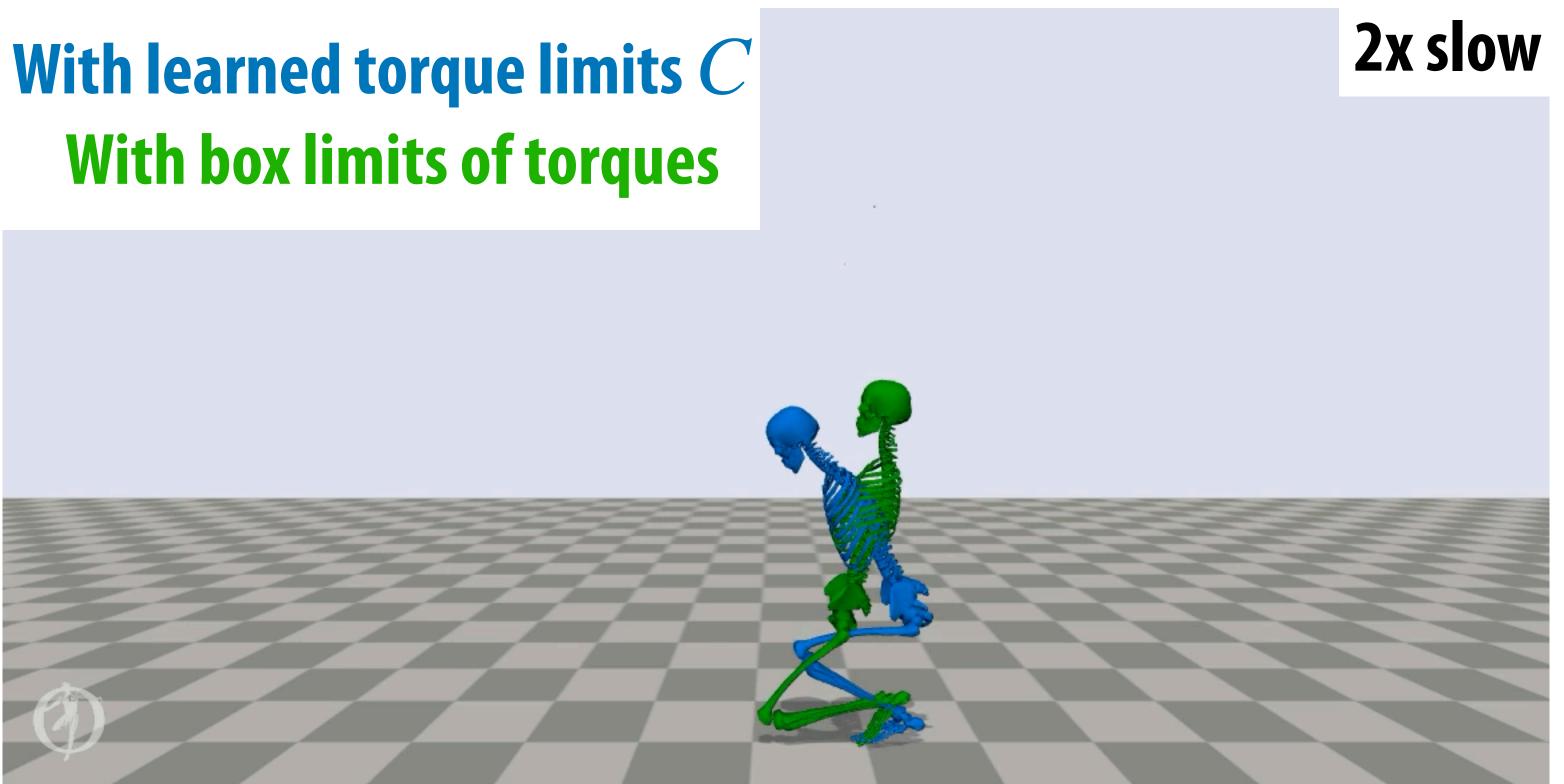
#### Can jump higher if bends down more



#### Can jump higher if bends down more



#### Humans don't do that because small torque limit during hyper-flexion



#### Humans don't do that because small torque limit during hyper-flexion



### With learned torque limits CWith box limits of torques

Similarly, ours don't hyper-flex



### With learned torque limits CWith box limits of torques

Similarly, ours don't hyper-flex

#### Almost identical solution compared with detailed muscle simulation Ours use 70% less computation & fewer iterations



#### Ours Detailed muscle models

#### Almost identical solution compared with detailed muscle simulation Ours use 70% less computation & fewer iterations



#### Ours Detailed muscle models



### Biomechanically accurate, fast, and easier for solving control

### Facilitate large-scale simulations, for training / synthetic data generation

### Learned anatomical functions to provably "compress" biomechanics knowledge

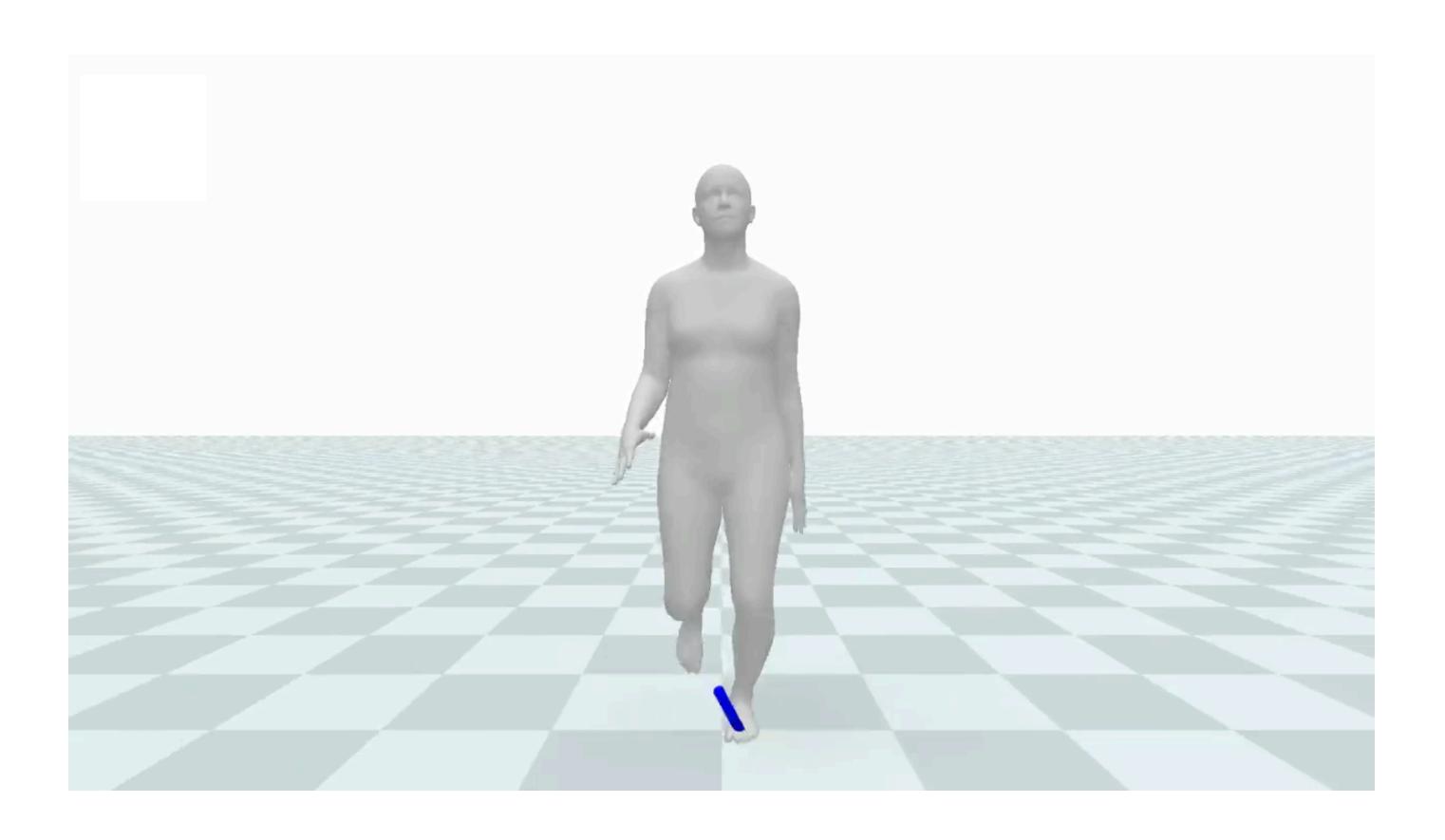
## Simulation-augmented Generative Motion Model

### — How to build GenAl motion models that interactively reacts to physics

#### [Jiang et al] SIGGRAPH Asia '23

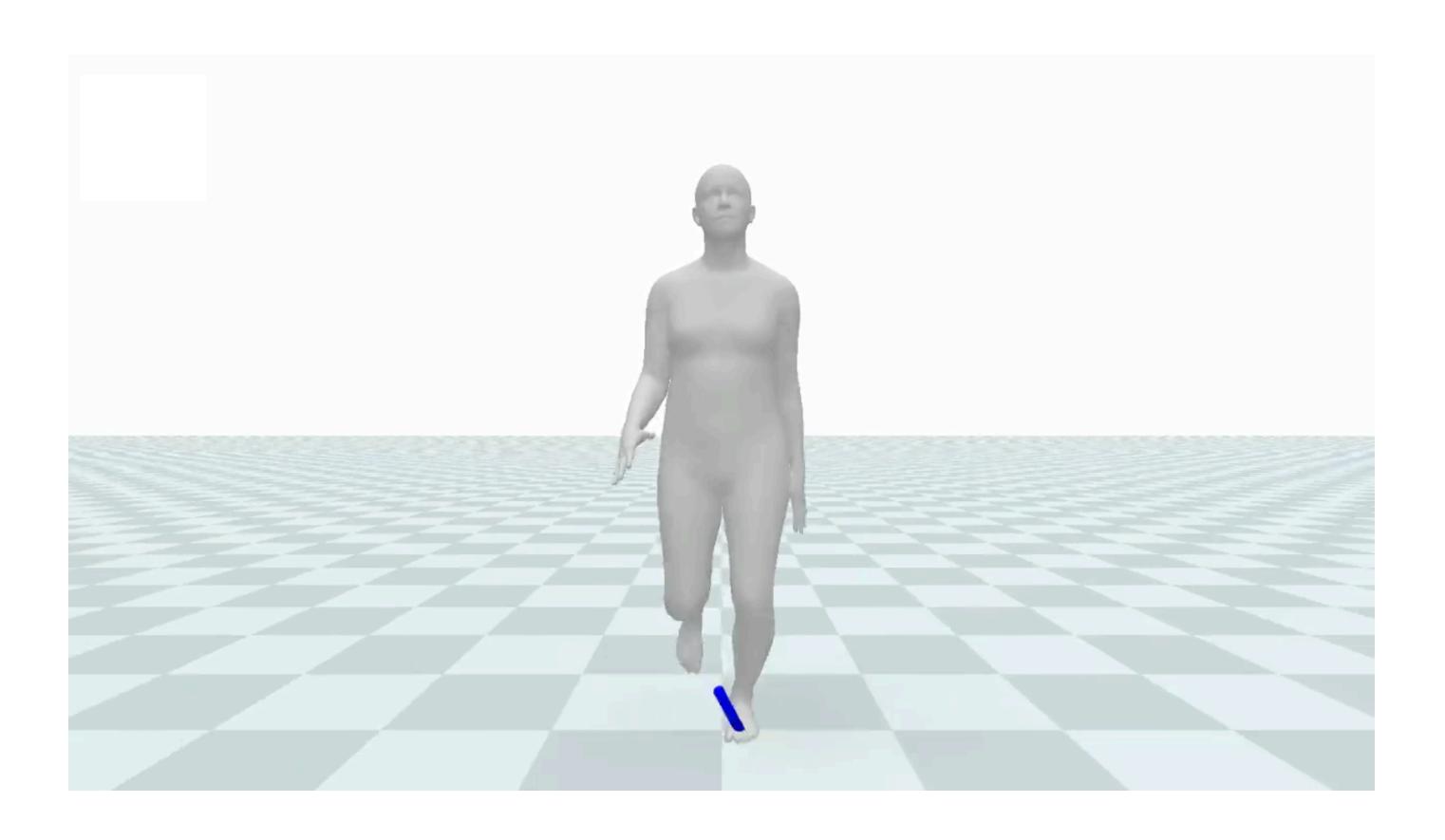


## **Digital Humans that Understands and Responds to Intuitive Physics**



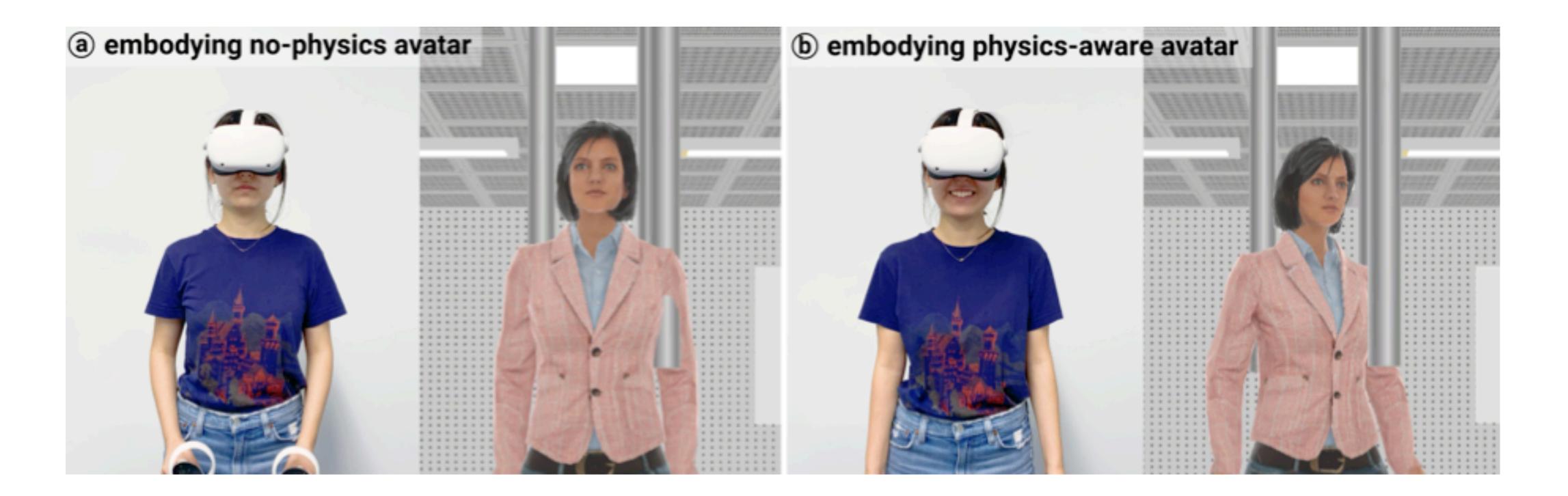


## **Digital Humans that Understands and Responds to Intuitive Physics**





## **Physics-aware Digital Humans Can:**



#### **Improve immersion in AR/VR**



## **Physics-aware Digital Humans Can:**



### Help train robots / embodied Al agents in simulation

Habitat 3.0, 2023



## **Physics-aware Digital Humans Can:**

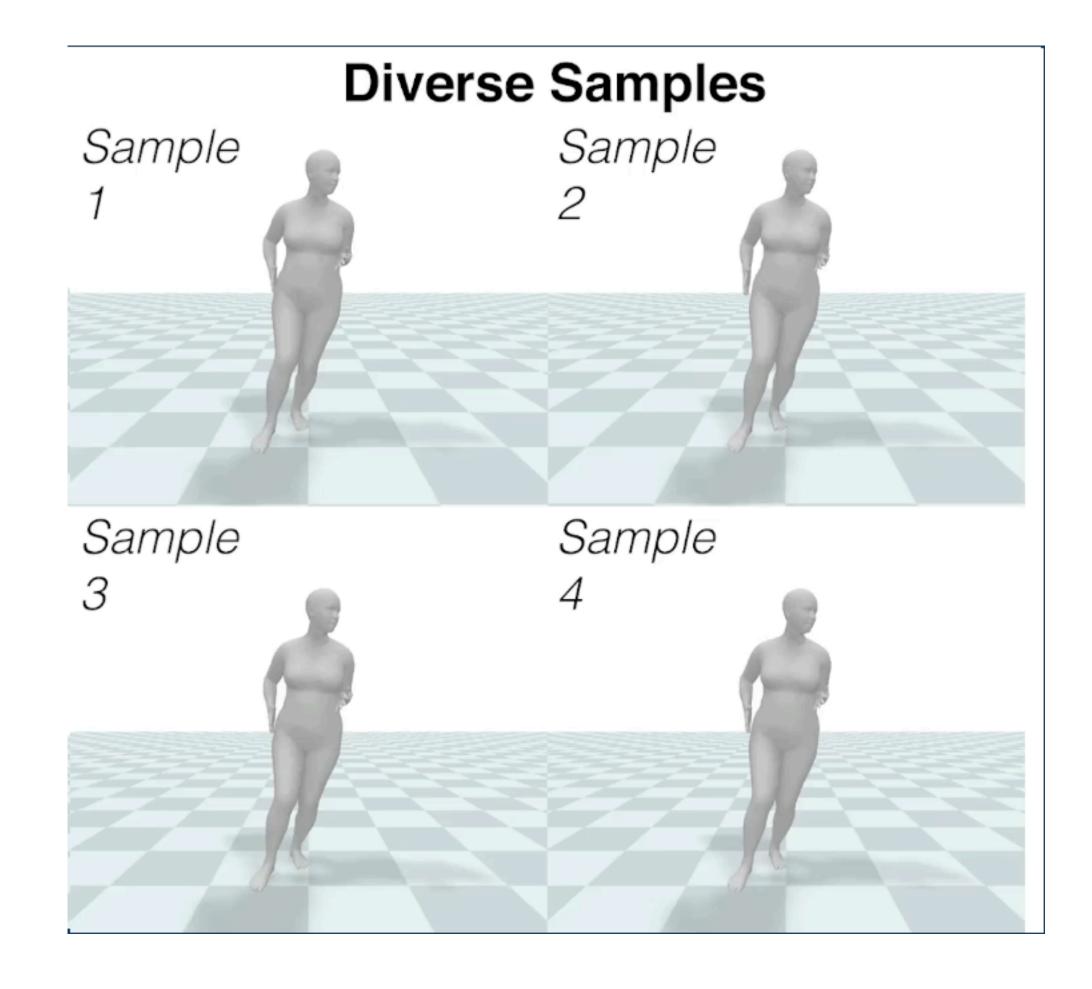


### Help train robots / embodied Al agents in simulation

Habitat 3.0, 2023



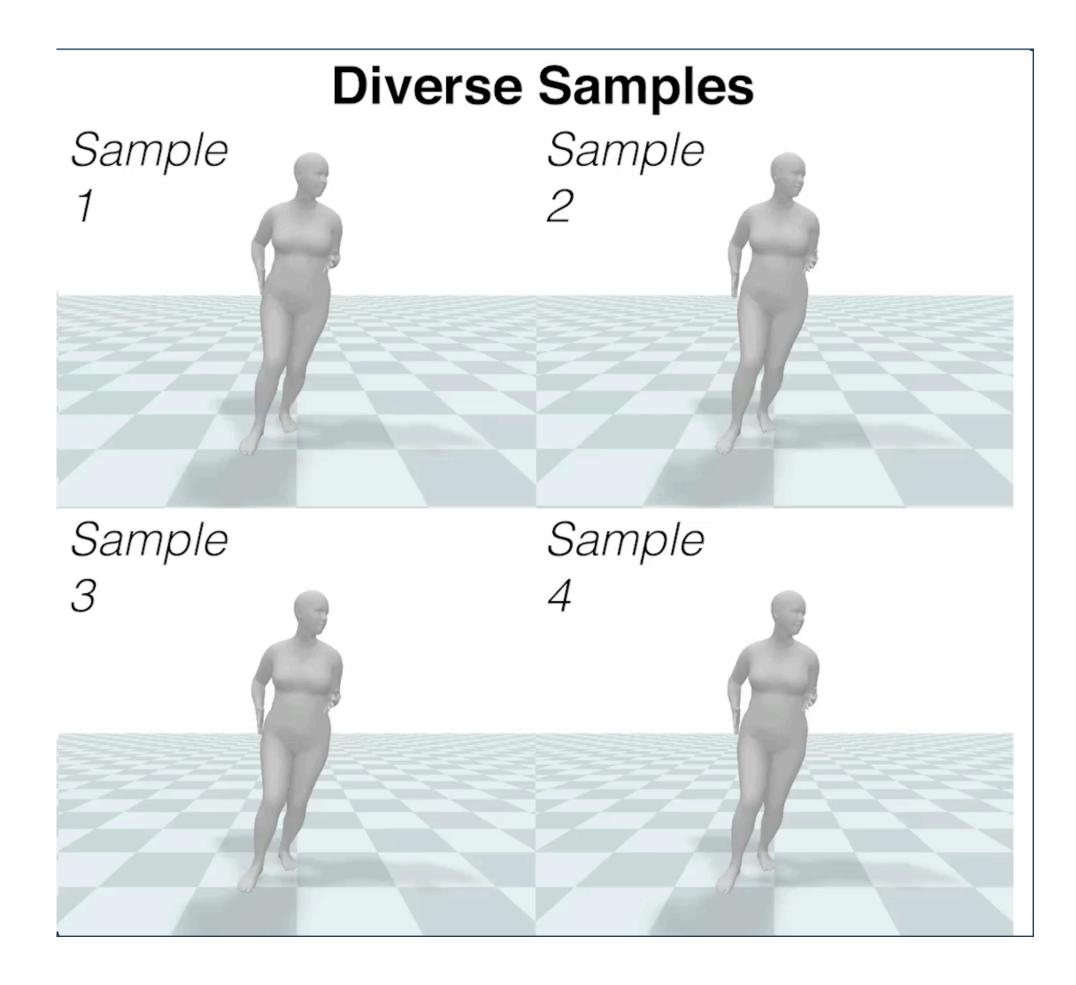
## **Generative Models, for Motion**



Rempe et al ICCV'21



## Same Input, Diverse Output

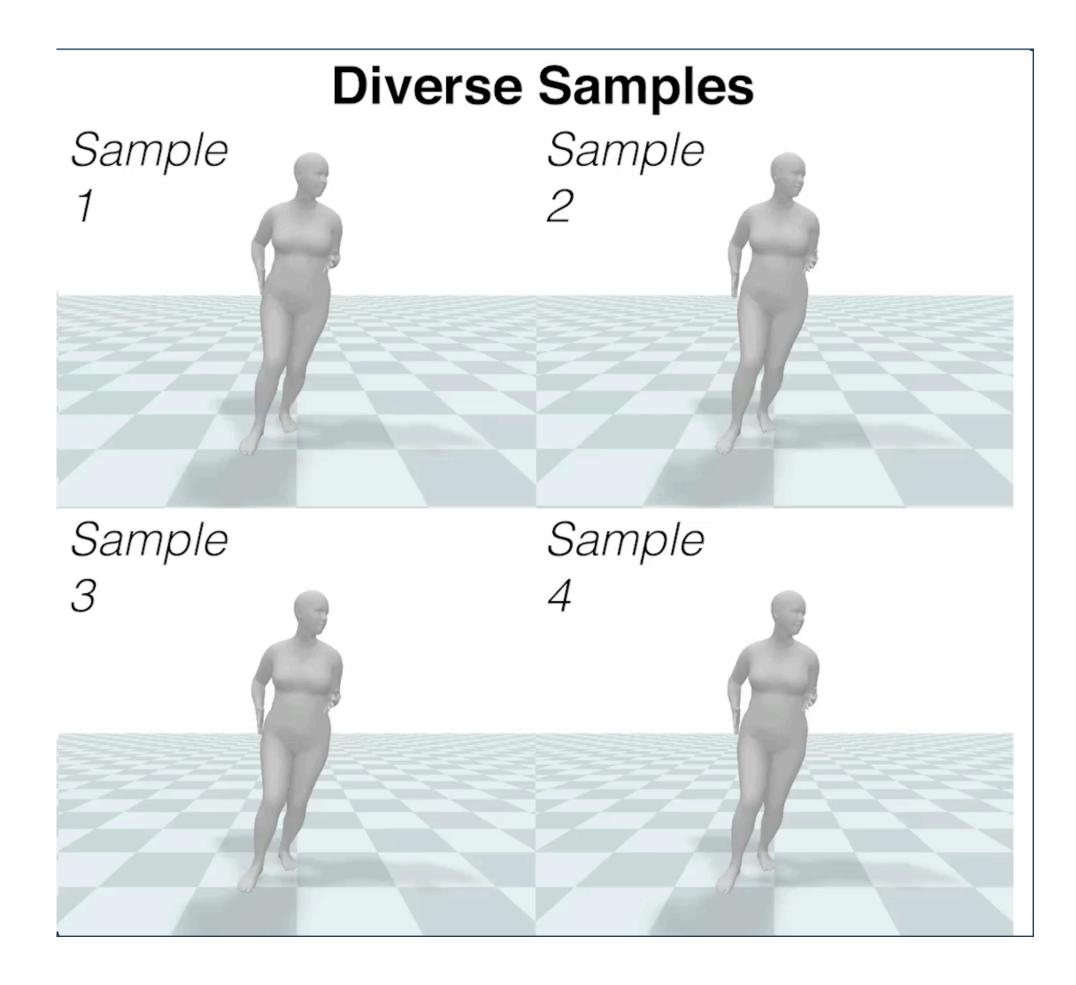




Rempe et al ICCV'21



## Same Input, Diverse Output





Rempe et al ICCV'21



## Yes, but does not respond to physical events

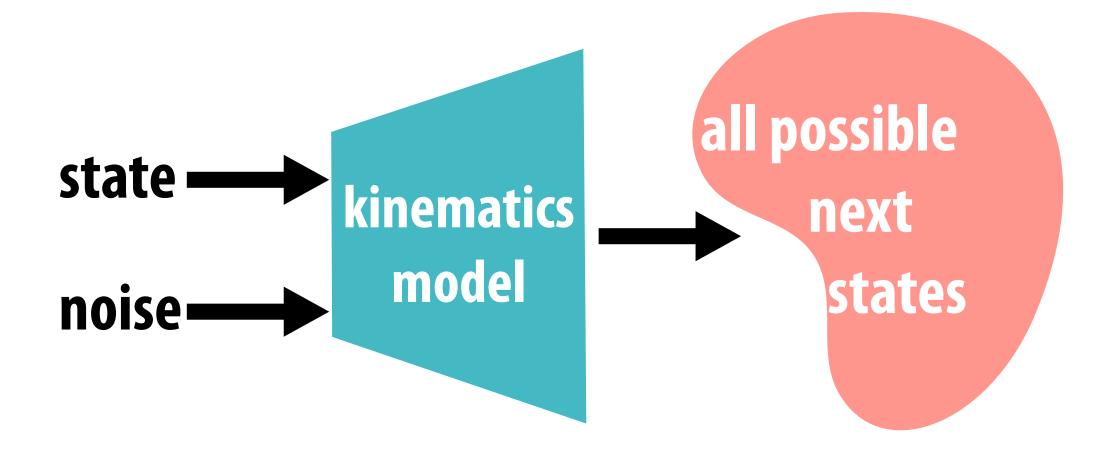
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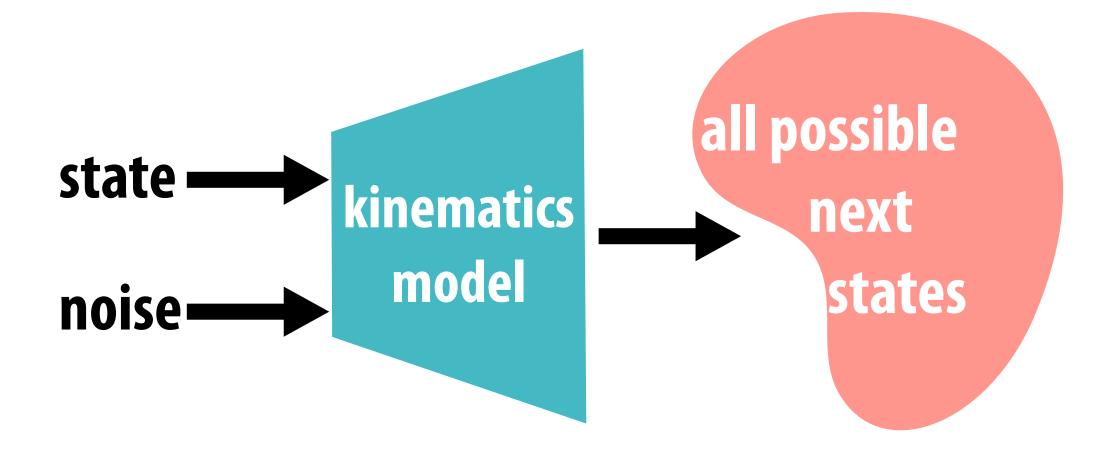
## Challenges

#### 1. Formulation does not consider physics



# Challenges

#### Formulation does not consider physics 1.



#### Physical responses data unsafe to capture 2.



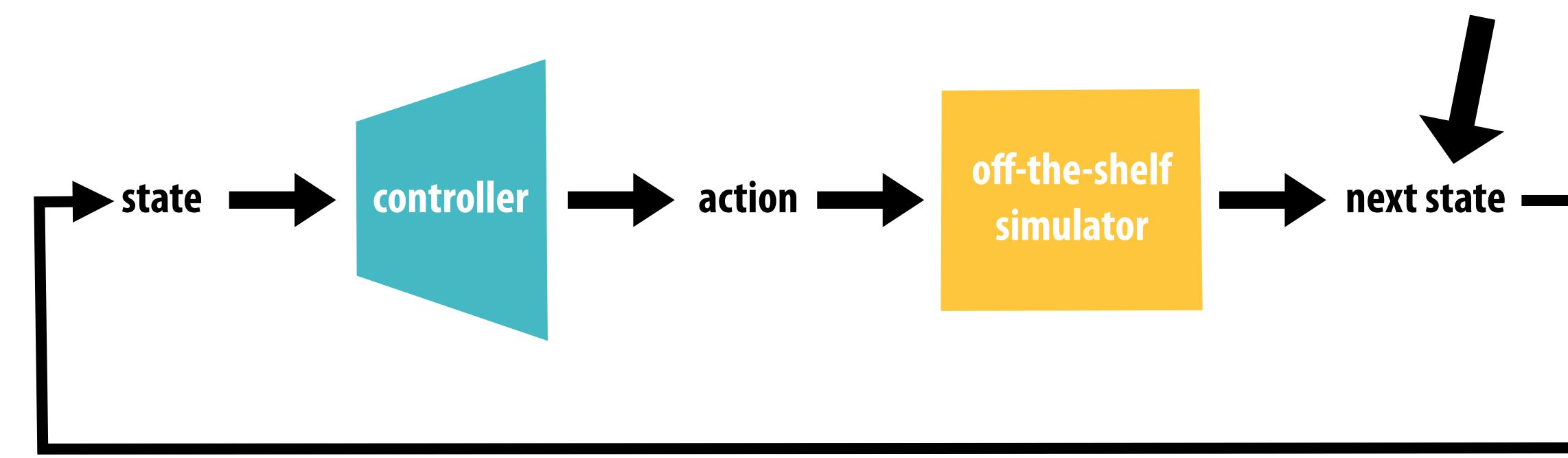
# Challenges

#### Formulation does not consider physics 1.



#### Physical responses data unsafe to capture 2.

#### Commonly, Off-the-shelf Simulation in Training Loop



#### **Reinforcement / Supervised Learning**

#### Commonly, Off-the-shelf Simulation in Training Loop

# Harder to scale up to diverse motor skills, compared with pure kinematics models

#### **Reinforcement / Supervised Learning**

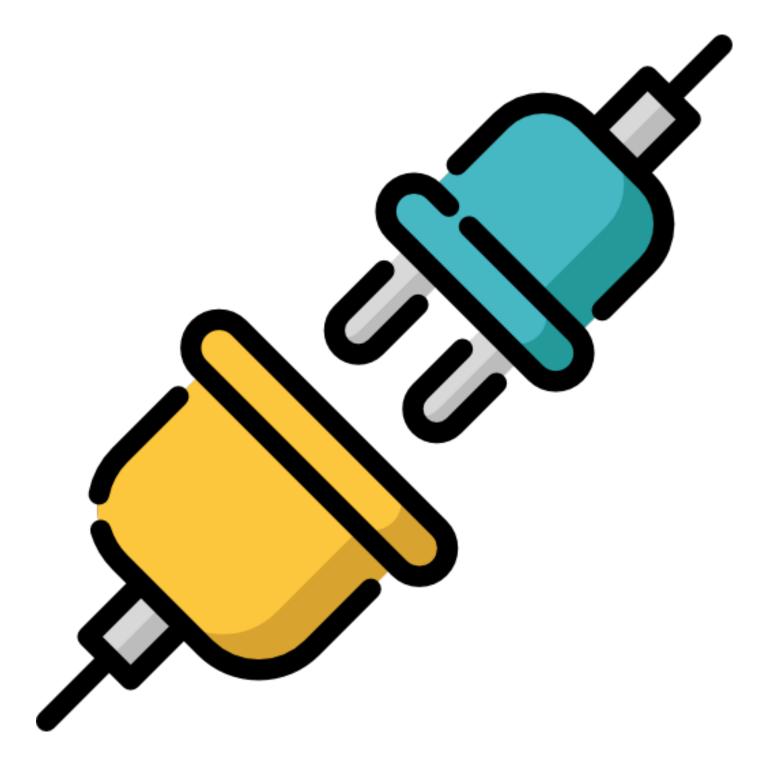
### Physics plugin so that no further training is needed?

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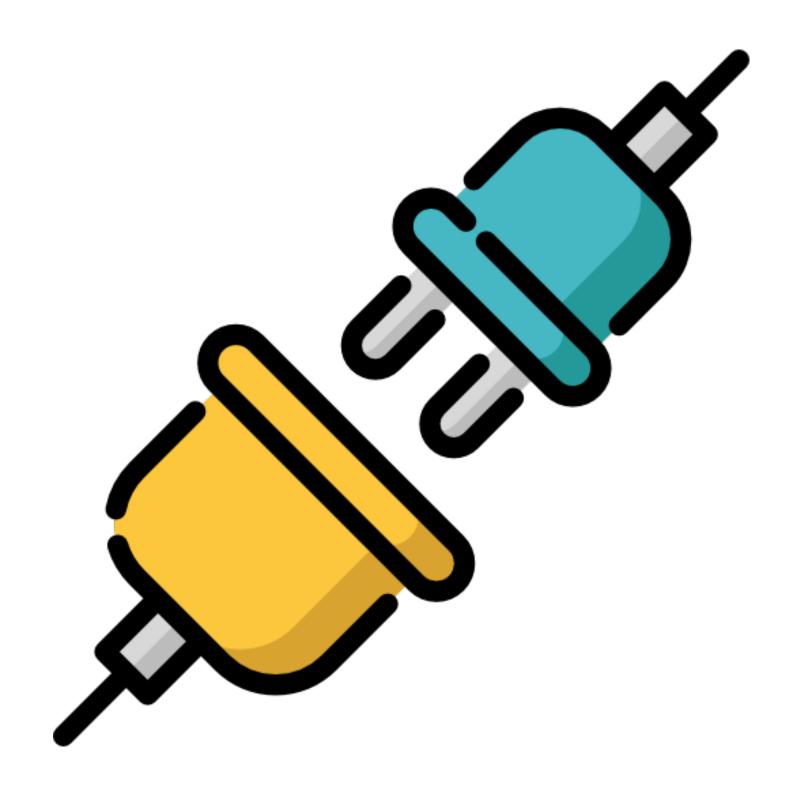
#### Pre-trained Kinematics Generative Model

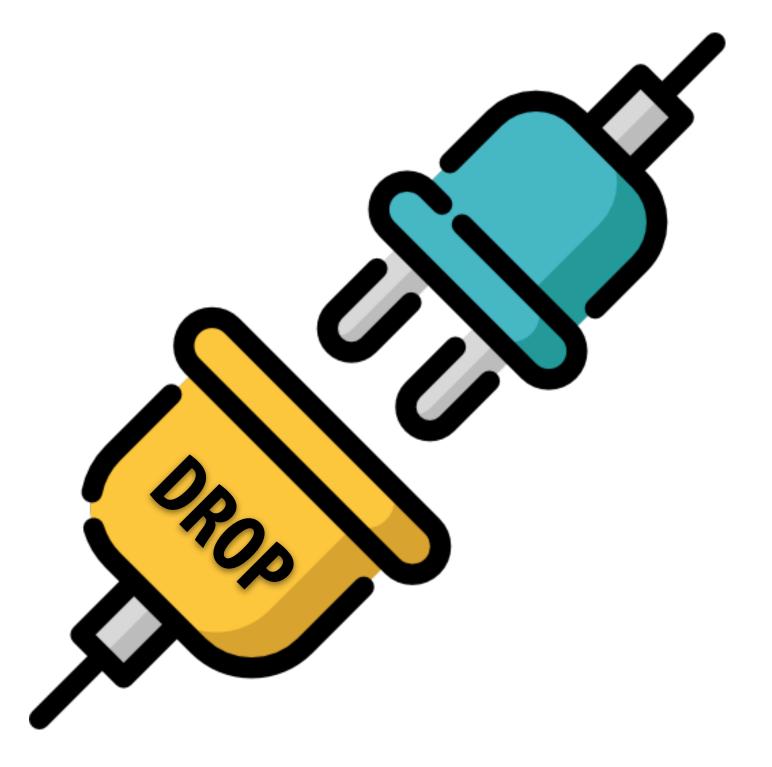


#### Physics plugin so that no further training is needed?



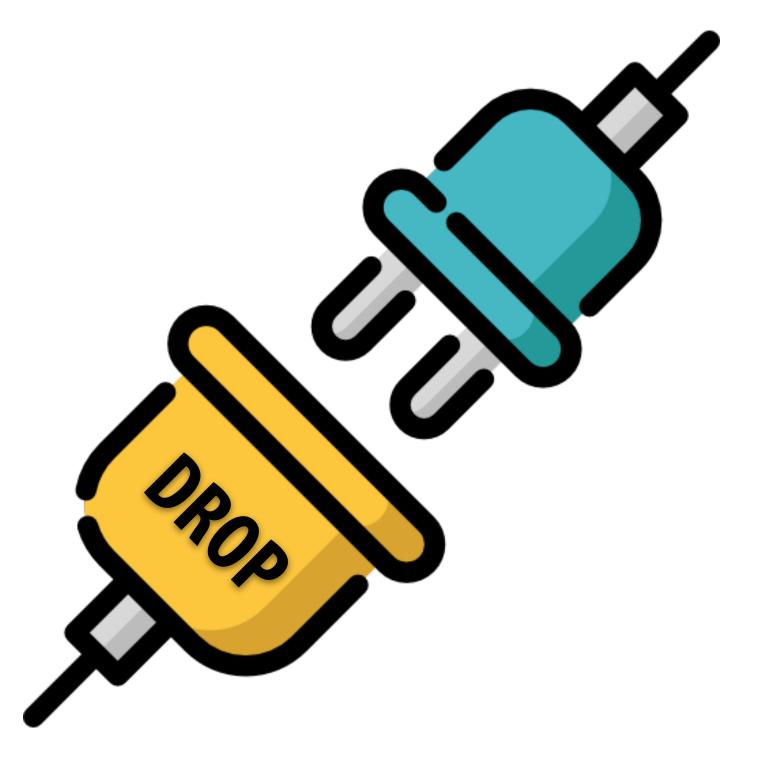
#### Pre-trained Kinematics Generative Model





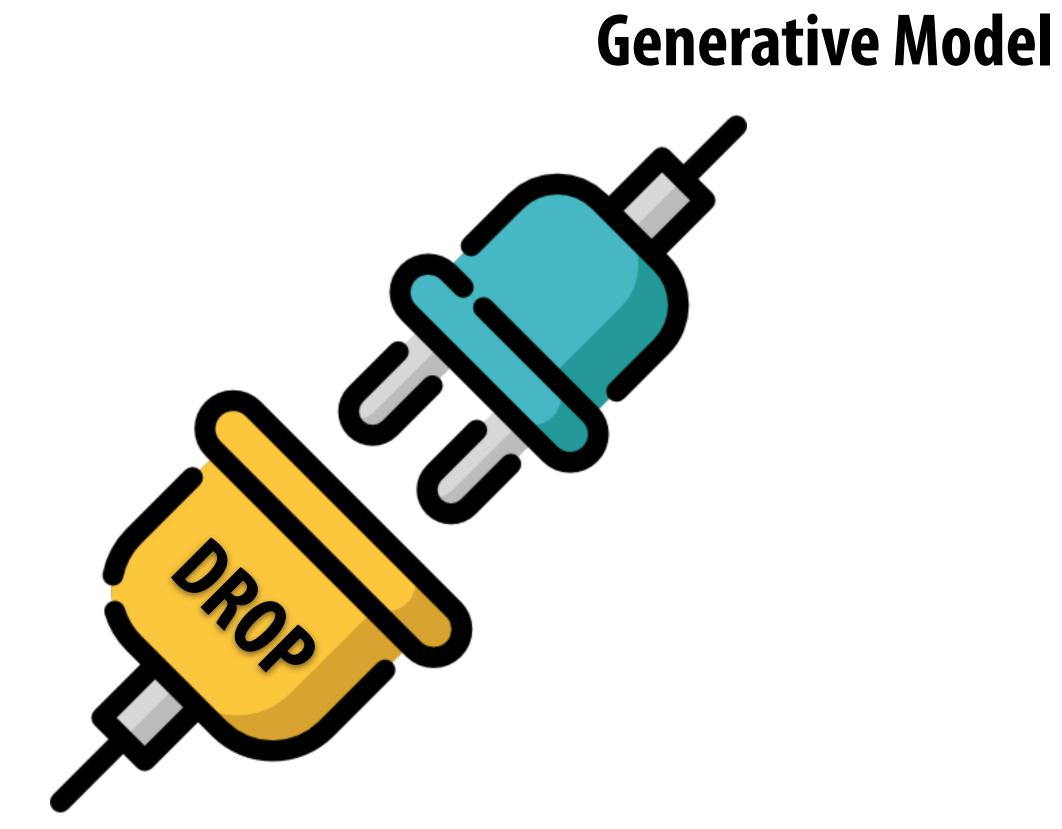
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#### **Pre-trained Generative Model**





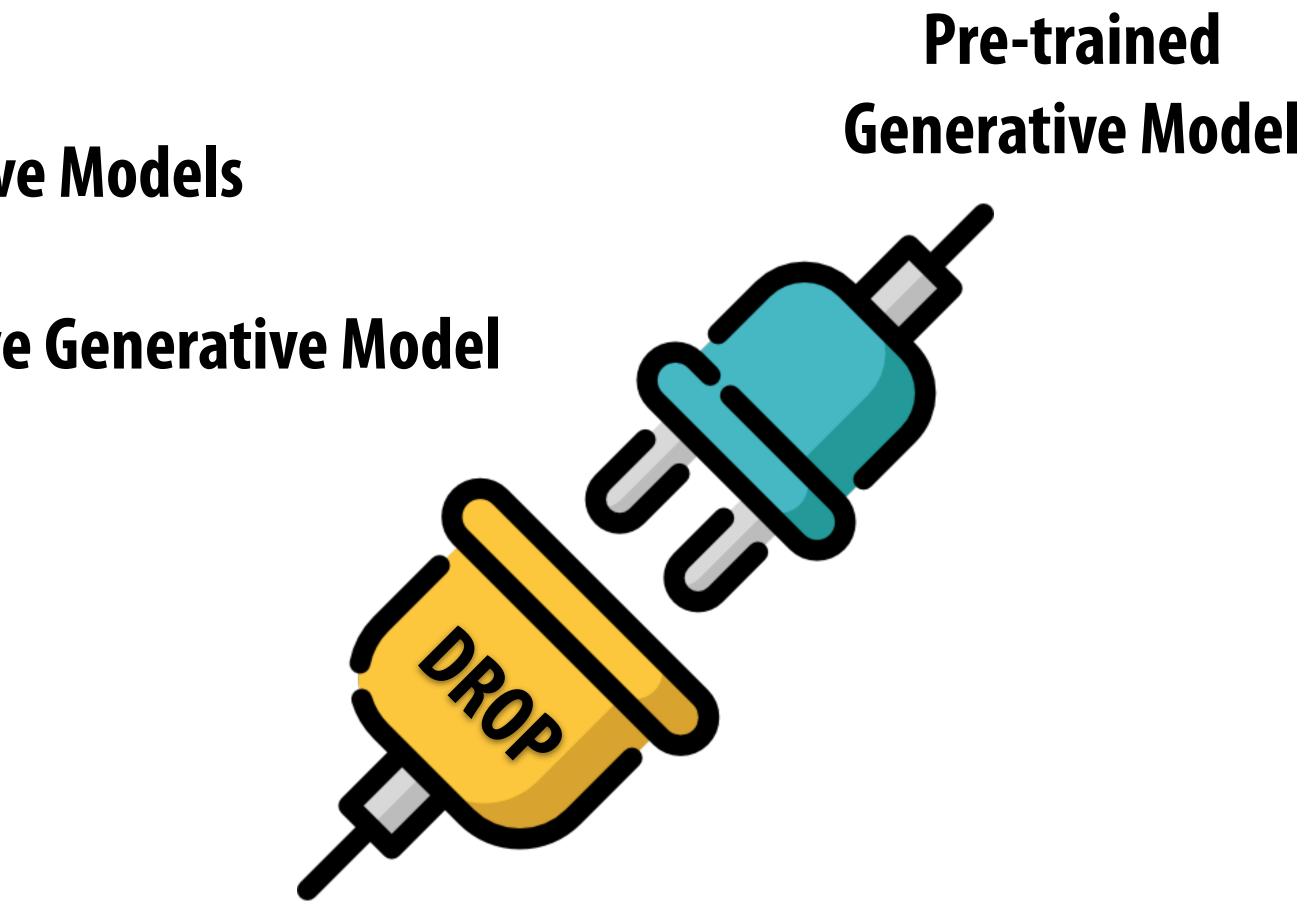
Minimal Sim designed to fit Generative Models





#### **Minimal Sim designed to fit Generative Models**

#### Plug in any pre-trained autoregressive Generative Model





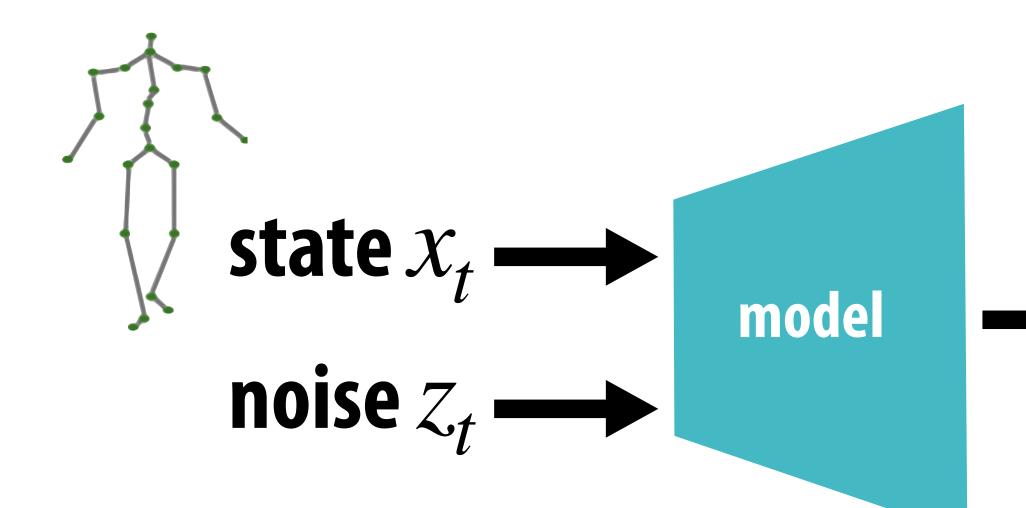
**Minimal Sim designed to fit Generative Models** 

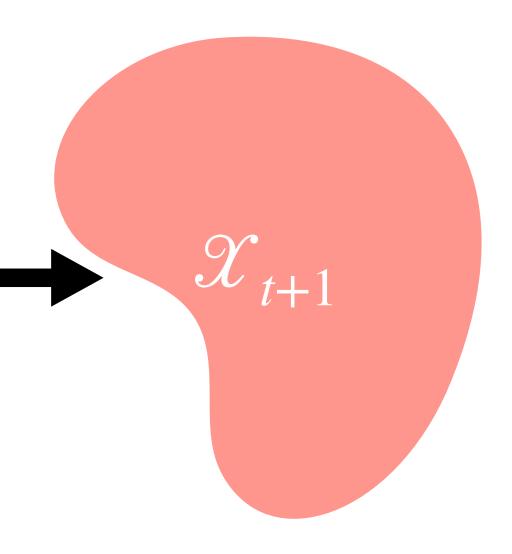
Plug in any pre-trained autoregressive Generative Model

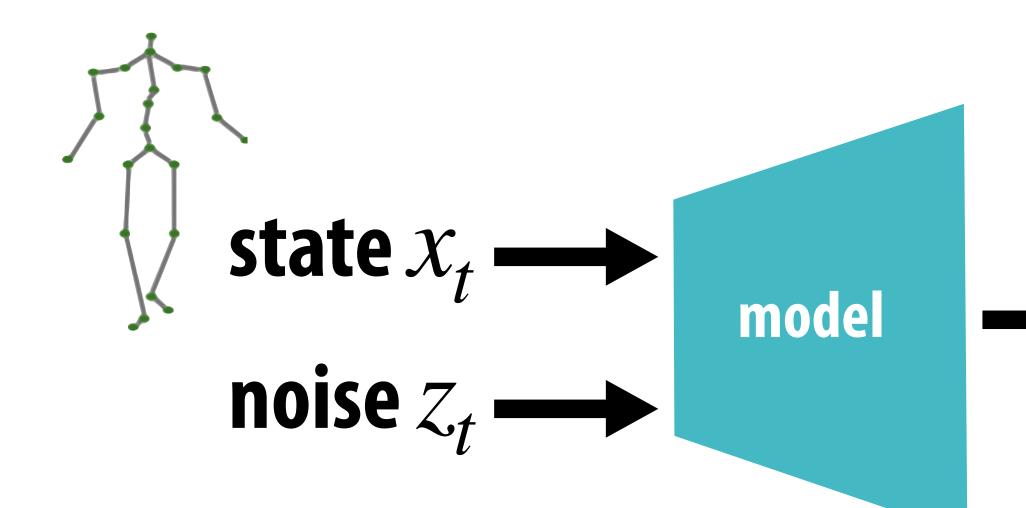
**Scalability fully inherited from Generative Model** 

# **Pre-trained Generative Model**

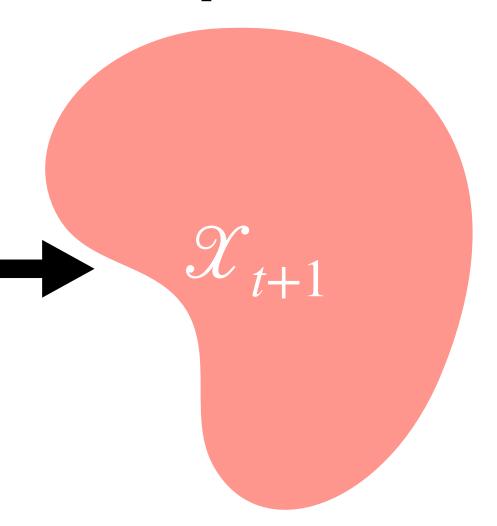


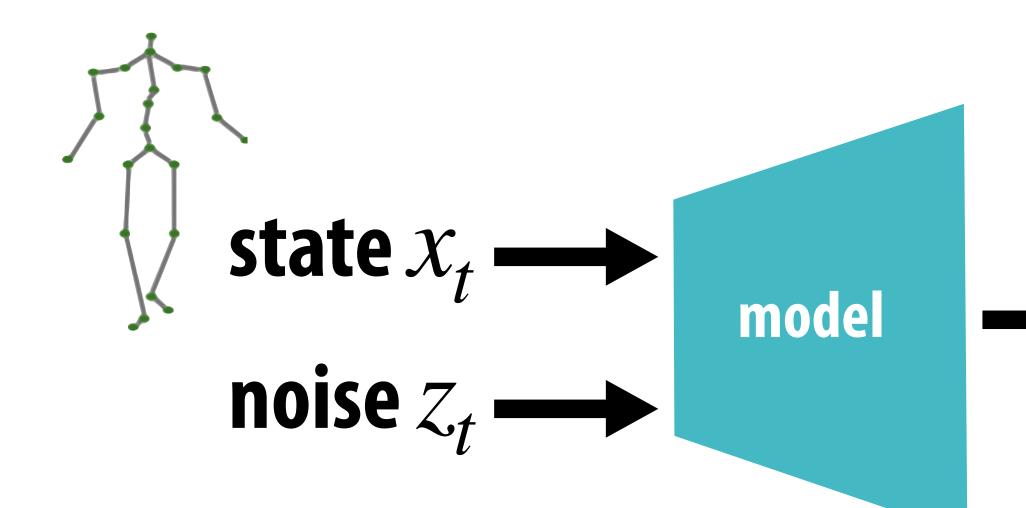




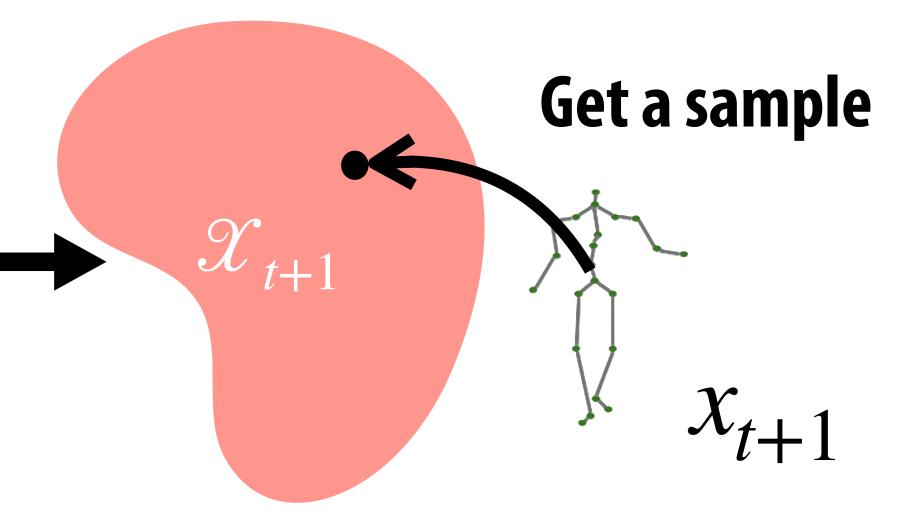


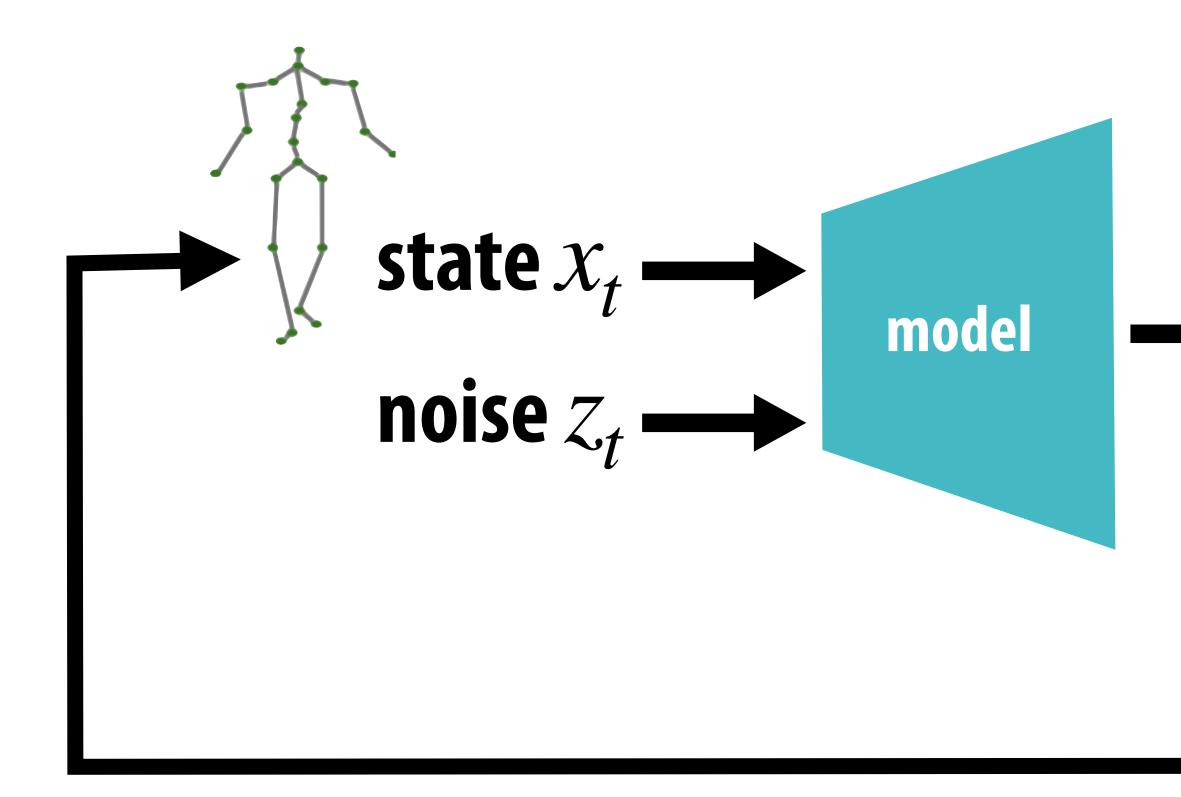
#### manifold of all possible next states



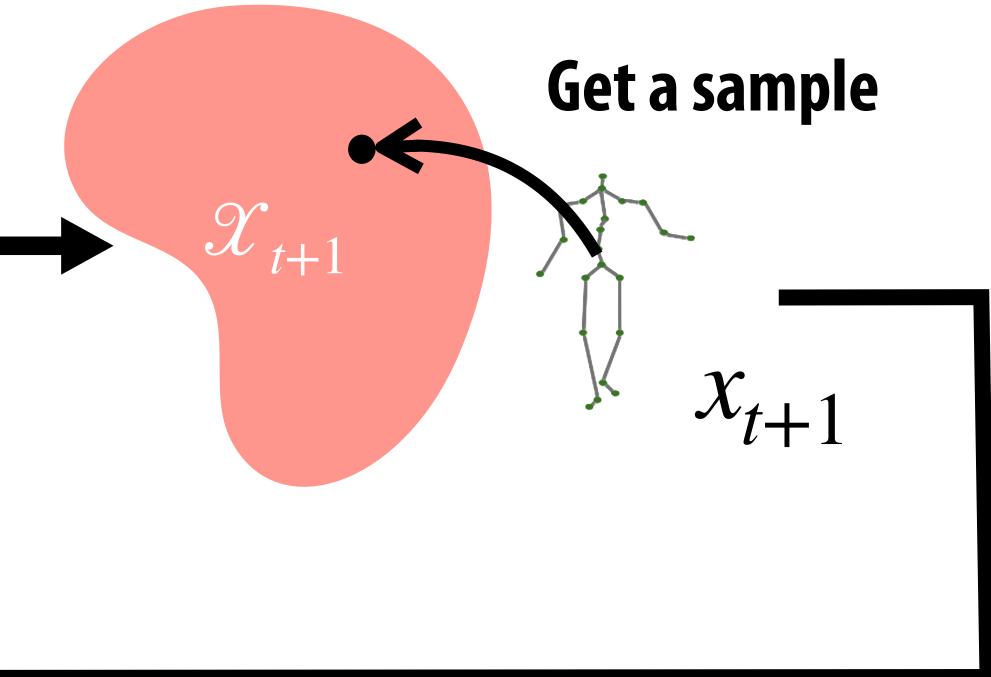


#### manifold of all possible next states

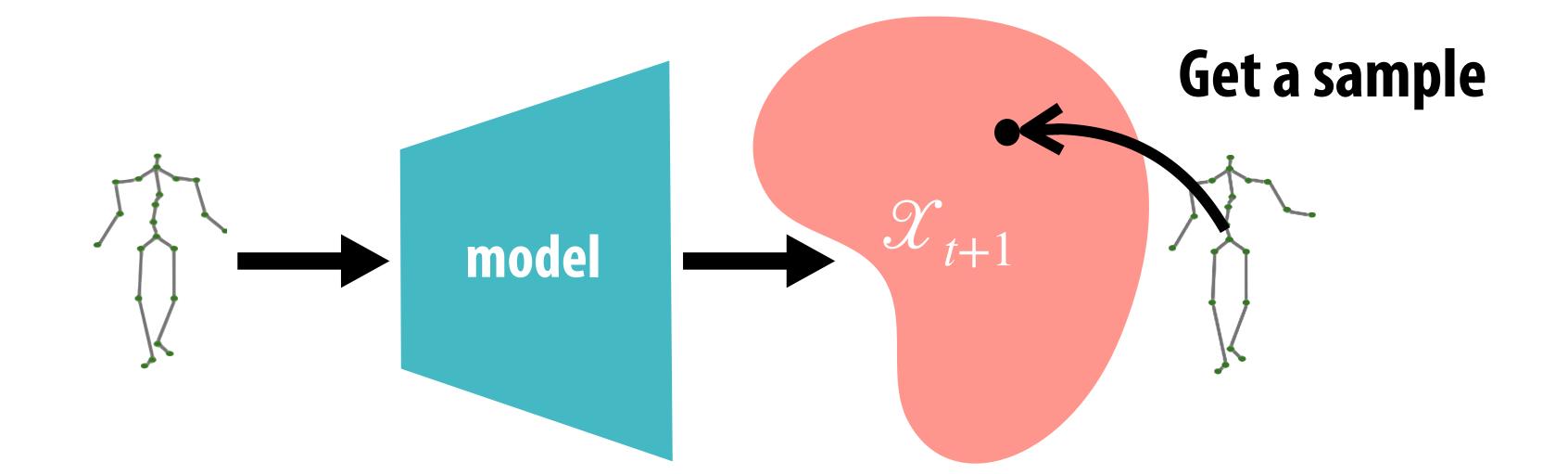




# manifold of all possible next states

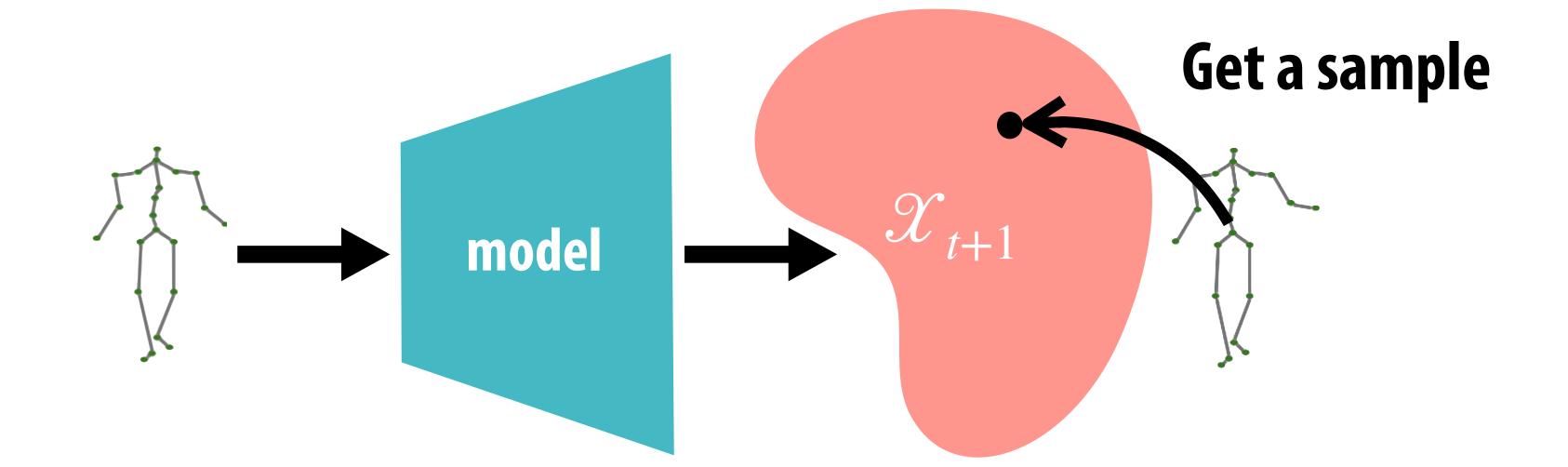


### Naively, Physics as Post-processing...

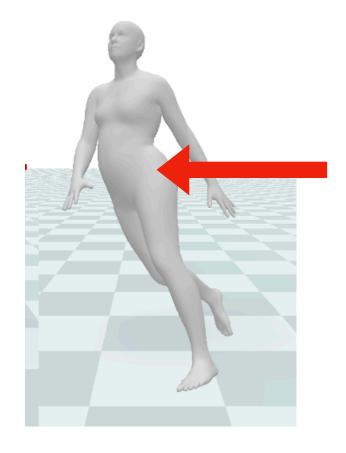




### Naively, Physics as Post-processing...

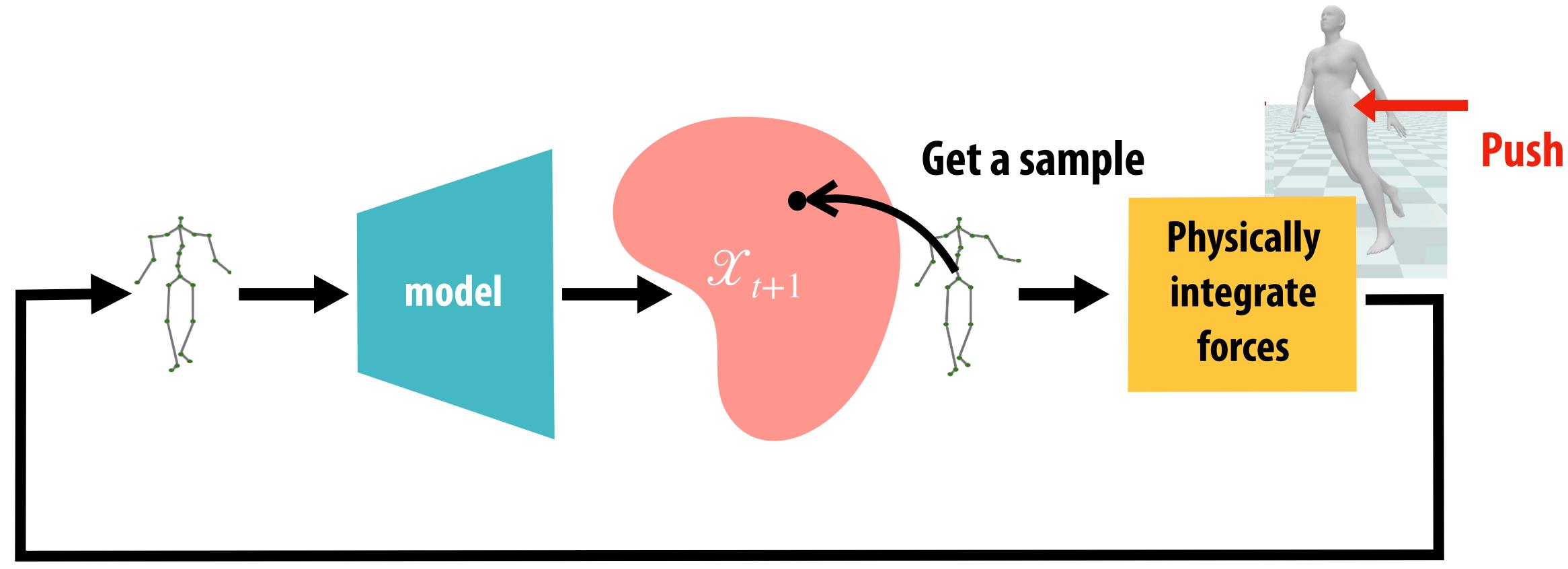








### Naively, Physics as Post-processing...





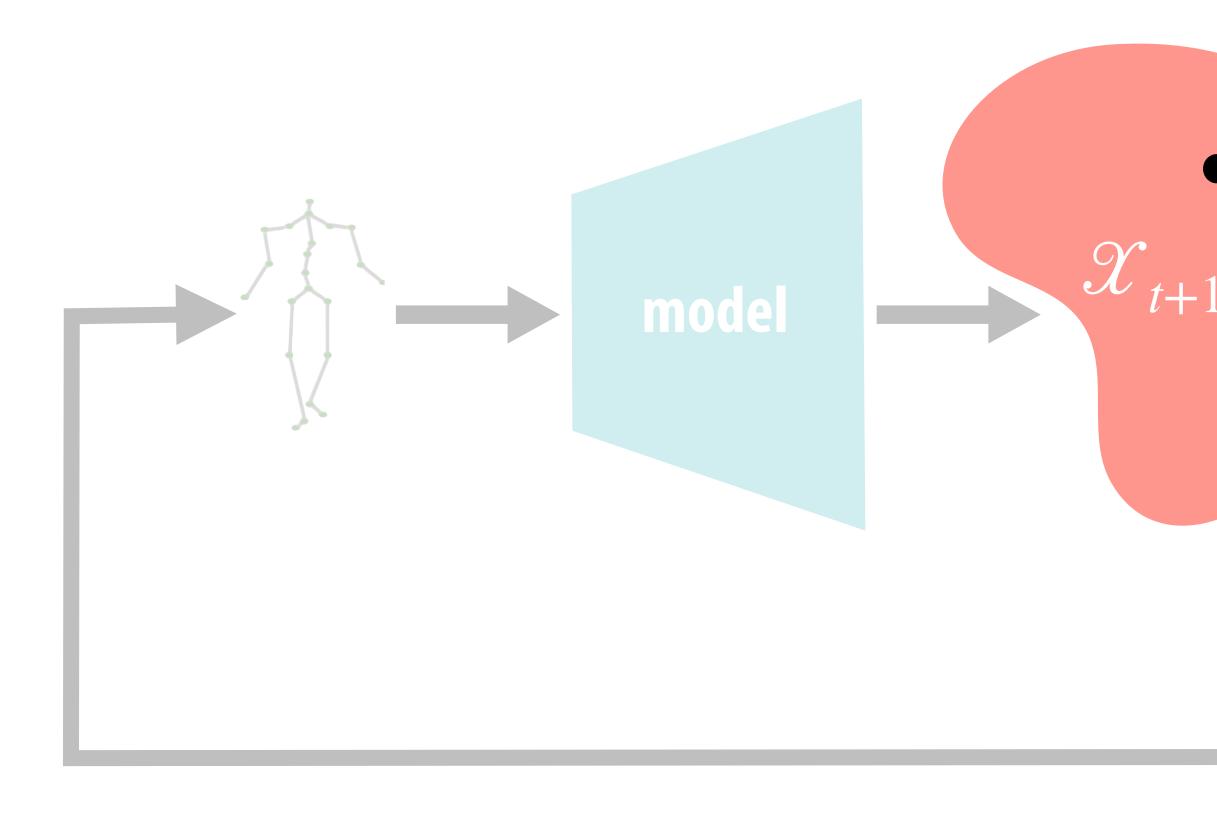
#### Can Lead to Model Drifting Out of Distribution



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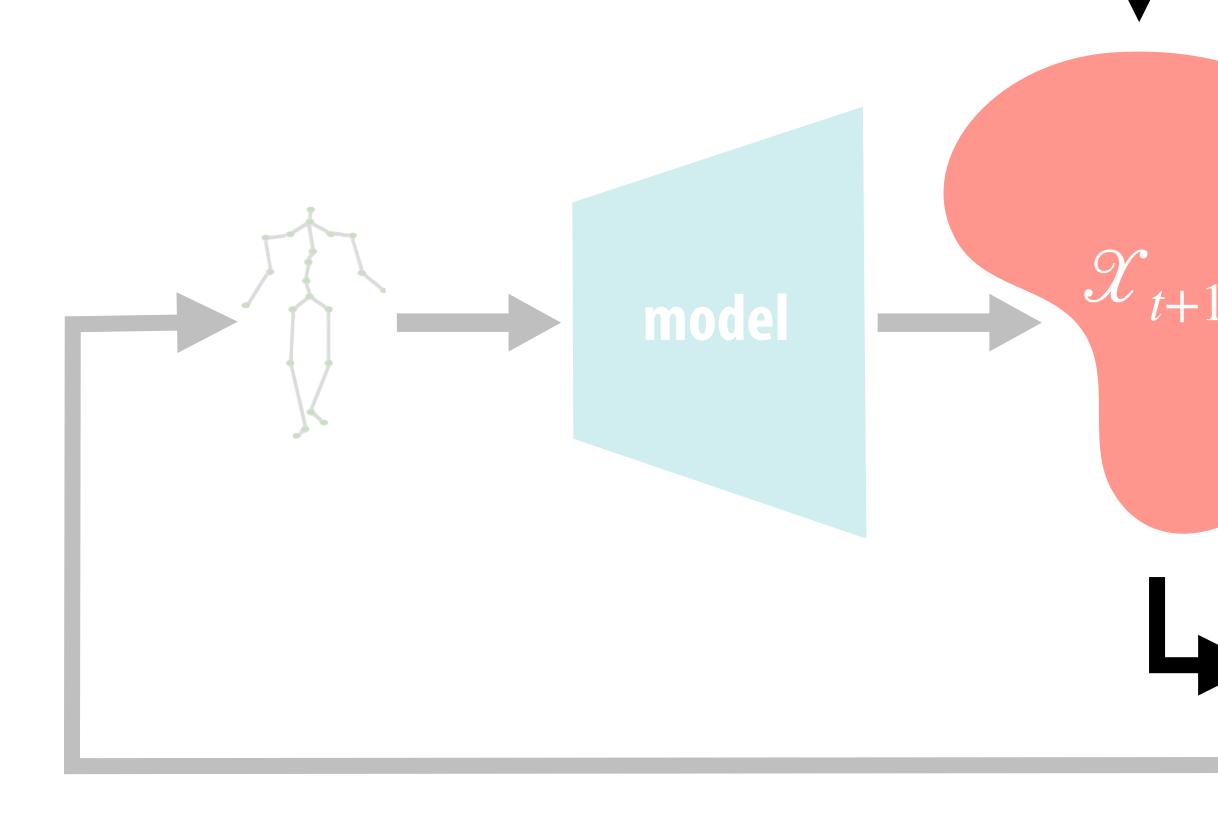
#### Instead of Isolated Sampling and Physics Post-processing



#### Get a sample

#### Physically integrate forces

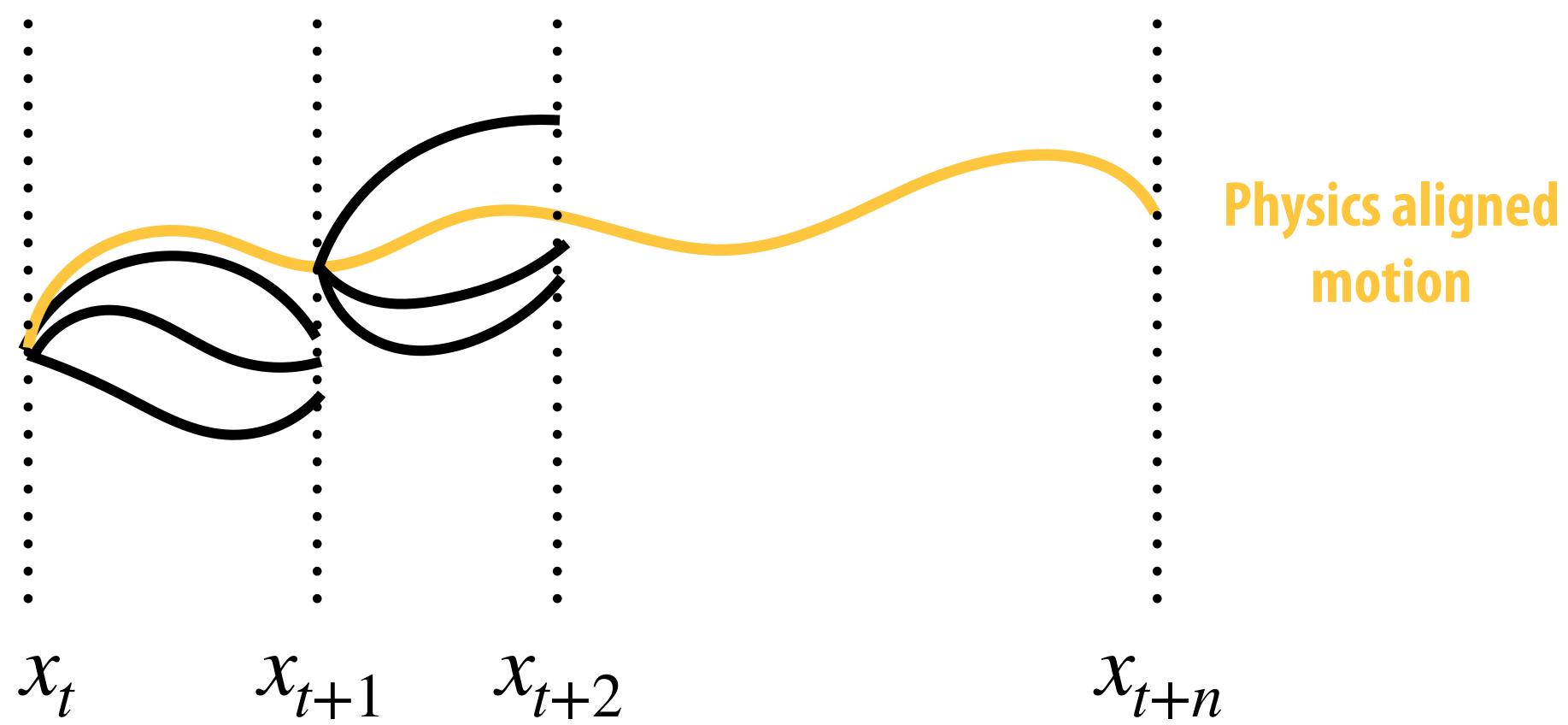
#### **Manifold-aware Simulation**



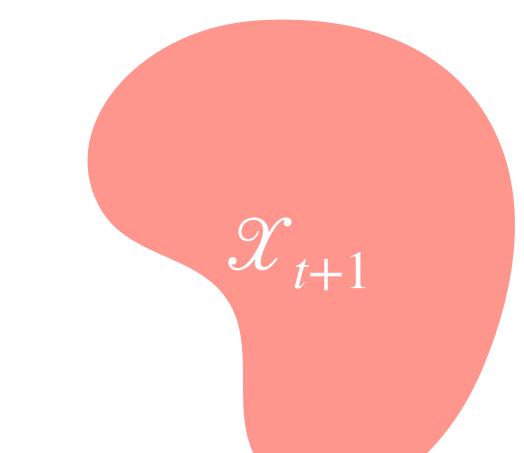


# **Physics-aware** sampling Simulation Stay close to $\mathcal{X}_{t+1}$ when solving physics

#### Intuitively, Need to "Align" Model Generation to Physics











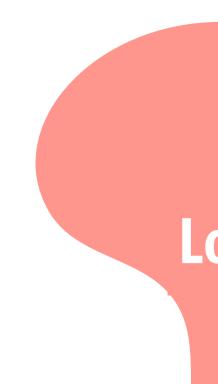
High Energy



High Energy

 $\mathbf{f} = -\nabla E$ 

#### Akin to a control force from Generative Model



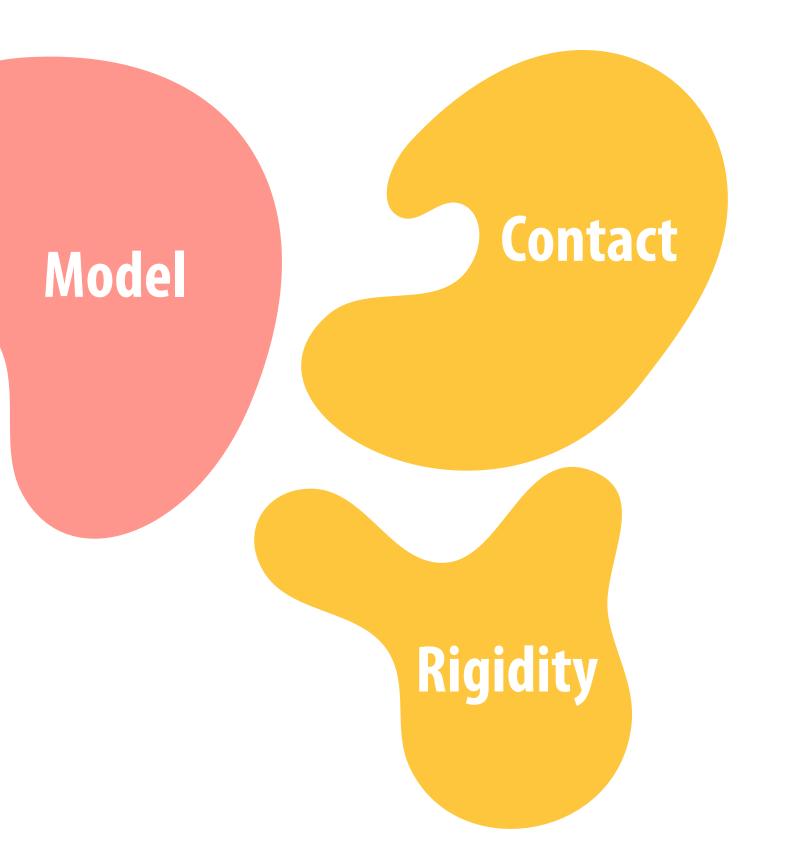
High Energy

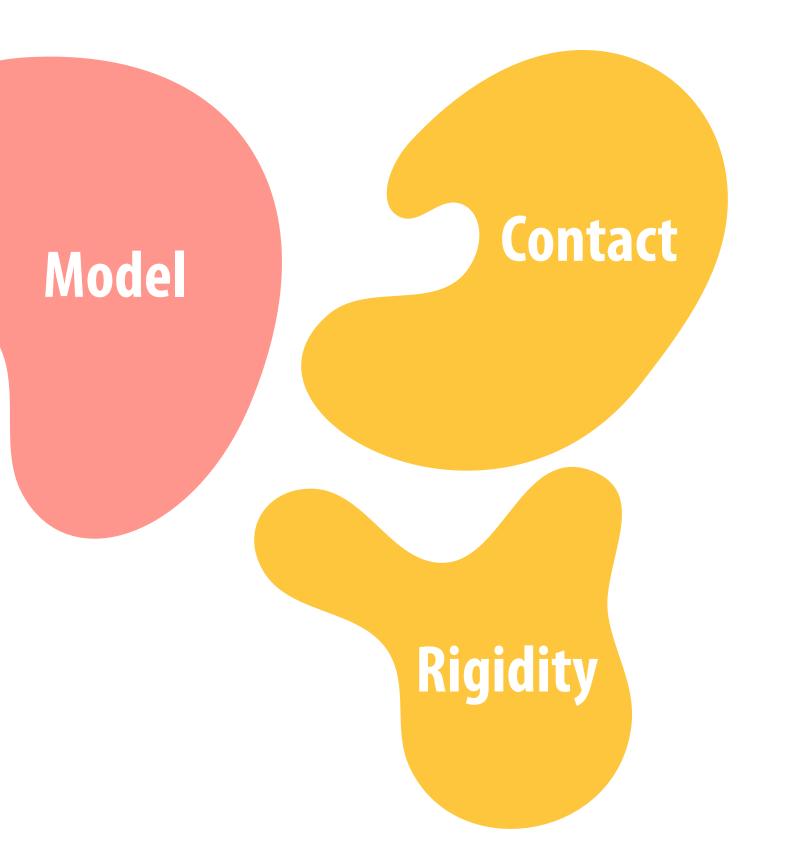
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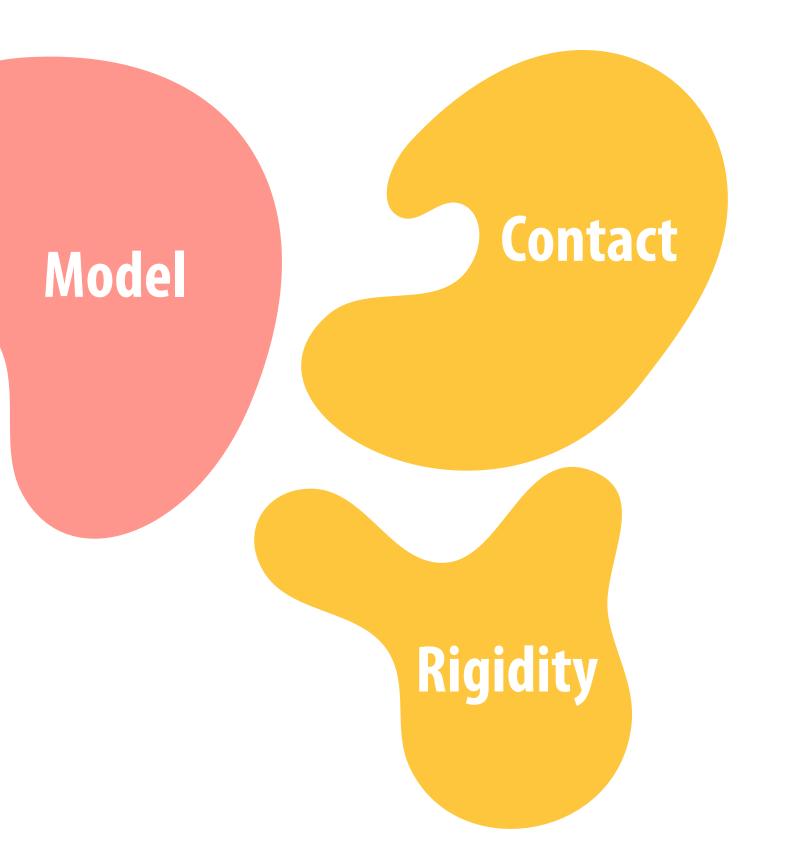
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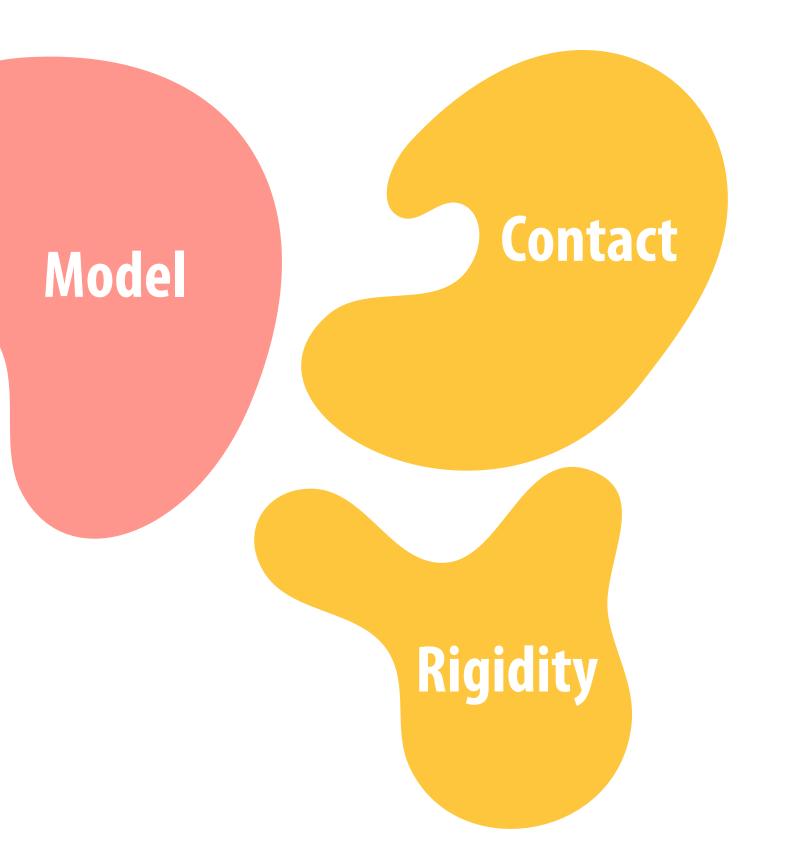
High Energy  $f = -\nabla E$ Low Energy







See paper all energy terms



### **Projective Dynamics for Simulation [Bouaziz 14]**

#### **Optimization-based (Variational) Integration:**

Generative Model Physical alignment **Implicit Euler integration** 



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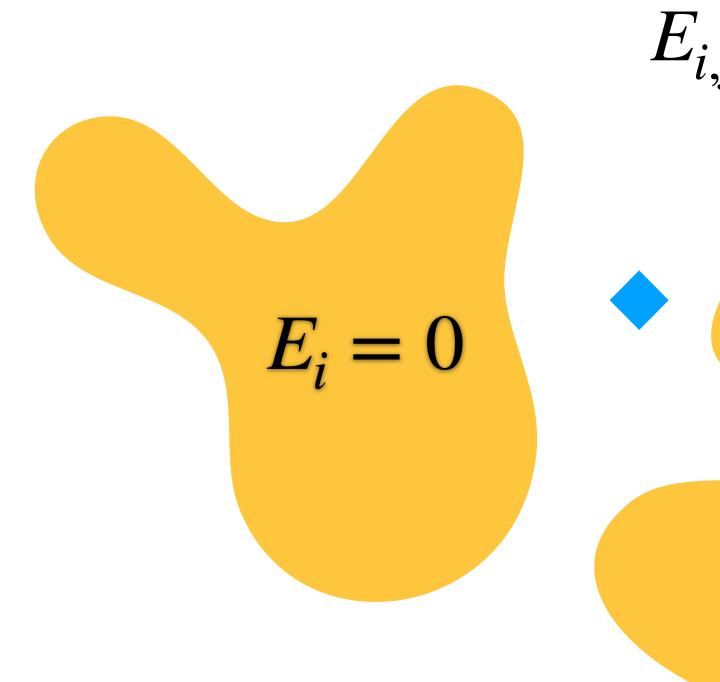
## **Projective Dynamics for Simulation [Bouaziz 14]**

### **Optimization-based (Variational) Integration:**

Generative Model Physical alignment **Implicit Euler integration** 



# **Projective Dynamics (PD) Naturally Support Manifolds**



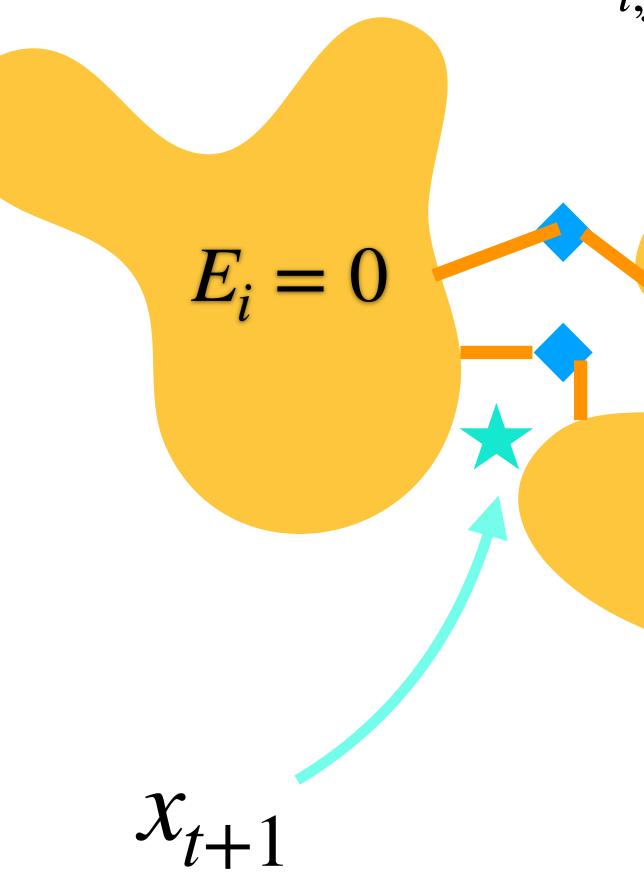
 $E_{i,j} > 0$ 

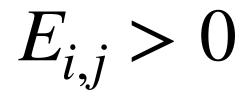
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# **Projective Dynamics (PD) Naturally Support Manifolds**



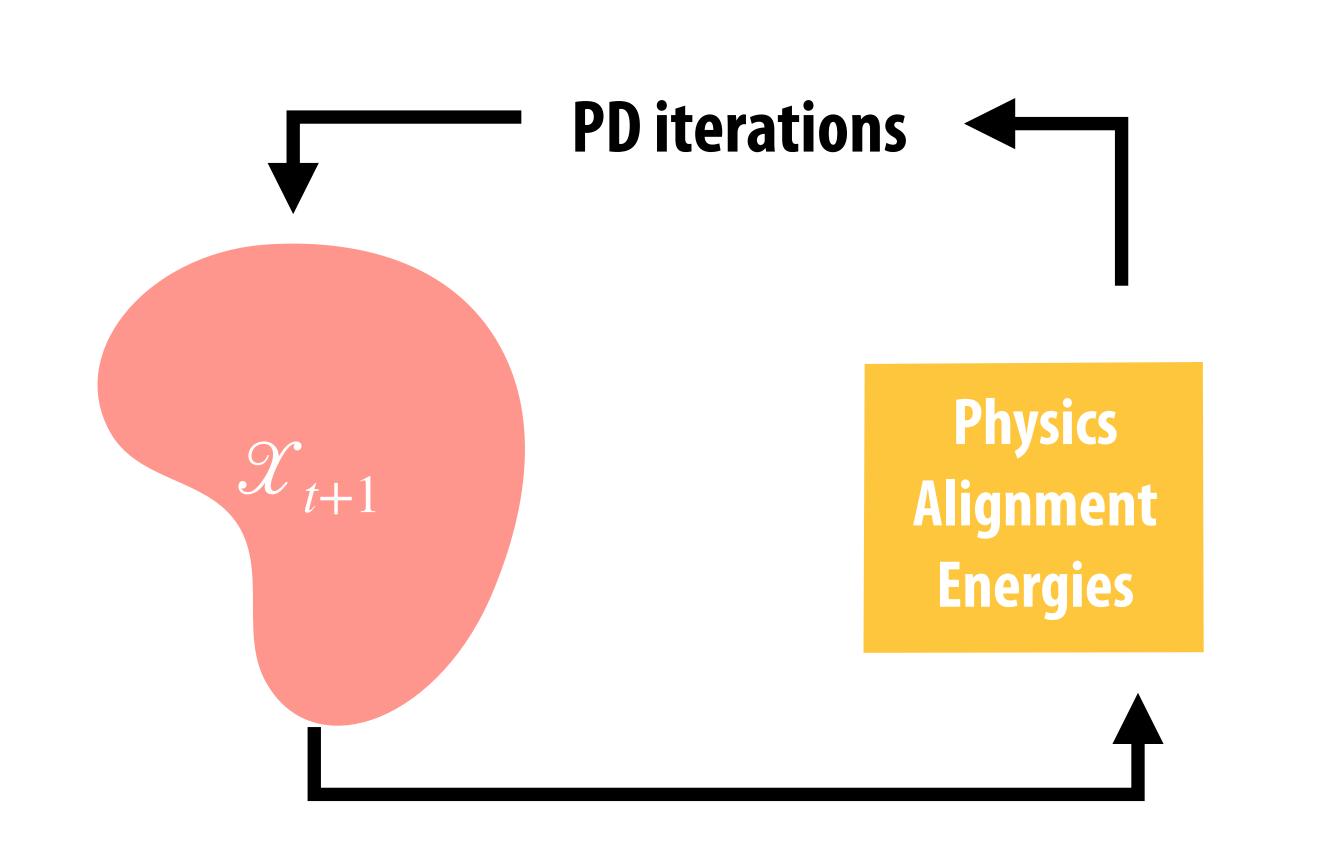


 $E_{j} \equiv 0$ 

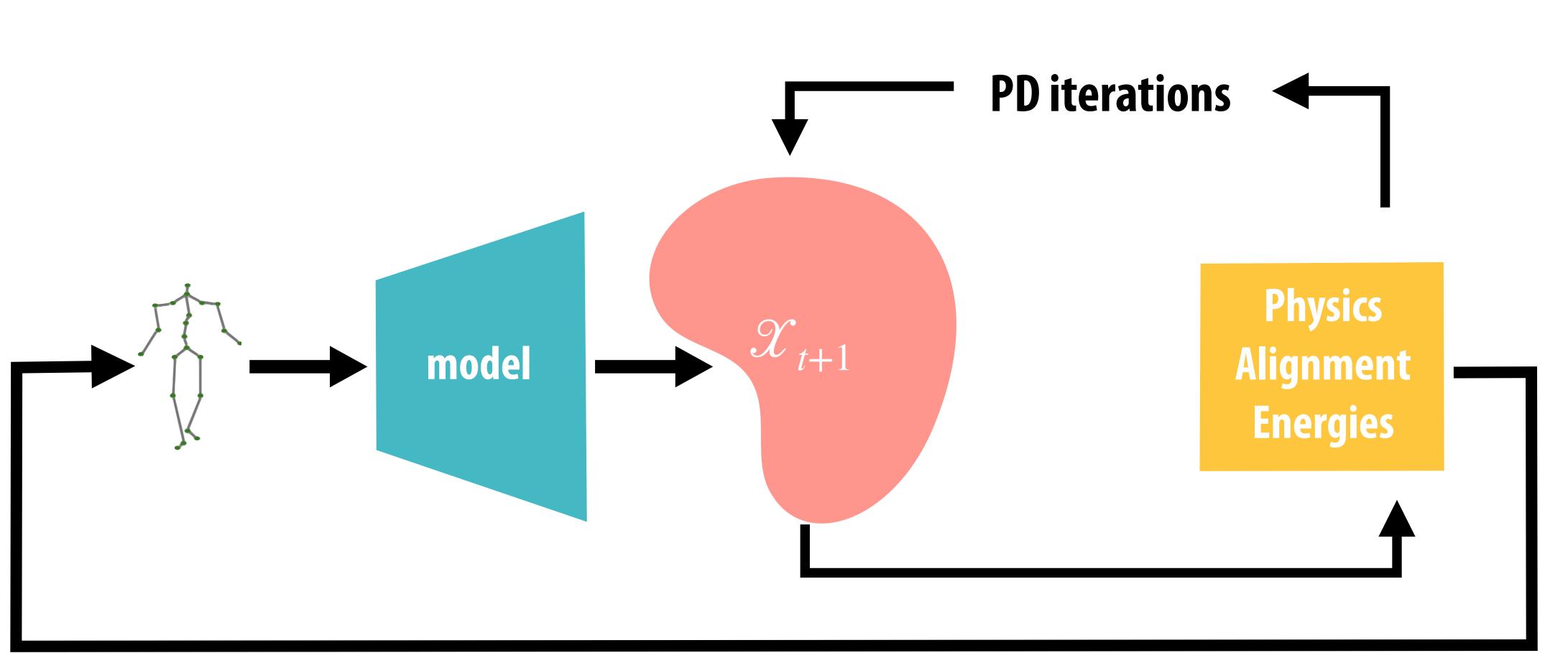




# Putting Things Together



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#### **Generative Model:** HuMoR (ICCV'21) — trained on ~40h AMASS motion data

- Other models should work as well



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Focus on showcasing dynamic responses

- That is, all demos are stress testing the low-data cases



#### **Generative Model:**

- Other models should work as well

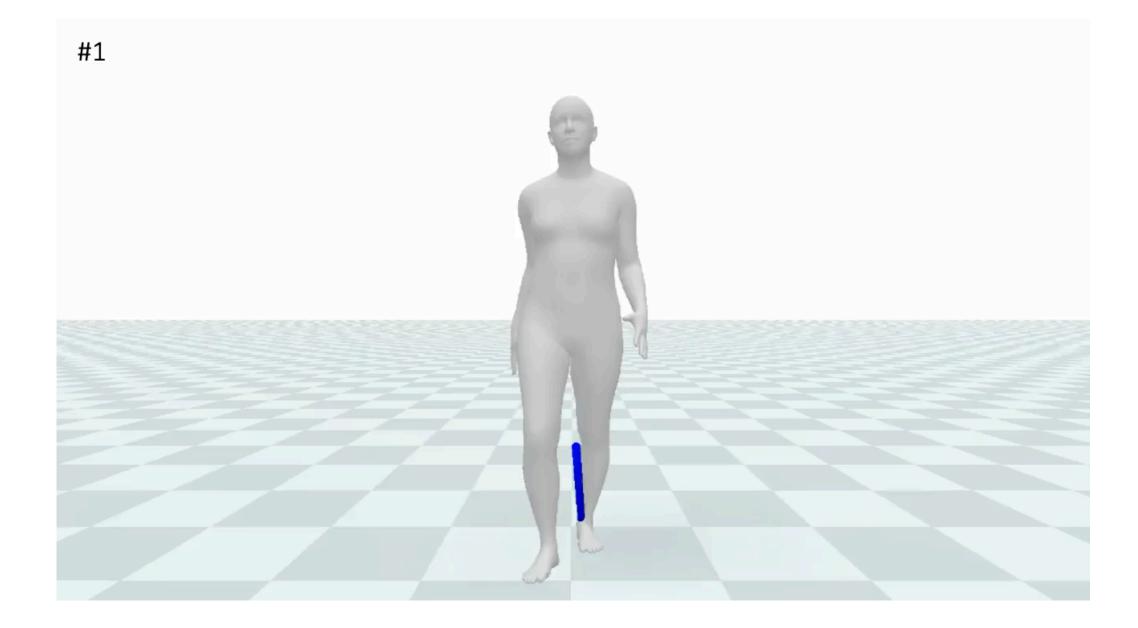
Focus on showcasing dynamic responses

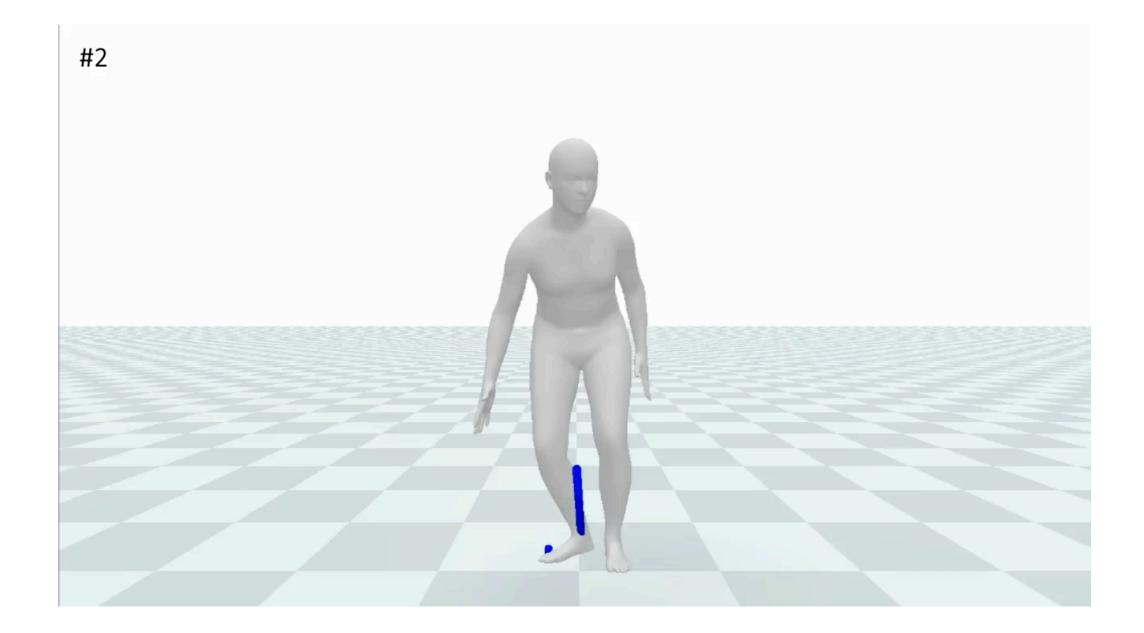
- That is, all demos are stress testing the low-data cases

All demos are stochastically created without high-level motion planning

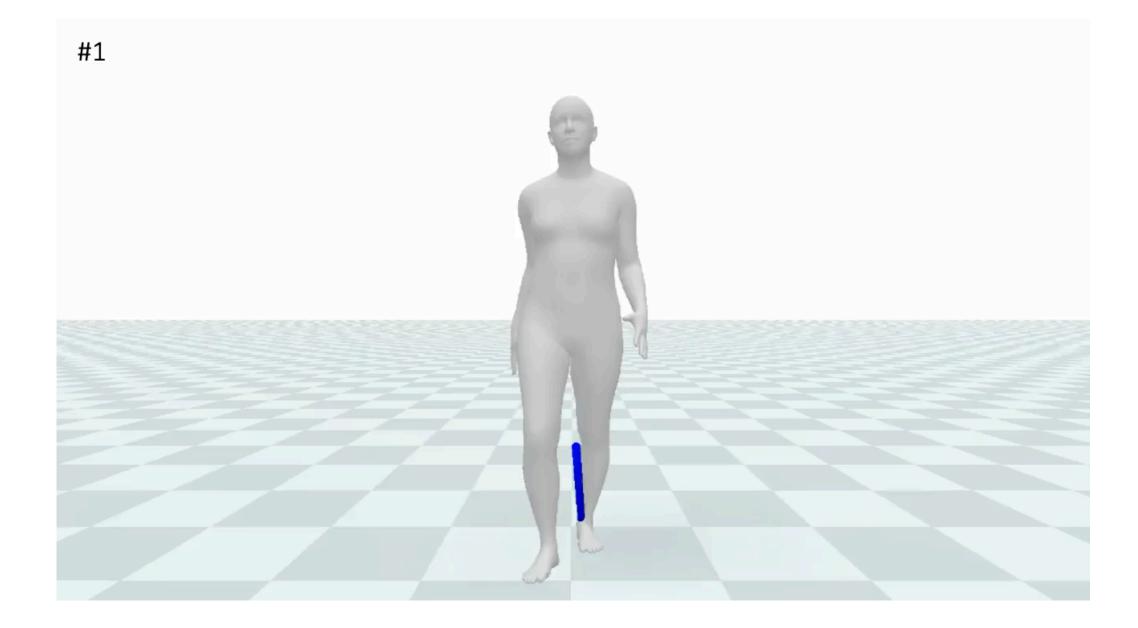
### HuMoR (ICCV'21) — trained on ~40h AMASS motion data

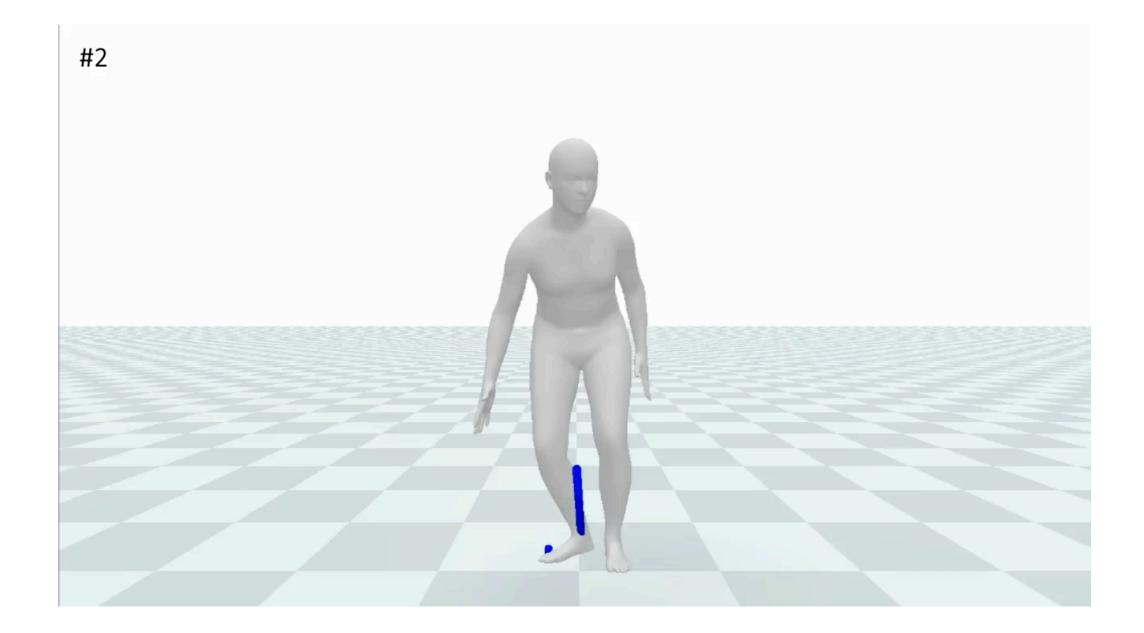
## **Being Thrown with Objects**



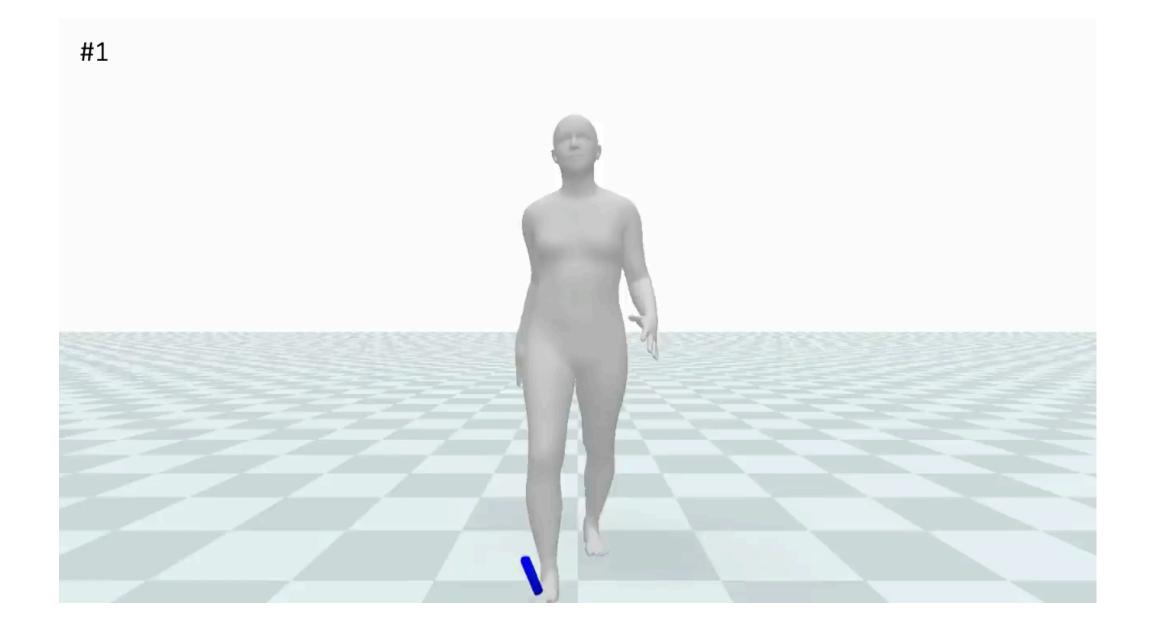


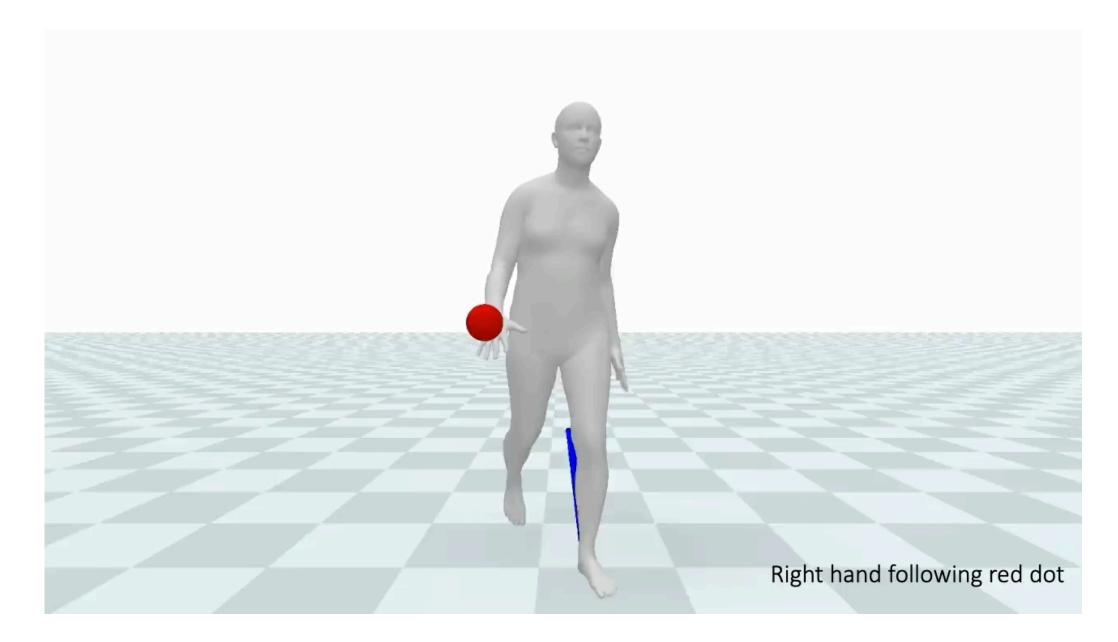
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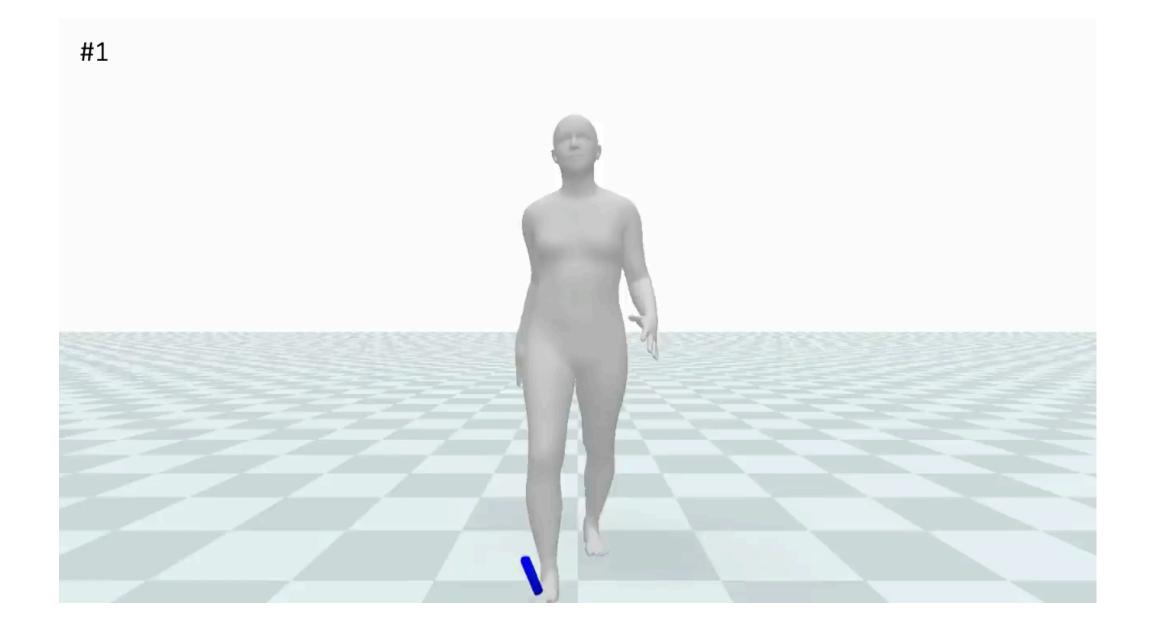


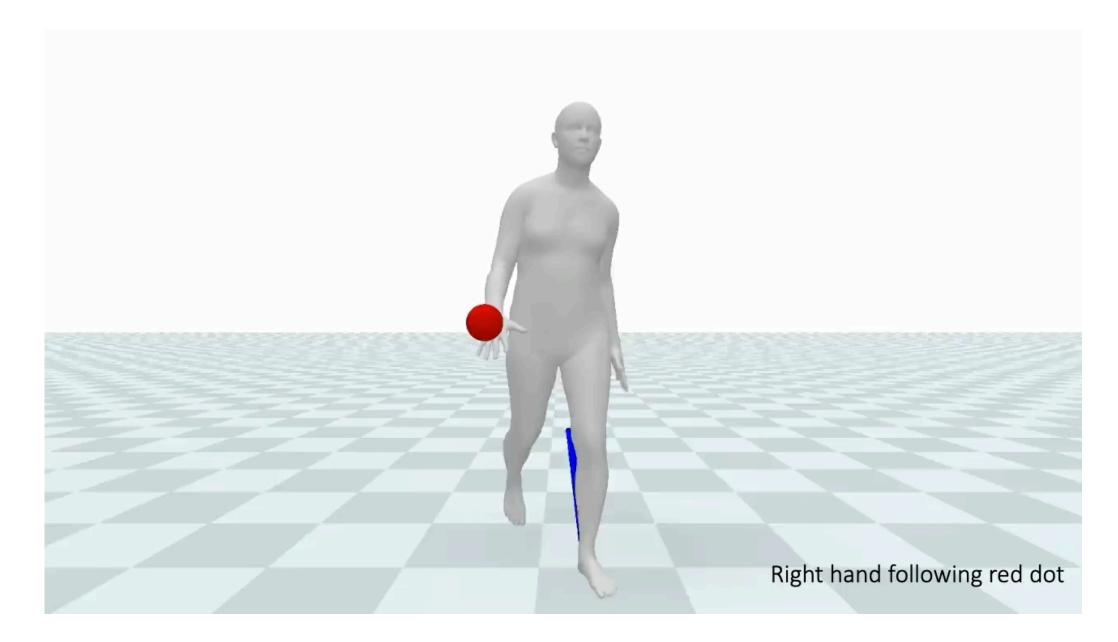
## Flexible Framework Enabling Diverse Downstream Tasks





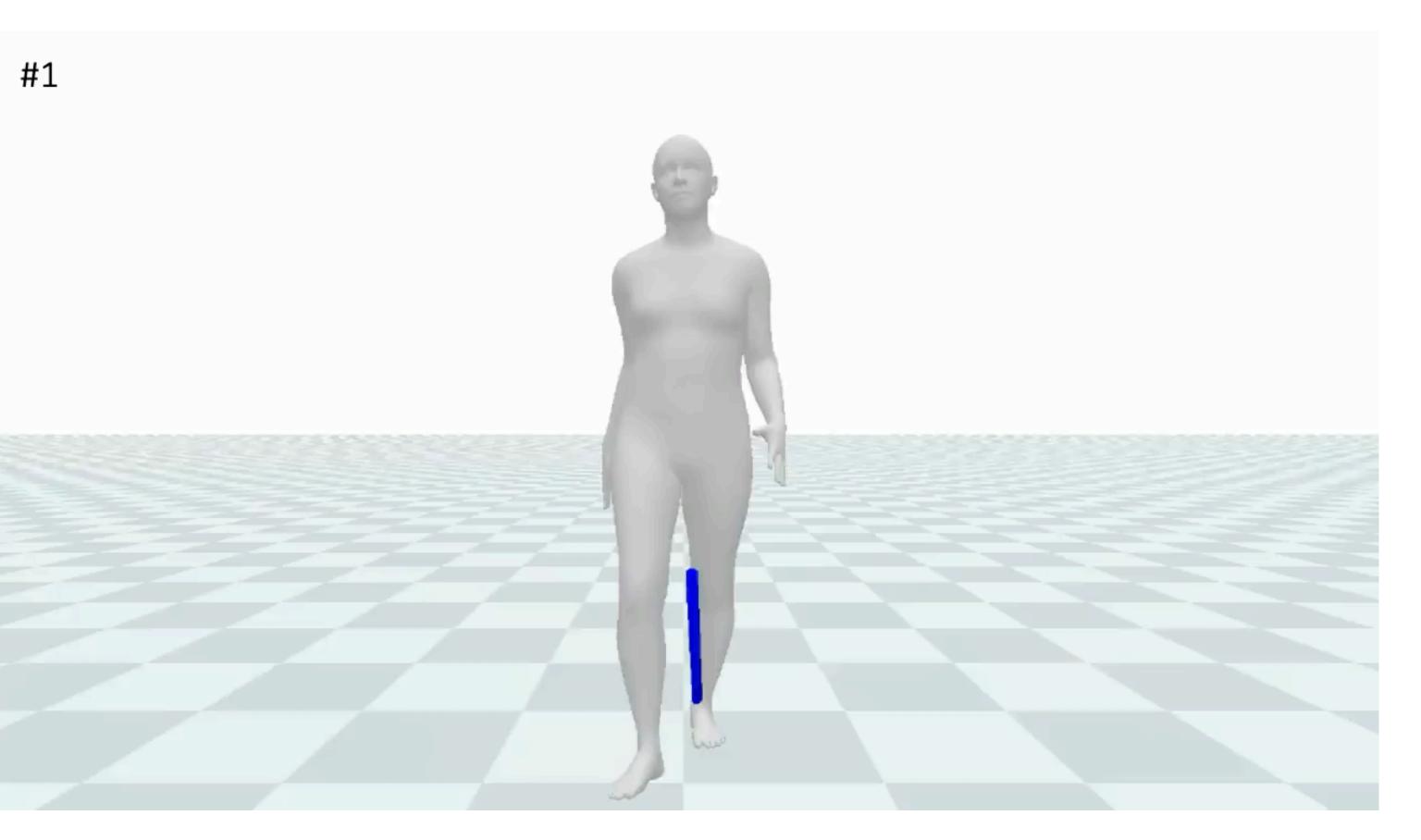
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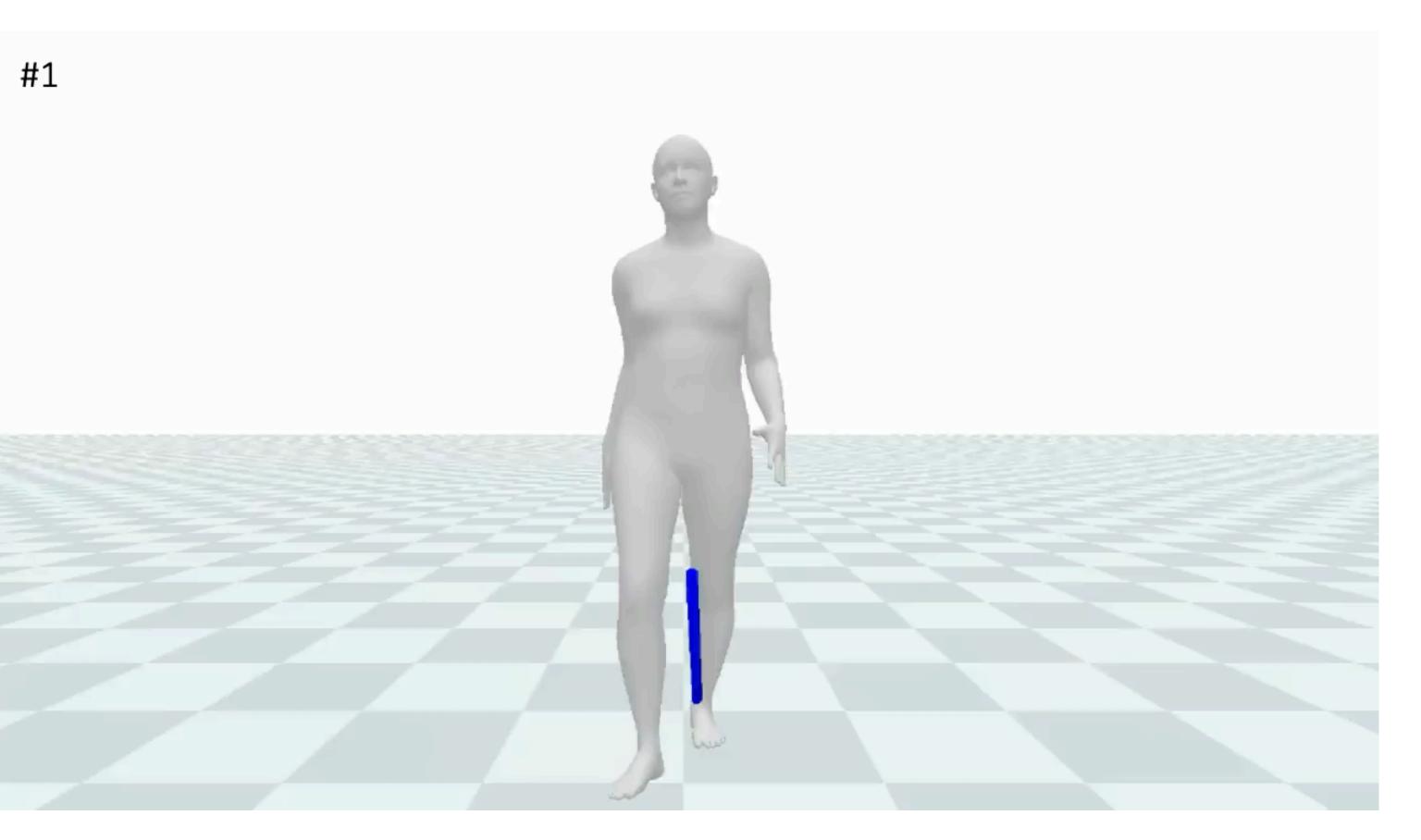
# **Emergent Behavior**

#1



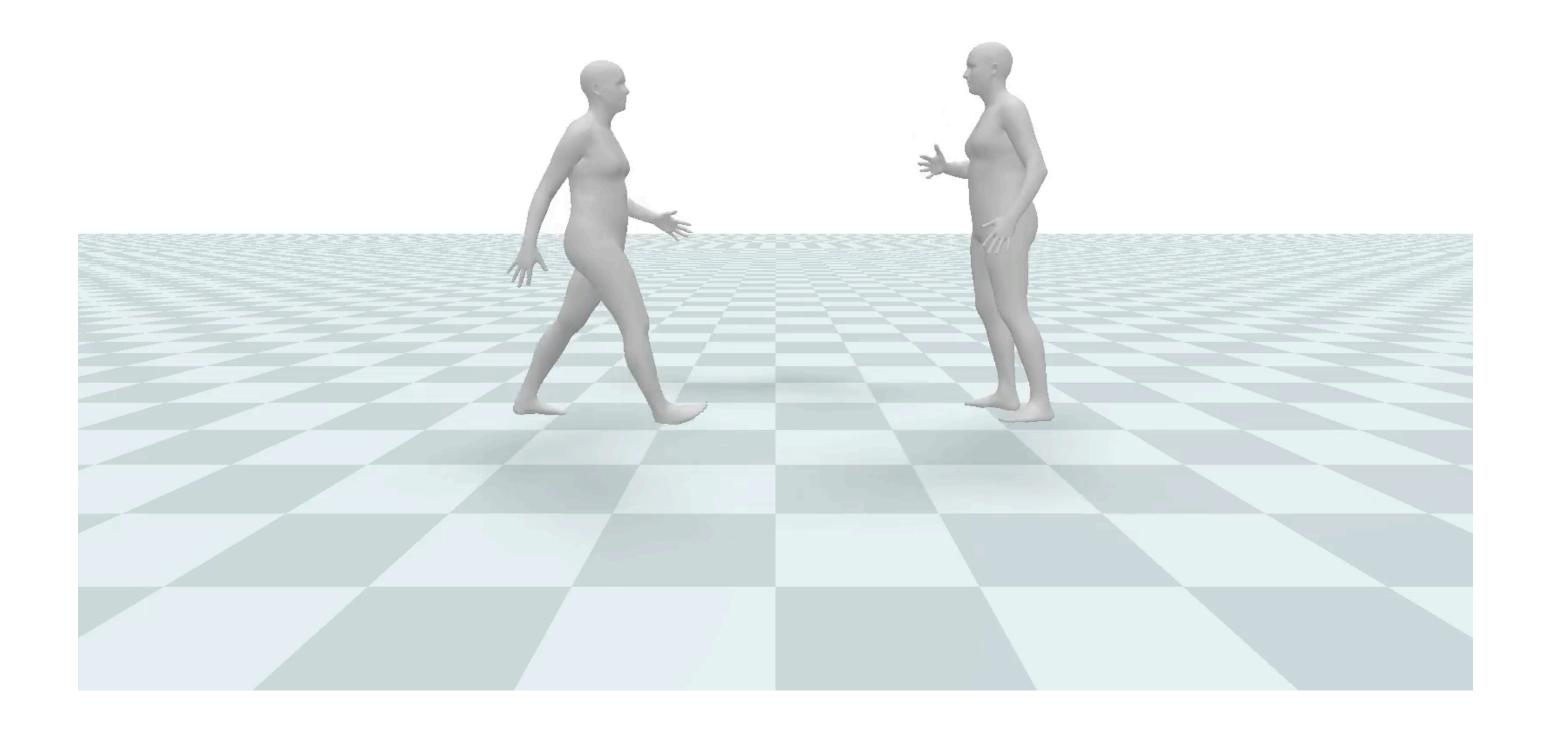
# **Emergent Behavior**

#1



## **Two-character Interactions**

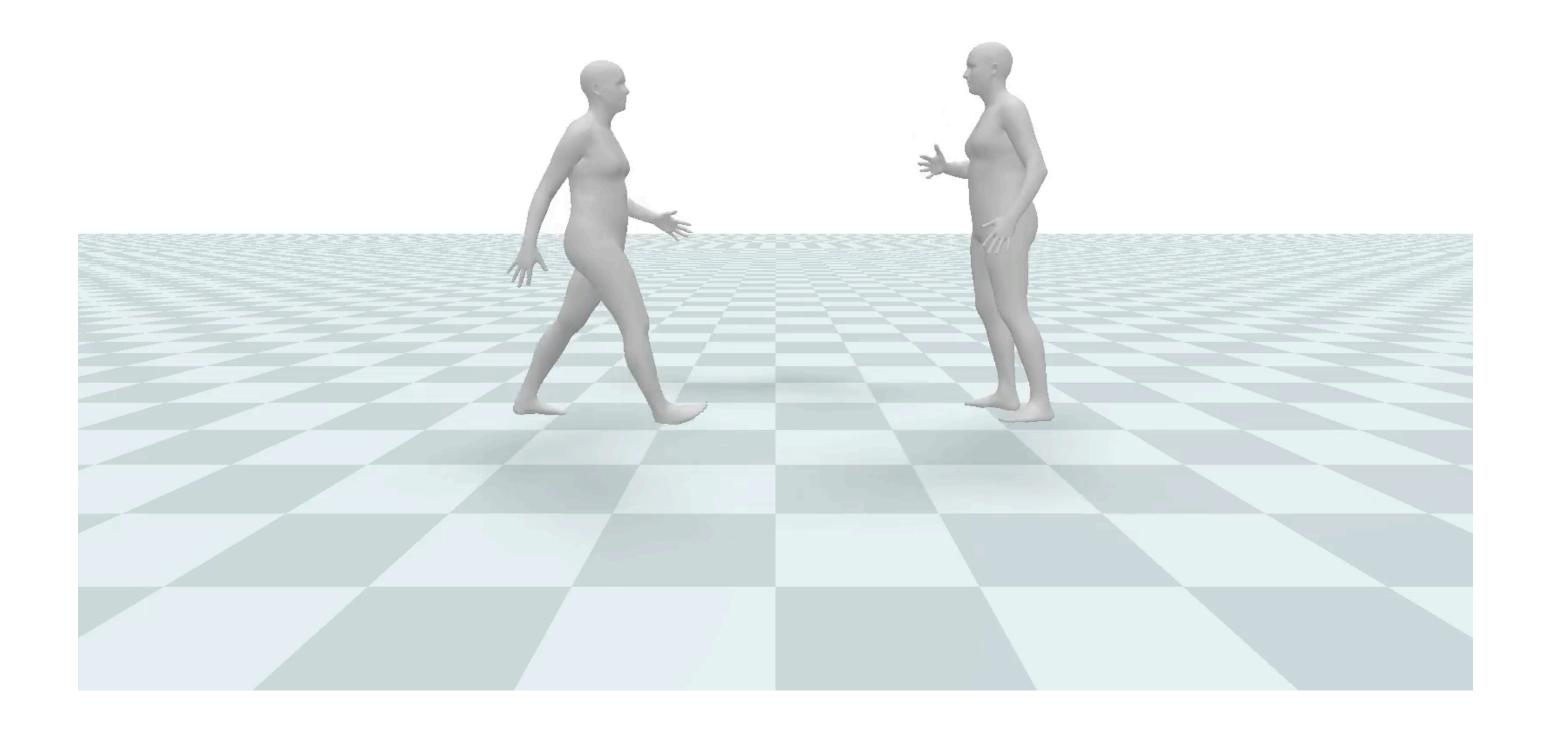
#1





## **Two-character Interactions**

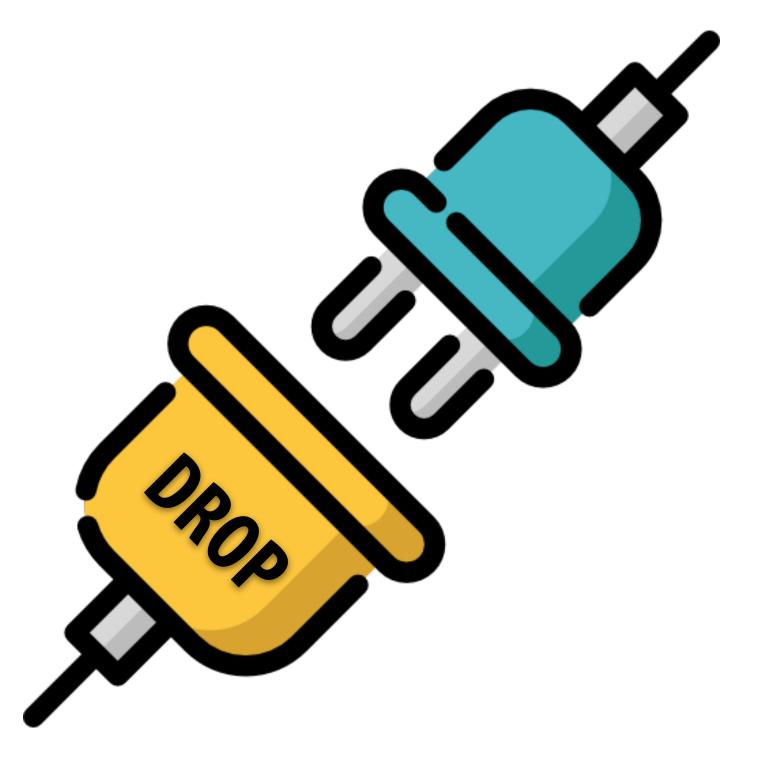
#1







### **Pre-trained Generative Model**



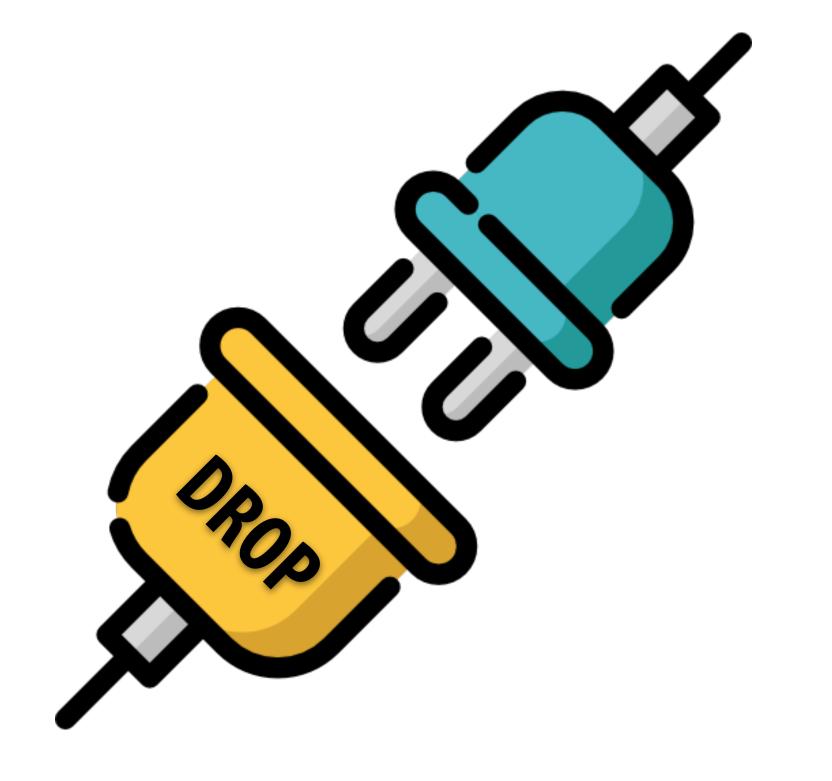




### Minimal Sim designed to fit Generative Models



### **Pre-trained Generative Model**

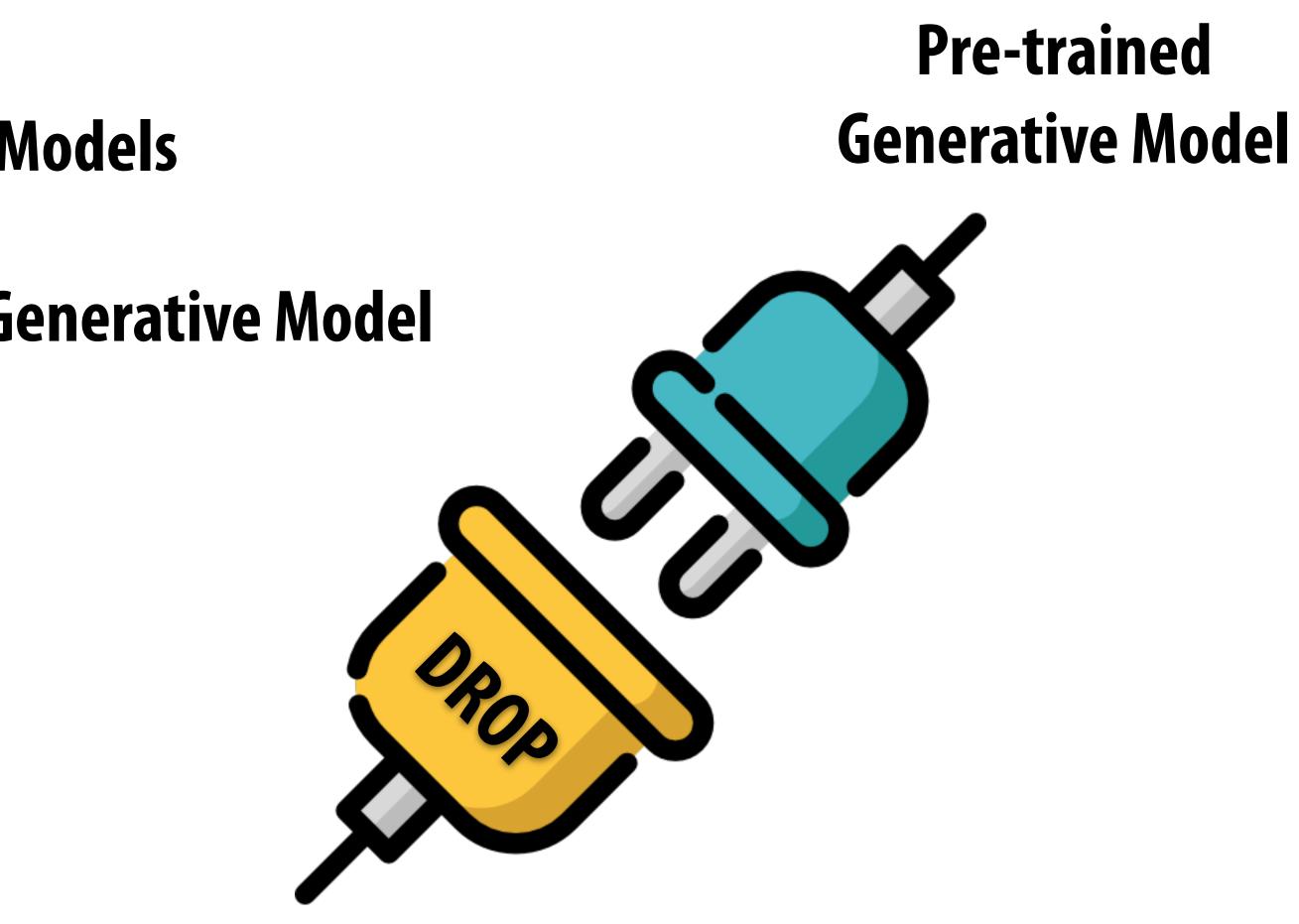






### Minimal Sim designed to fit Generative Models

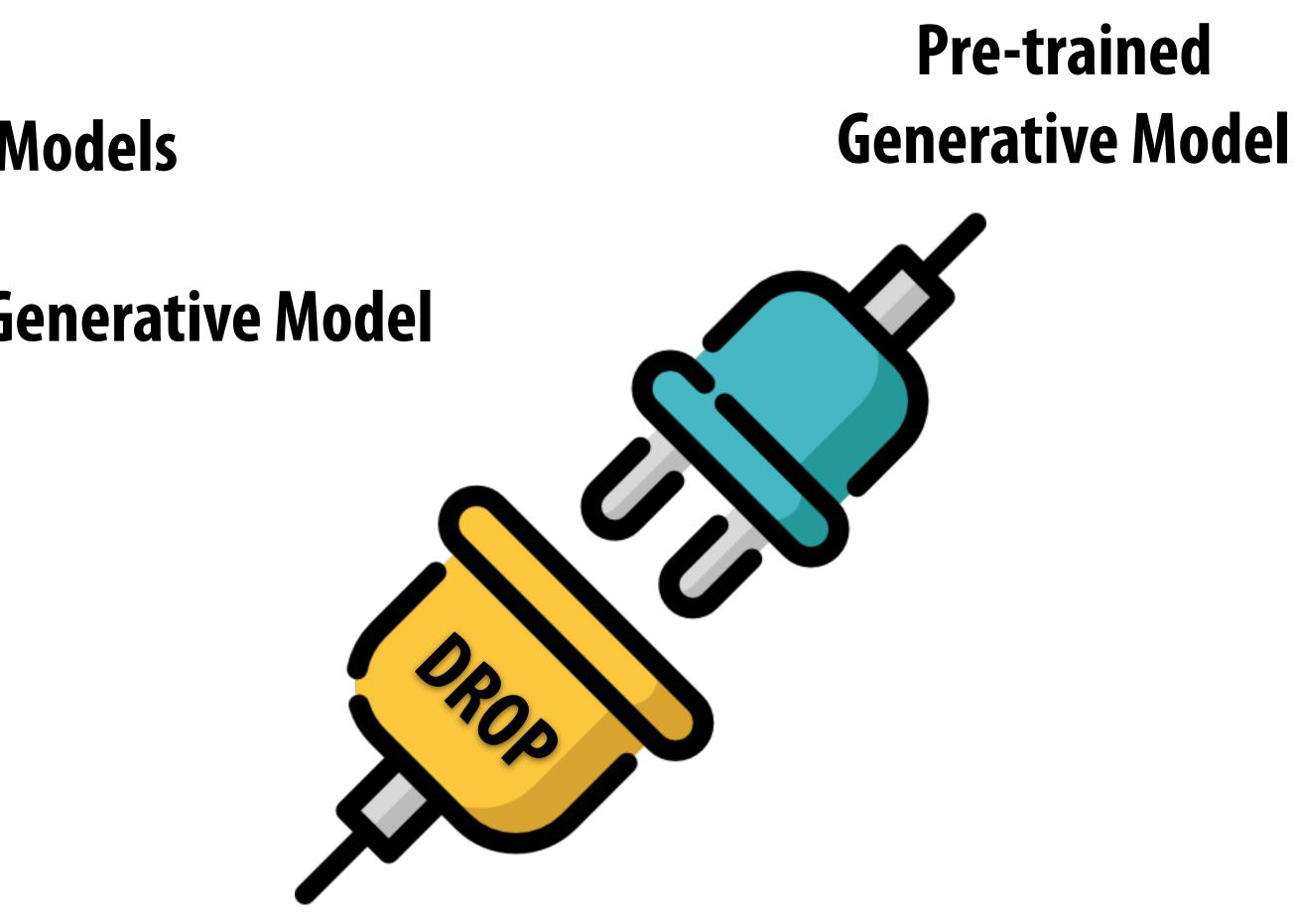
### Plug in any pre-trained autoregressive Generative Model





#### **Minimal Sim designed to fit Generative Models**

# Plug in any pre-trained autoregressive Generative Model Diverse physical motions at scale

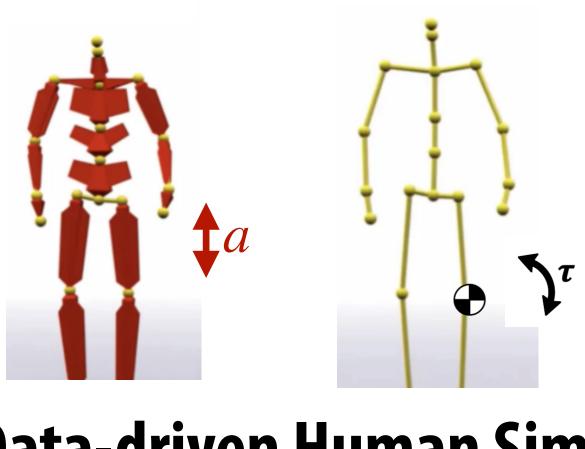


## **Scalable Physical Human Data Capture**

## — How motion & physics prior can help scale up human data

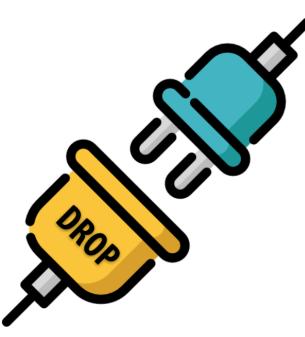
[Jiang et al] SIGGRAPH Asia'22, [Lee, Jiang, Liu] SIGGRAPH'23





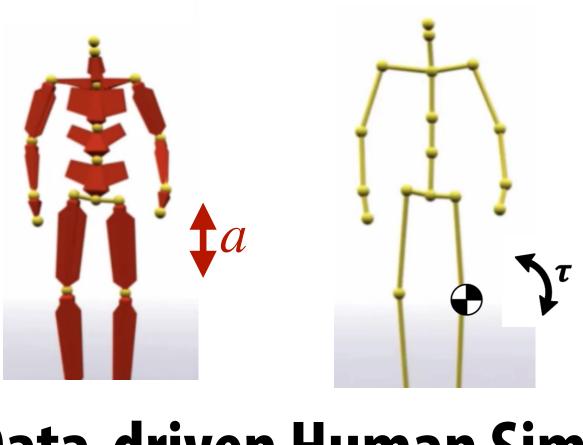
#### Data-driven Human Sim

Pre-trained Generative Model



#### Sim-augmented GenAl model

## So far...

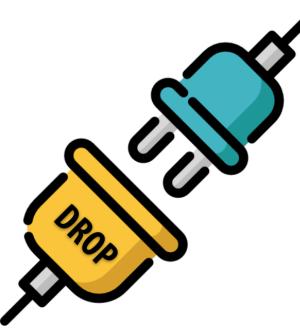




**Motion Data Engine** 

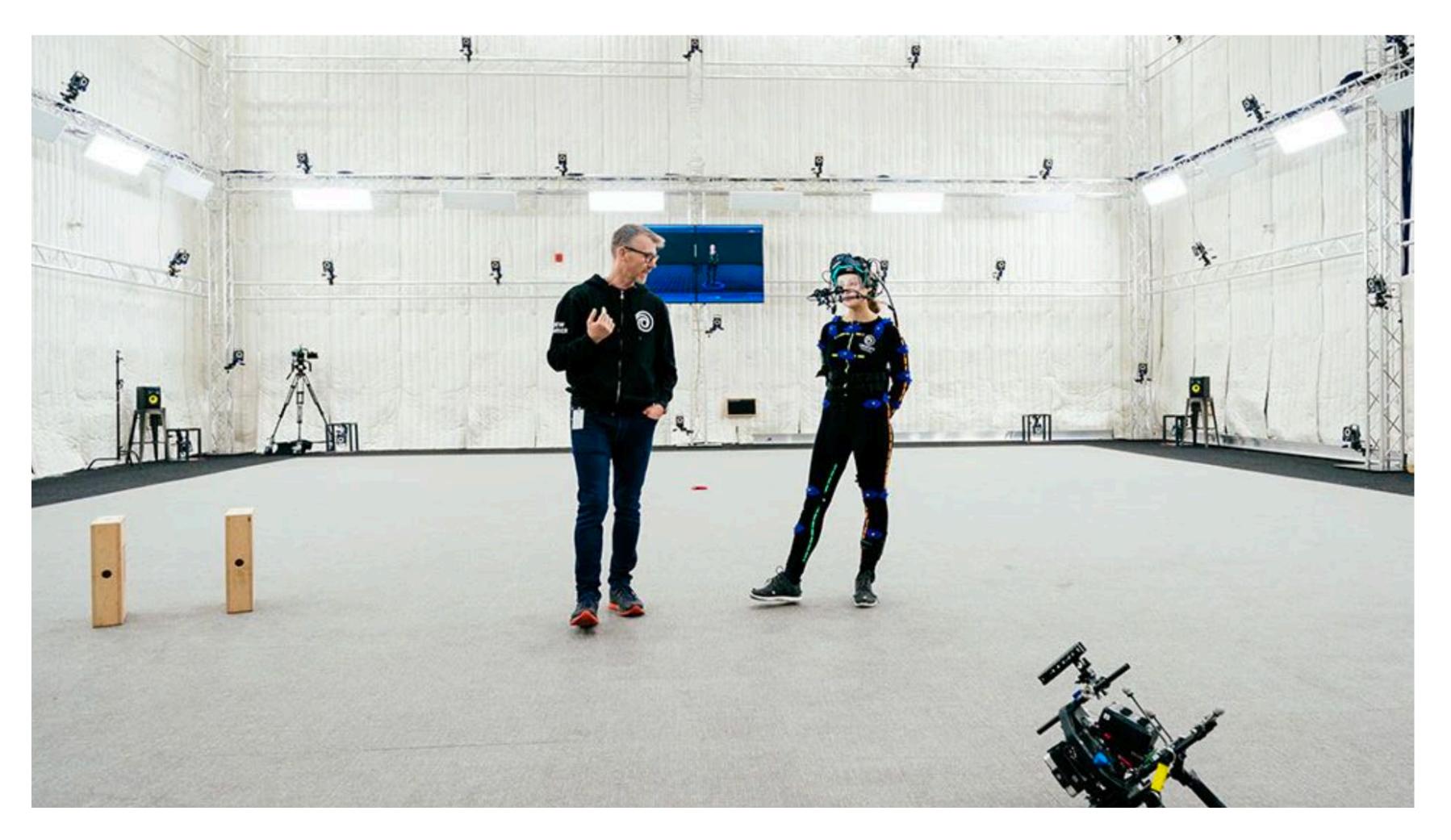
### Data-driven Human Sim

Pre-trained Generative Model

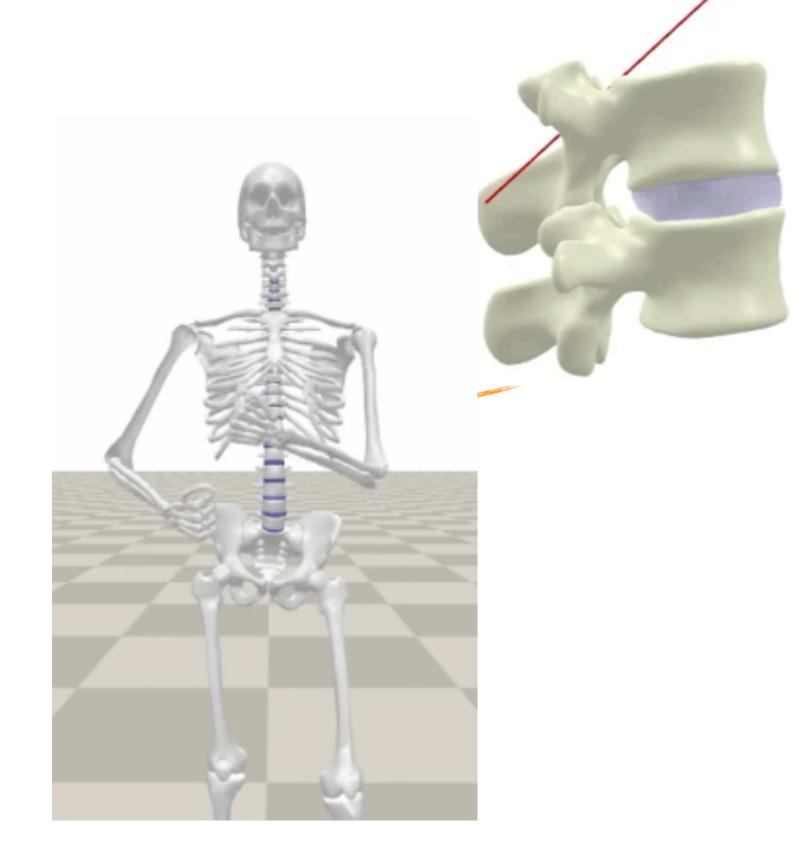


#### Sim-augmented GenAl model

# Motion capture can be tedious



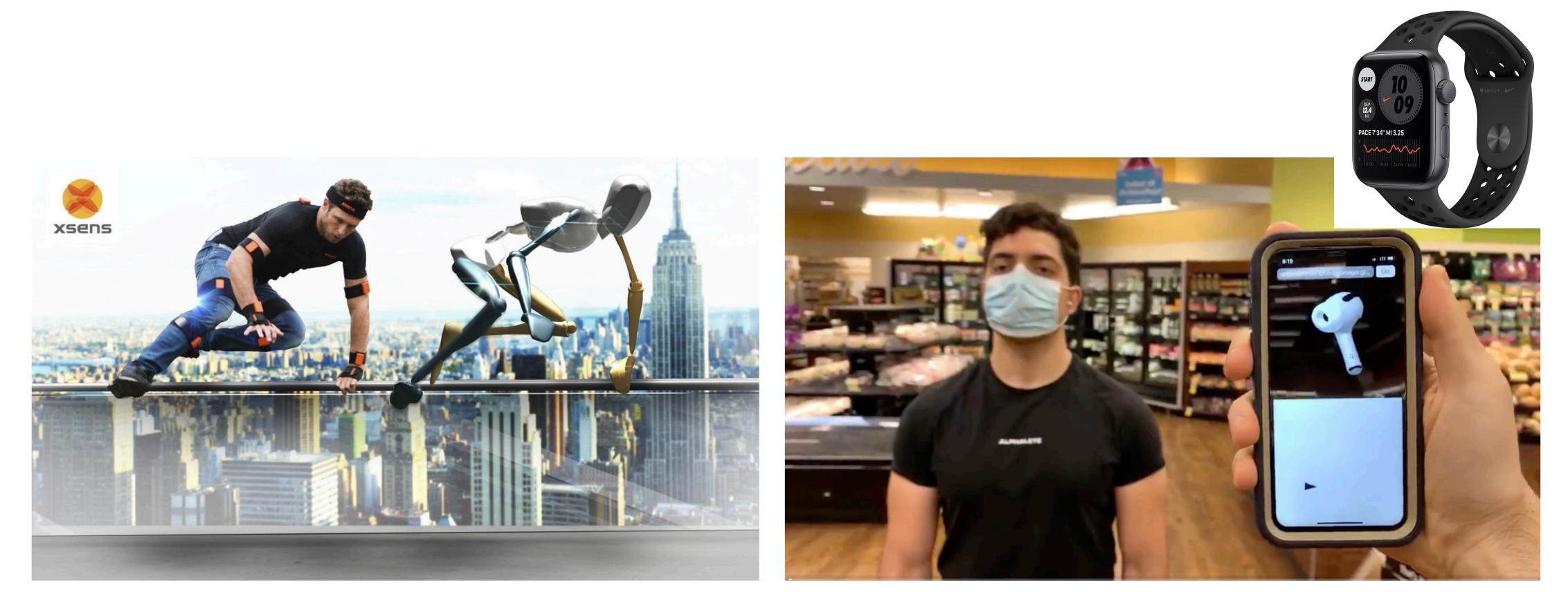
# **Cannot Fully Observe All Quantities**



#### e.g. detailed shoulder and spine movements

## First, how might we capture human data costeffectively, to scale up the process?

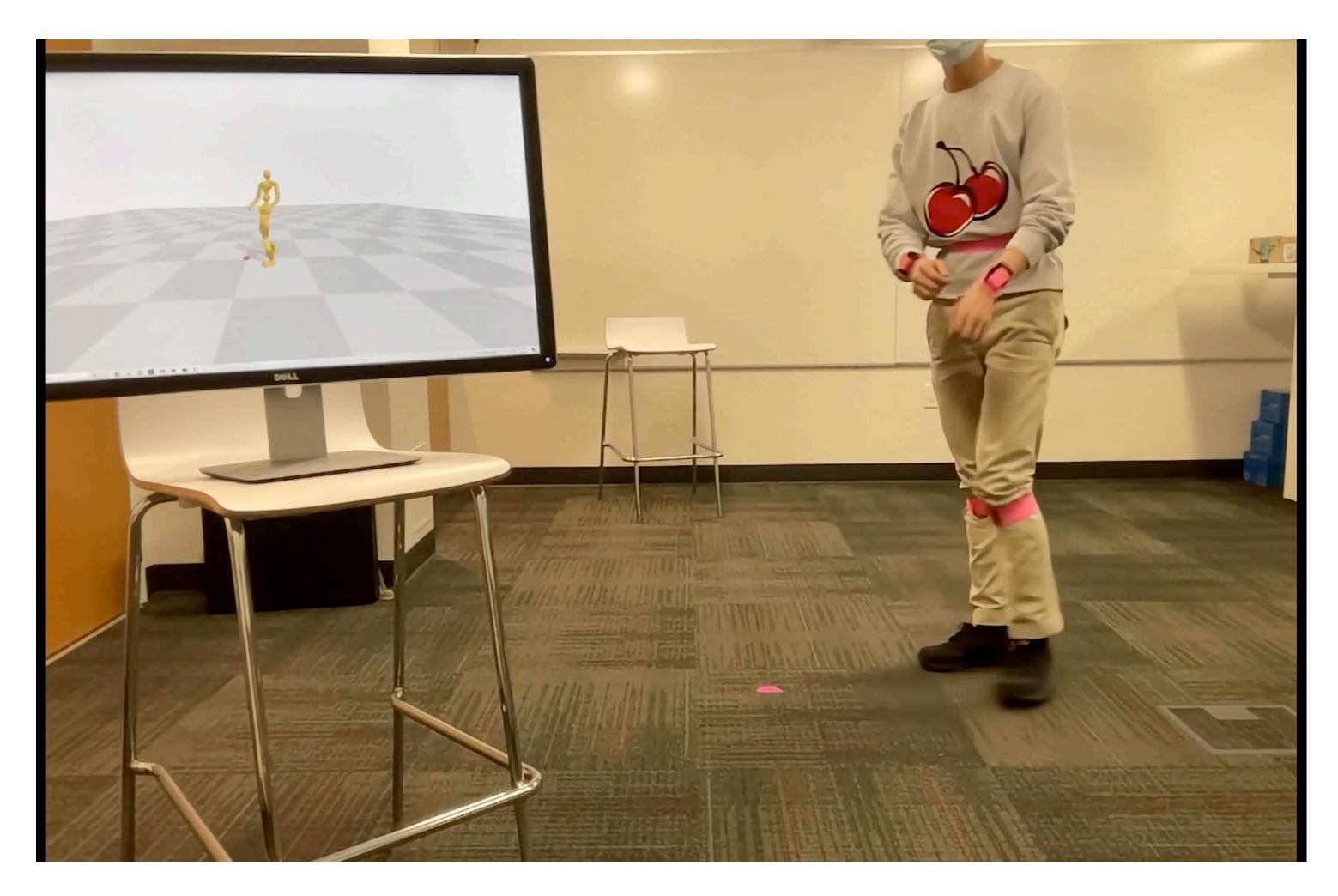
# Wearable IMUs for Inexpensive Motion Capture



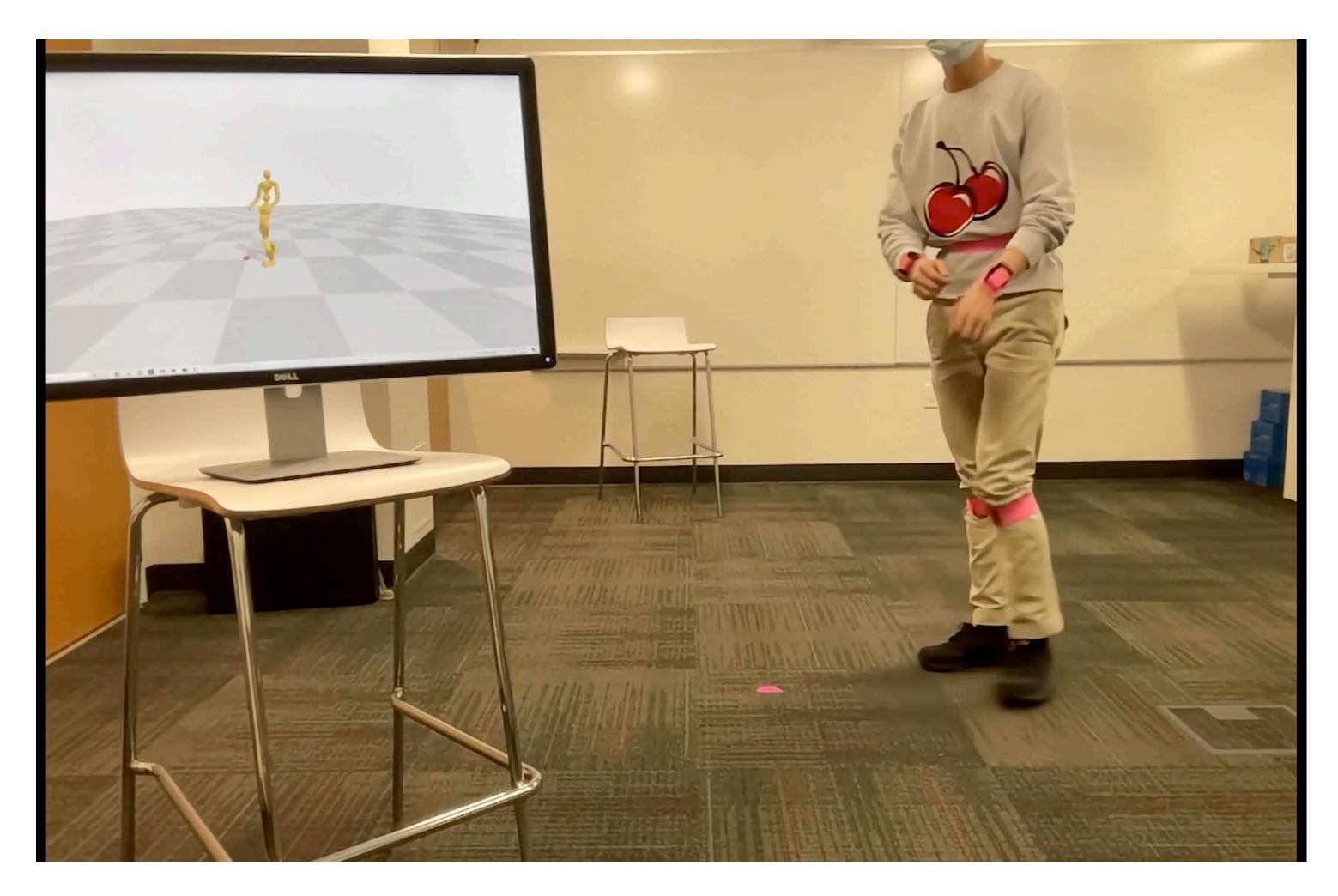
Xsens Awinda (17 IMUs) https://www.xsens.com/

Apple Airpods https://twitter.com/ConcreteSciFi/status/1311332262131113984

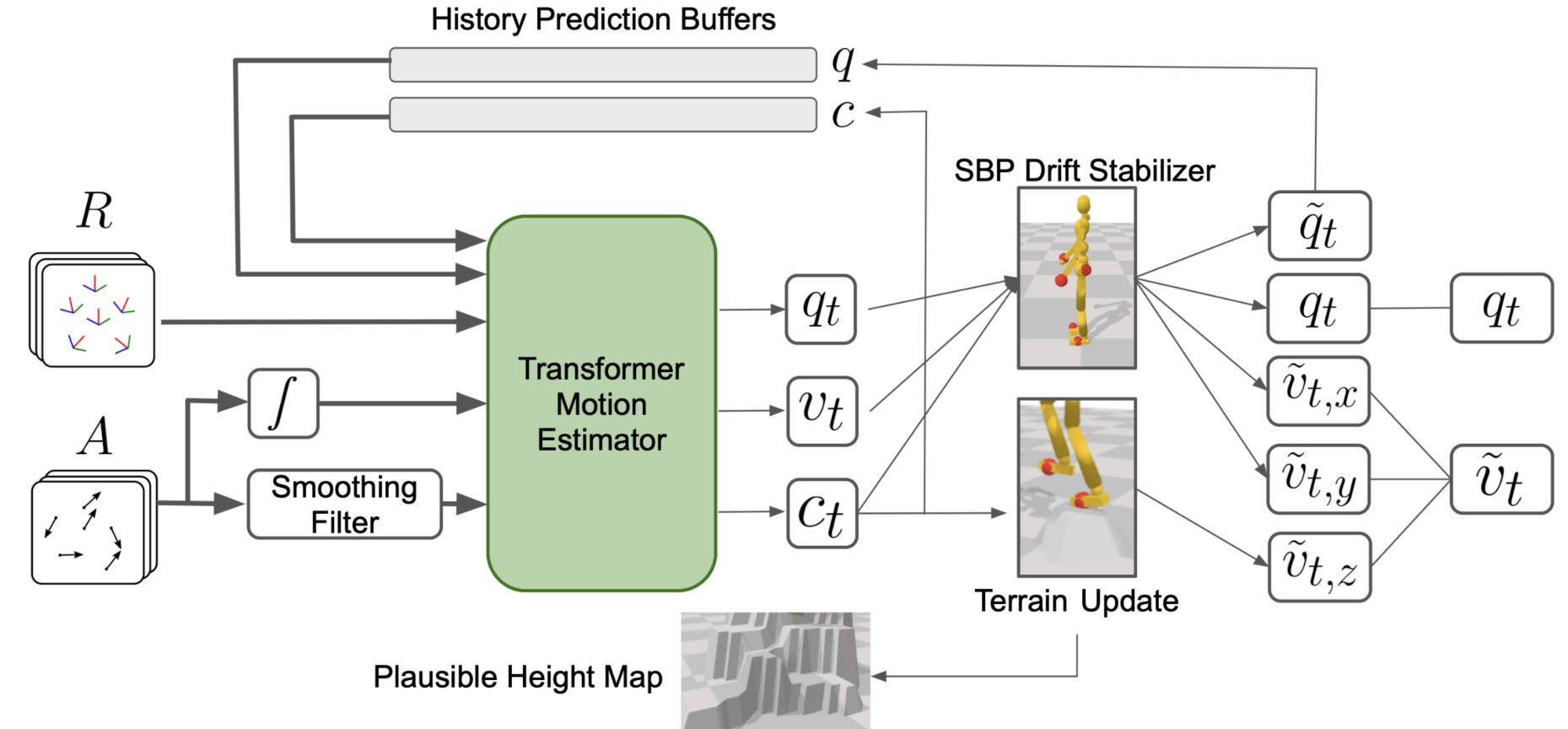
# **Only 6 Sparse IMUs — Minimized User Friction**



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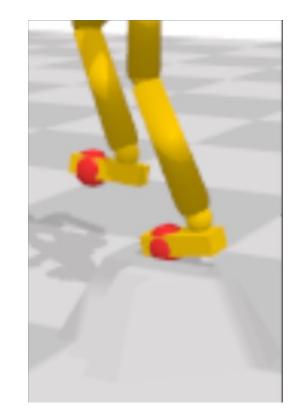


## **Transformer-Decoder Based Model, Pretrained on Large Motion Data**





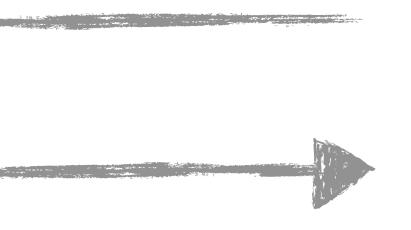
# Simultaneous Terrain Map Generation

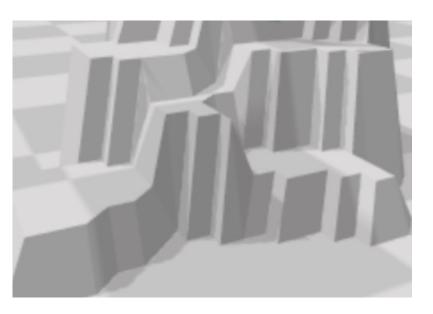


**Predict plausible terrains** 

#### **Predicted Motion**

#### **Correct slow drift**

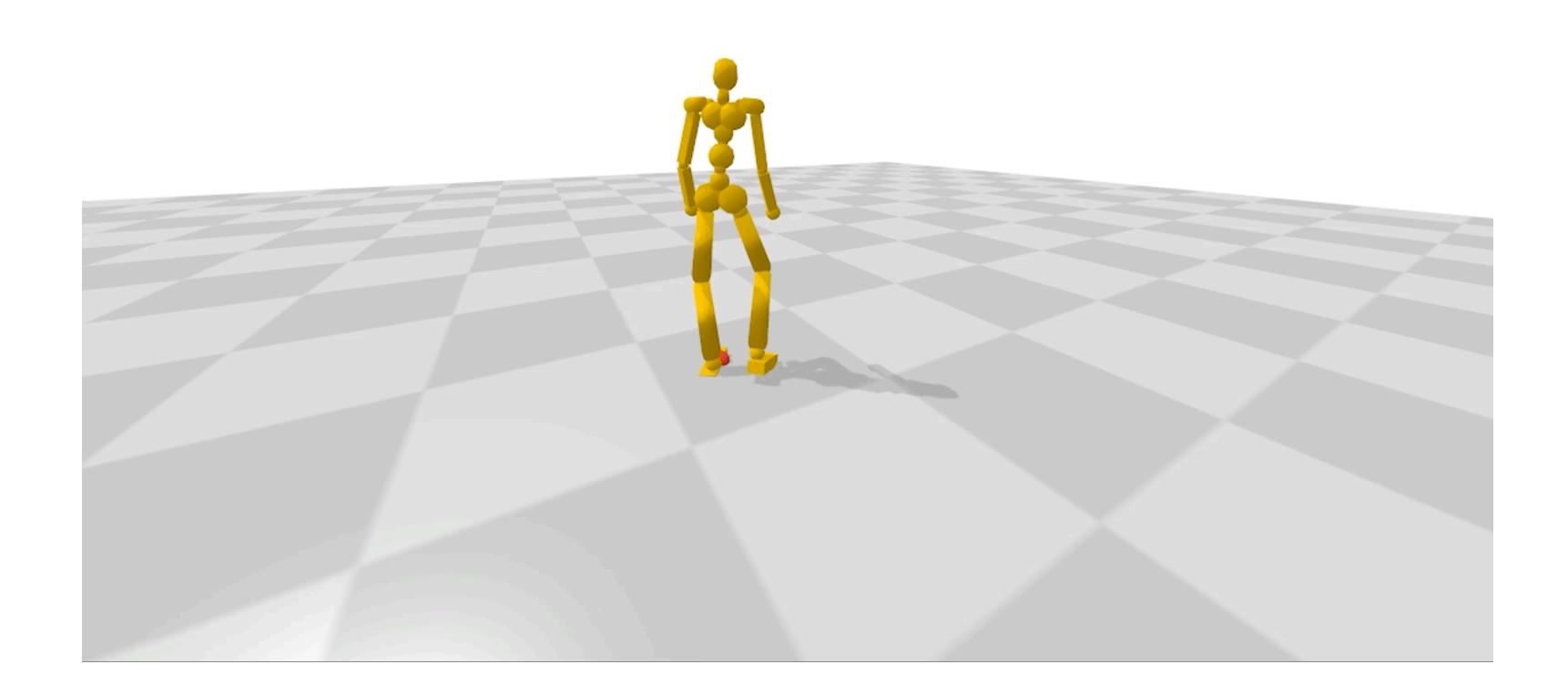


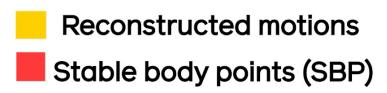


### Height Map

## **Results: Terrain Being One of the Infinitely Many Possibilities**

Speed: 1x

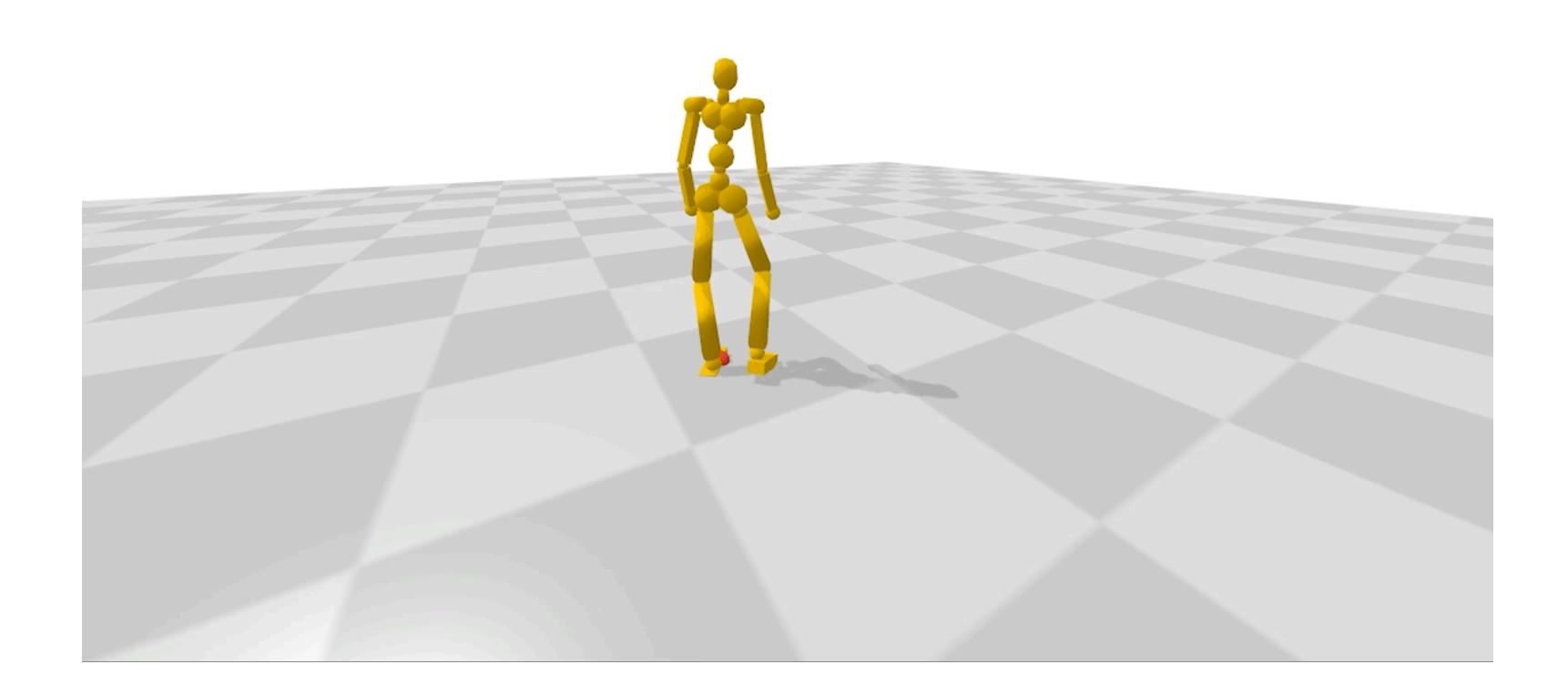


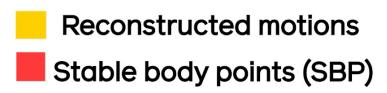




# **Results: Terrain Being One of the Infinitely Many Possibilities**

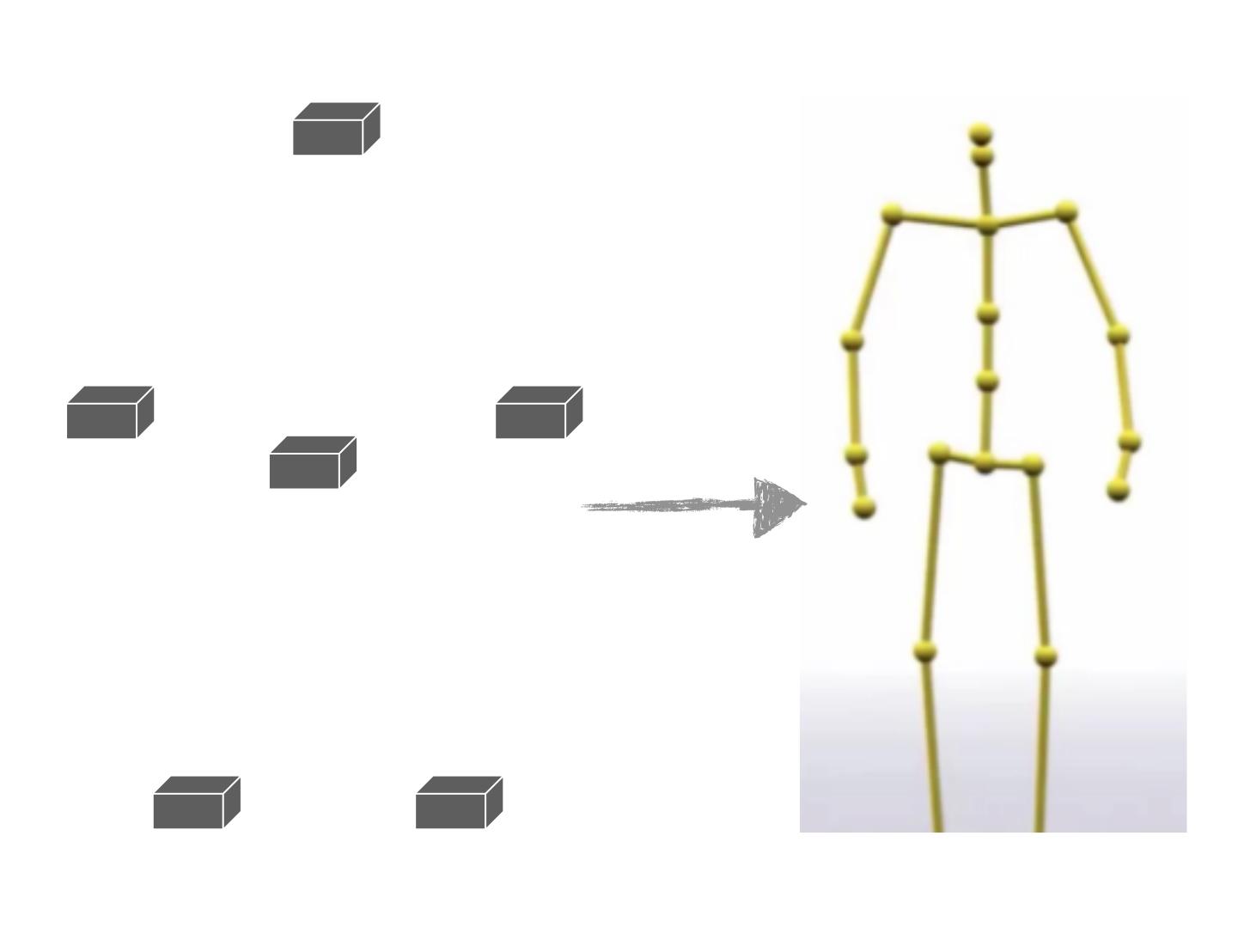
Speed: 1x





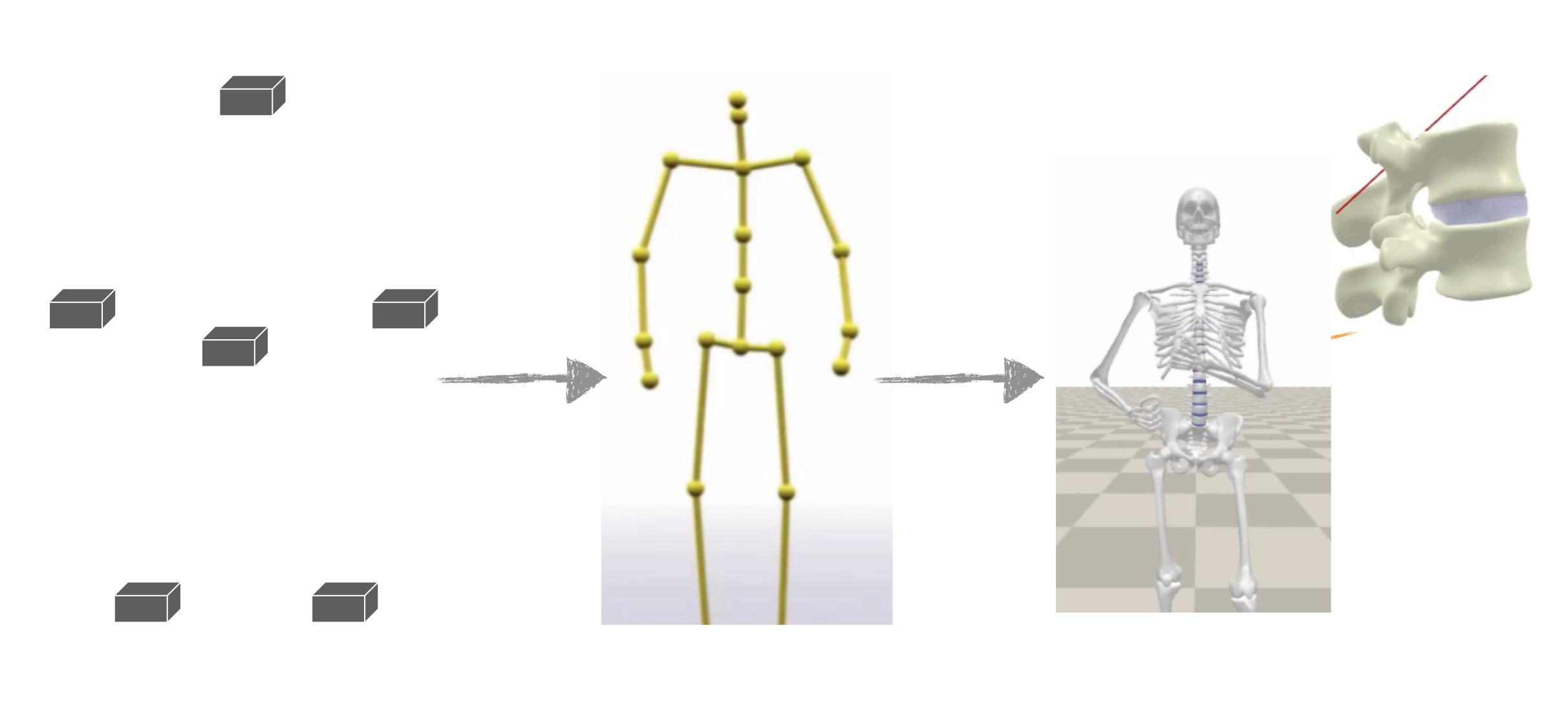


# If we can collect full-body motion data at scale, what more could we do?



#### **Sparse Sensors**

### **Full-body Motion Estimates**



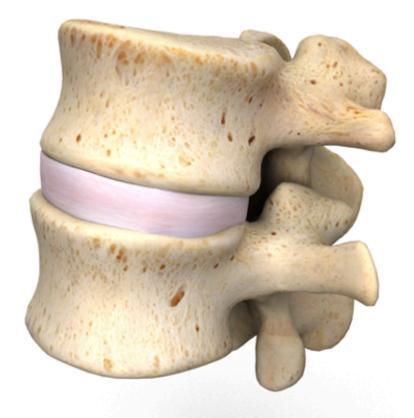
#### **Sparse Sensors**

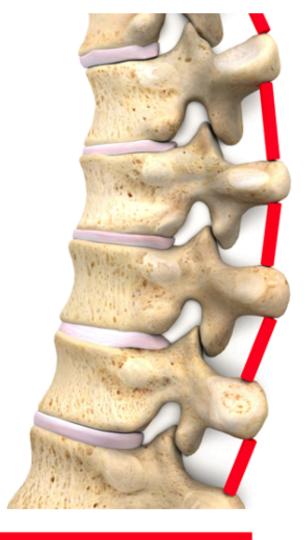
### **Full-body Motion Estimates**

#### **Detailed Spine Motion?**



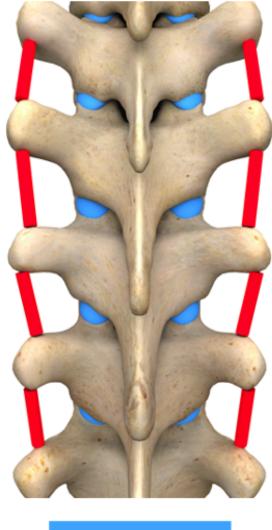
# First, we built a detailed torso simulator



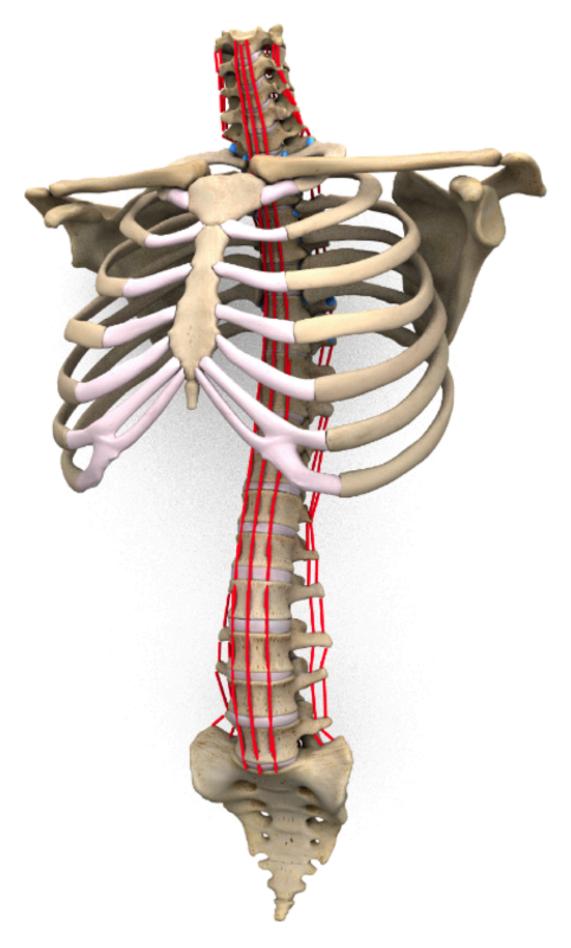




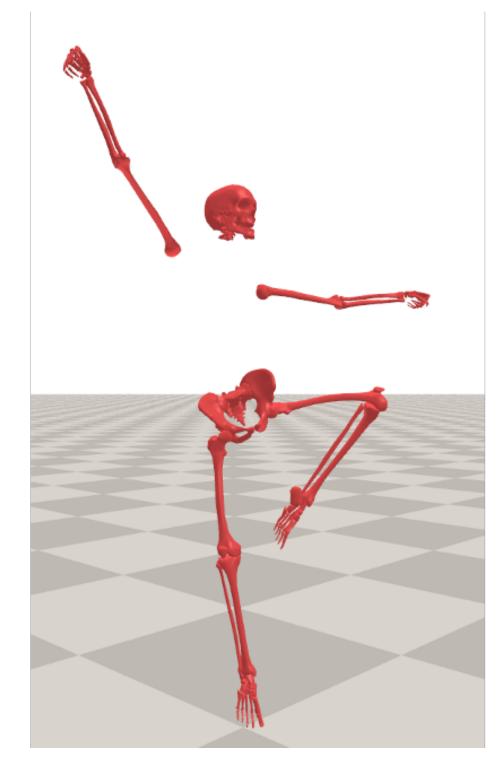






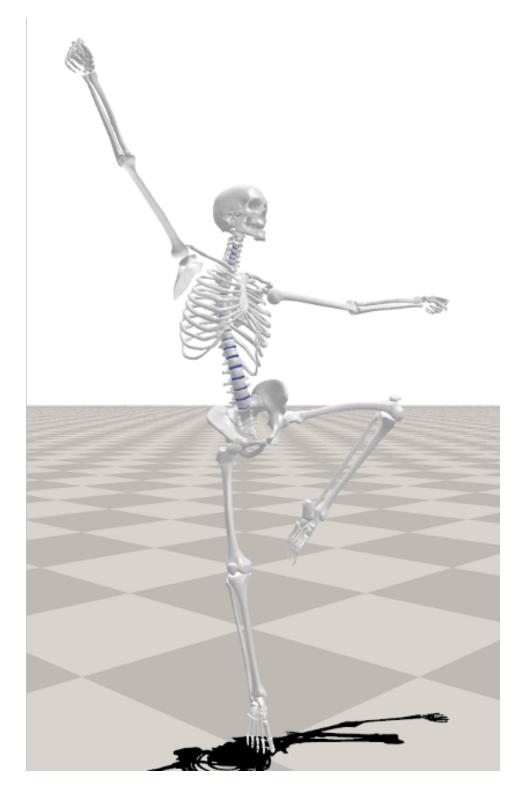


# **Use Simulator to "In-paint" Unobserved Spine Movements**



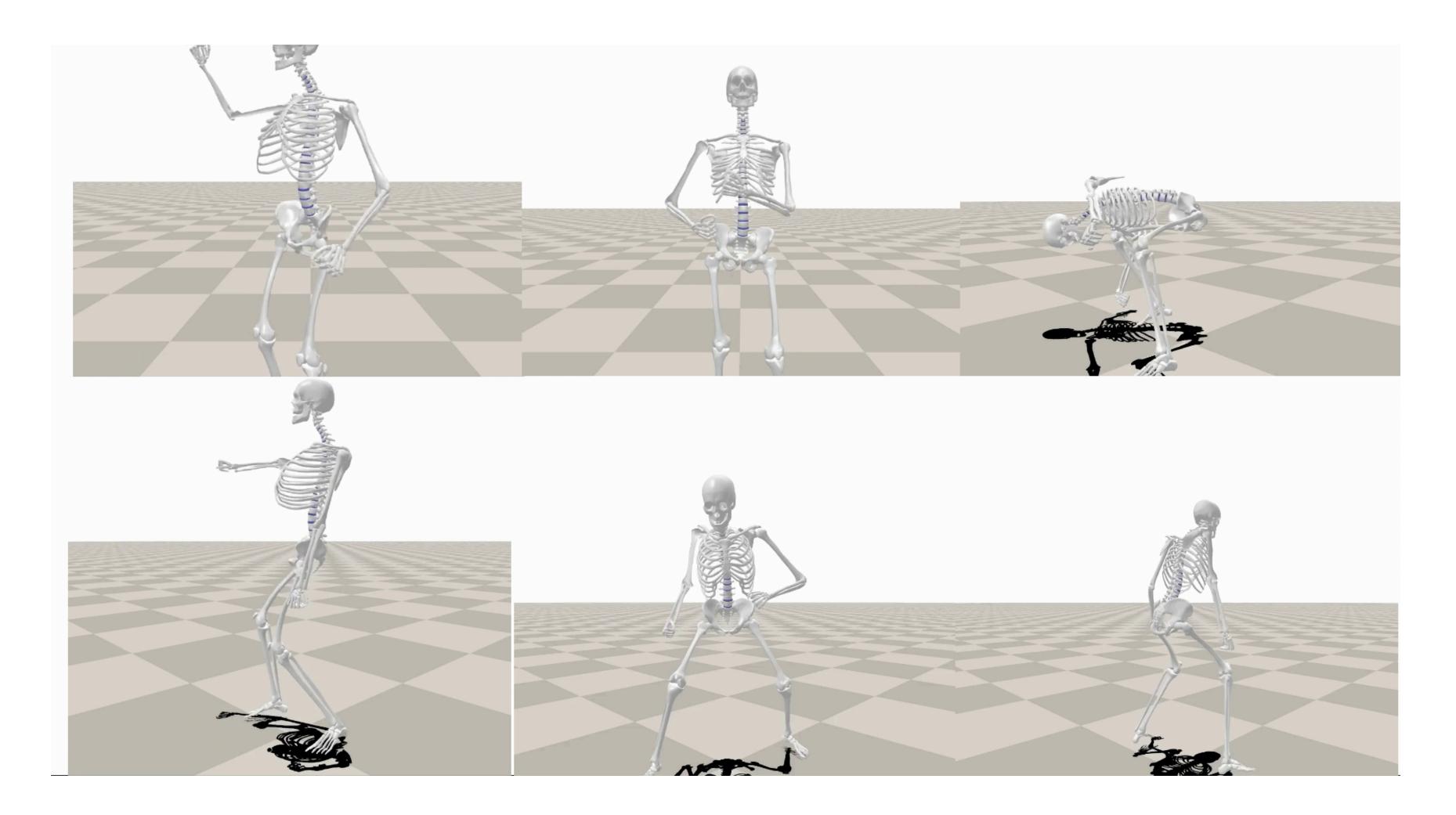
#### Given sparse locations of head, humerus, pelvis

#### Simulate to static equilibrium

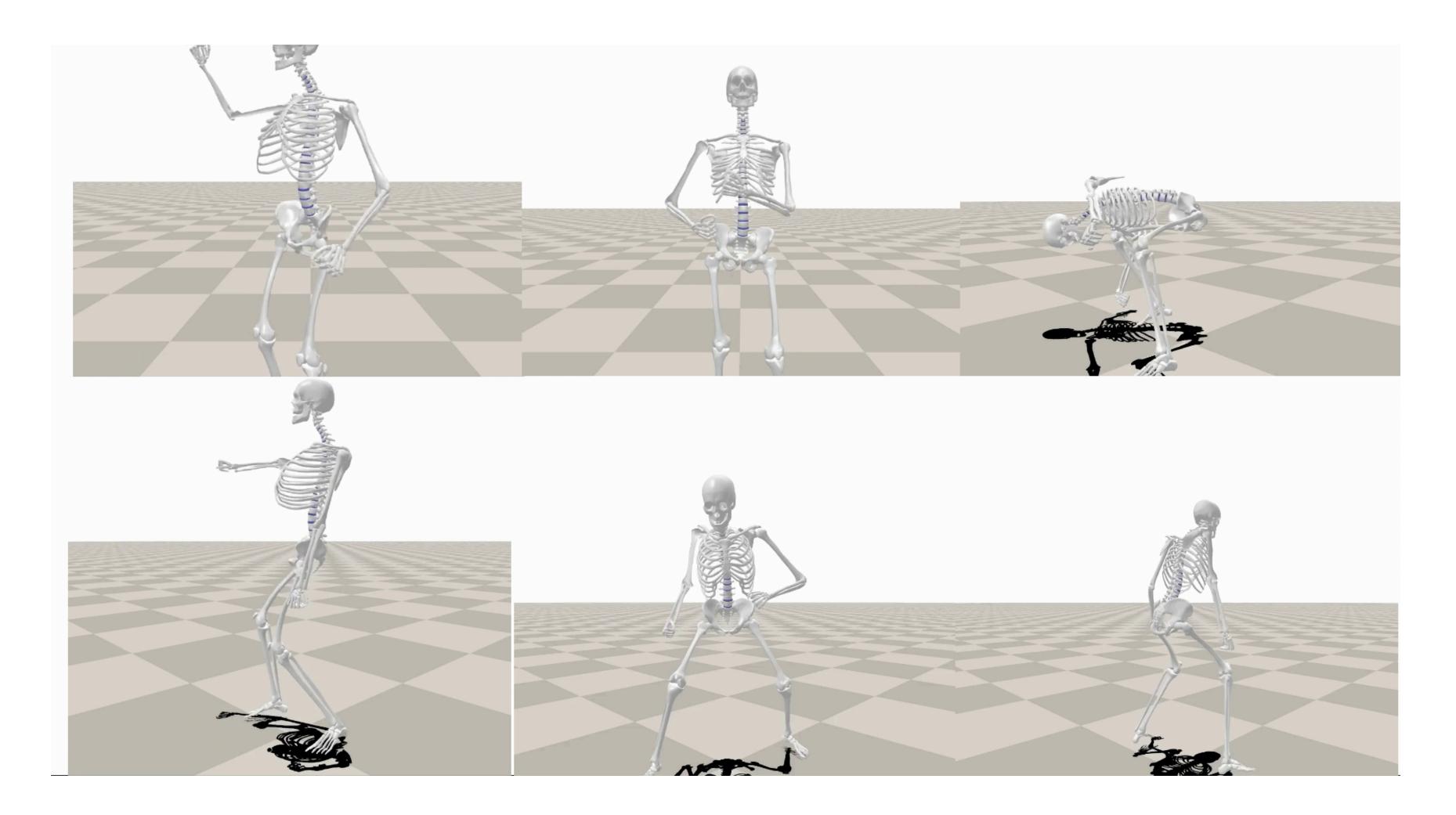


#### **Detailed torso states**

### **Results: In-painting a Large Dataset without Detailed Spines**



### **Results: In-painting a Large Dataset without Detailed Spines**





### Cost-effective, scalable motion capture from IMUs and Smart Glasses

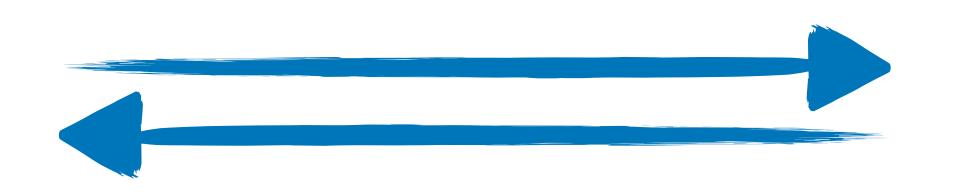
### Augmenting coarse motion data with fine-grained spine movements

### Theme: Motion Prior (Transformer, Diffusion, etc.) and Biophysical Prior help bridging

### the gap between insufficient sensing and detailed human states

# **Concluding Thoughts**





#### **Physical Digital Human & World**

# The role of scalable simulation is irreplaceable for GenAl to continue to scale up: Prior knowledge of physics/experts are very more dense in information Simulation (synthesized data) brings expert knowledge to GenAl systems

### **Bio/Physics Simulation**





